



LOOKING TO THE FUTURE

Securing the future of hospital services in Shrewsbury and Telford

NHS

January 2012

ISSUE 3

Keeping you up to date on work to secure the future of hospital services in Shrewsbury and Telford

A first look at the new Women and Children's Unit

Firstly, I would like to wish everyone a very happy and healthy new year.

Secondly, I would like to thank every one of you who has been involved so far in the plans to change our local hospital services, whether you attended a local community meeting, came along to a Patient and Public Briefing or health information event, or took part in a focus group. We really do appreciate you taking time out to share your views and ideas.

This is an exciting time to change our hospital services for the better and we want to encourage as many people as possible to help us to ensure that we provide the best possible care for our communities for a long time to come. Find out later in this newsletter the different ways you can get involved.

I am delighted to include in this issue the initial designs for what the new Women and Children's Unit at the Princess Royal Hospital (PRH) might look like. We've also included two typical scenarios of where expectant mums would go to have their baby when the changes are in place in 2014.

We're also taking this opportunity to make clear the facts about the changes and prevent any misunderstandings, and have included an update on our focus groups and how patients, families and the public are having a real input into our plans.

I look forward to meeting lots of you when we revisit local communities across Shropshire, Telford and Wrekin and mid Wales in the Spring. We are also planning a series of Health Information events where you will have the chance to find out more about health initiatives in your area. We will be publicising dates for these nearer the time. Meanwhile, if you have any further questions or concerns then please email me at future@sath.nhs.uk or call 01743 261275.

Adam Cairns,

Chief Executive of The Shrewsbury and Telford Hospital NHS Trust



New women and children's unit

We are very excited to see some initial designs that our architects have put together. These give an idea of what the new Women and Children's Unit at PRH might look like.

This image shows what the exterior of the building might look like. See more initial designs on page 3 of this edition of Looking To the Future.

For more information and initial designs, check out the display boards at both hospitals or go to www.sath.nhs.uk/future

LOOKING TO THE FUTURE

Securing the future of hospital services in Shrewsbury and Telford

In this edition of Looking To The Future we bring you news about:

- The next steps in our work to keep services in the county
- How patients and their families are helping us to shape these plans
- How the local NHS will be engaging with its communities in the coming months



Your Questions Answered

In each edition of Looking to the Future we aim to respond to some of the main questions and comments raised with us at meetings, by post and email, in focus groups, and through the other ways that we are engaging with local communities. Check out previous editions of Looking To The Future or our website for other "frequently asked questions".

Rumour	Fact
<p>These changes to women and children's services are imminent</p>	<p>Most services for women and children will stay as they are until summer 2014, when the new women and children's unit is expected to open at PRH. There <i>may</i> be some changes for a small number of people as part of our wider reconfiguration of services. For example, Royal Shrewsbury Hospital is becoming our main centre for inpatient acute surgery during 2012. However, the main changes to women and children's services will not take place until the new facilities are in place in 2014.</p> <p>When the new facilities are open, women will go to PRH if they need a consultant-led birth or need to stay in hospital overnight for specialist women's surgery (e.g. gynaecology, breast). Children will go to PRH if they need to stay in hospital overnight or are using our children's cancer and haematology service.</p>
<p>All maternity services are moving to PRH so I will have to have my baby at PRH</p>	<p>All expectant mums assessed as having a low risk pregnancy will still be able to choose to have their baby at home or in a midwife-led unit. We have midwife-led units at Bridgnorth, Ludlow and Oswestry as well as at the Royal Shrewsbury Hospital and Princess Royal Hospital. Powys Teaching Health Board offers home birth or local midwife-led units for mums in Wales. You will only have to go to PRH if you need a consultant-led birth. This includes women who are expecting twins, women with diabetes, women who have previously had caesareans, women whose babies are in a breech position and women whose babies are premature.</p>
<p>I am worried about the distance I will need to travel to the new inpatient acute surgery centre at RSH</p>	<p>Travelling to receive the best possible care and treatment is now recognised as often being the best option for patients, especially in an emergency or urgent situation. For example, across the region the NHS is putting in place regional Trauma Centres (e.g. Stoke and Birmingham) working with local Trauma Units (e.g. RSH) so that we can offer the best treatment and recovery for people with multiple injuries. So, although it may be further for you to travel, or for your relatives to visit the acute surgery centre at RSH, it is important that you are in the best place to receive expert care. For acute inpatient surgery, RSH will be that place. Remember that most surgery now takes place as a day case and does not need an overnight stay in hospital. PRH and RSH will continue to offer day case surgery.</p>
<p>The new children's cancer and haematology unit will be smaller than the existing Rainbow Unit</p>	<p>The new children's cancer unit will not be smaller, in fact, it will be a third bigger than the existing Rainbow Unit. It will also benefit from dedicated day treatment facilities and a larger outside space where children can play. We are working with parents and families of the Rainbow Unit to make the new unit even better.</p>
<p>I've not had chance to have my say about these changes</p>	<p>We want as many people as possible to be involved in the discussions and decisions that are needed over the coming months. There are lots of opportunities to get involved, including taking part in one of our focus groups or attending a Patient and Public Briefing. See page 4 for more information.</p>
<p>I am worried about the extra traffic we will get when the new unit is built at PRH</p>	<p>We are planning additional car parking spaces at PRH. We are also working on a Transport and Travel plan which will explore the idea of a shuttle bus between hospital sites, how we can provide additional services at community hospitals and how we can prevent patients from coming into hospital wherever possible (e.g. through use of telemedicine to provide appointments without the need to visit hospital).</p>

What Happens When?

Ongoing	Continue to work with patients, carers, families and staff to develop the plans in more detail
Spring 2012	Royal Shrewsbury Hospital (RSH) becomes a designated Trauma Unit Continue work to establish Screening Centre for Abdominal Aortic Aneurysms (AAA) Planning application submitted for new Women and Children's Unit, and Full Business Case finalised
Summer 2012 onwards	Building and refurbishment work begins at PRH to develop new Women and Children's Unit Continue to work with staff, patients and communities to design & develop facilities and manage the transition from our current services to our future services
Autumn 2012	New Cancer and Haematology Centre development at RSH due to open
Through 2013	Continue to develop new and refurbished facilities at PRH and RSH Major publicity drive ahead of the launch of the new women and children's facilities
Summer 2014	New services in place

Focus Group Update: chatting children's services

Members of our Children's Services focus group have given us some great feedback on the initial plans for the interior of the Women and Children's Unit. Their ideas and suggestions are proving to be invaluable to the project team and are being incorporated into our architect's plans. Some ideas include:

- *Sensory equipment being available to children with learning difficulties*
- *Large accessible toilet with height adjustable changing station*
- *More convenient for pushchairs and wheelchairs*

One of our focus group members who would encourage others to get involved is Julie Davenport, who is also Chair of the Shropshire Parent and Carer Council (PACC) and mother of two children with disabilities. Julie says:

"The value of getting involved at the start of planning is that we help prevent the potential problems which generally cause families great difficulties whenever they attend an appointment or have a stay in hospital. By highlighting these problems we can look for solutions which will ultimately make life easier for parents, children and the hospital staff. Just as little things can make a big difference to us, so a little input from us can make a great outcome for hospital services and our children."

We are looking forward to meeting again soon when we will be asking for members' views on the furniture, colour schemes and "look and feel" of the new unit. If you are interested in taking part then please email future@sath.nhs.uk or call 01743 261275.



Artist's impression of the entrance to the new Unit



Proposed location of the new Unit



Artist's impression of the rear of the new Unit

LOOKING TO THE FUTURE

Case Studies: Maternity Services

In each issue of Looking to the Future we will include examples of real-life scenarios and what would happen from summer 2014 when changes are made to the way some women and children's hospital services in Shrewsbury and Telford are provided.

In this issue we are focusing on maternity services and how the current proposals could affect two different families.

Get Involved...

We want as many people as possible to be involved in the discussions and decisions that are needed over the coming months. There are four ways in which you can get involved:

Attend a Patient and Public Briefing - the next sessions are on:

- **6 February 2012** in Seminar Room 1, Shropshire Education and Conference Centre (SECC), RSH, starting at 6pm
- **8 February 2012** in the Lecture Theatre, Education Centre, PRH, starting at 6pm

Come along to a Health Information event - we are planning several health information events across Mid Wales, Shropshire and Telford & Wrekin in the spring (more details coming soon).

Take part in a focus group - join our children's, surgery, women's or children's cancer focus group.

Request a visit to your community group or meeting - one of our team would be happy to come to your meeting to give a talk about the changes to our hospitals.

For more information email future@sath.nhs.uk or call 01743 261275.

Case study 1: Deanne

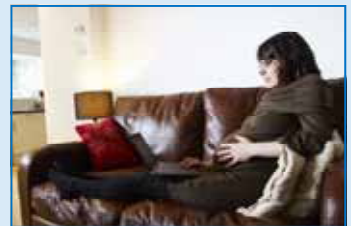
Deanne is 31, lives with her partner and son in Oswestry. She had a previous complicated pregnancy and is expecting her second baby. In addition to having a named midwife, her pregnancy will be monitored by



a named consultant and their team. She will receive most of her routine antenatal appointments and scans at the Oswestry Midwife Led Unit. Deanne has a plan in place to deliver her baby by Caesarean section at the new Consultant Unit at PRH. The new Consultant Unit offers Deanne the support of midwives experienced in complicated births, the obstetric team and the neonatology team should her baby need specialist care. Deanne wishes to go home as soon as possible but knows that if she or the baby needs additional postnatal care, she could receive this at the Oswestry Midwife Led Unit.

Case study 2: Emily

Emily is 27 years old, works full time and lives in Pontesbury. She is fit, well and pregnant with her first baby. She is given the choice



of where to have her baby and she chooses the relocated and refurbished Shrewsbury Midwife Led Unit at the RSH. Emily goes into labour two days before her due date. After phoning the Unit for advice, Emily and her partner arrive at the unit where she is looked after by midwives experienced in normal labour and birth. If there were any complications Emily knows that the midwives will talk to their obstetric colleagues and, if necessary, arrange her safe transfer to the consultant-led unit in Telford. Following the birth of her baby, Emily is able to go home the next day. A community midwife will then visit her at home to check that she and her baby are doing well.

There will be lots more opportunities to discuss the issue of transport and access in the future. If you have any questions, comments or concerns please call 01743 261275 or email future@sath.nhs.uk



www.sath.nhs.uk/future

Looking To The Future

Securing the future of hospital services in Shrewsbury and Telford