

# Your guide to Women and Children's Hospital Services in Shrewsbury and Telford

*Information about changes from 29th and 30th September 2014*



By 30th September 2014 the new Shropshire Women and Children's Centre at the Princess Royal Hospital in Telford will be fully open.

This leaflet tells you about the new hospital services in Shrewsbury and Telford for women and children in Shropshire, Telford & Wrekin and mid Wales.

It explains what services are provided where, and when changes are taking place. It also tells you where you can find further information.



## Building for your future ...

The new Shropshire Women and Children's Centre will fully open at the Princess Royal Hospital (PRH) in Telford from Tuesday 30th September 2014.

The new Centre will provide state-of-the-art facilities in a modern, purpose-built environment for women, children and families across Shropshire, Telford & Wrekin and mid Wales.

It will be the county's main centre for consultant-led maternity services and neonatal care, inpatient gynaecology services, inpatient care and treatment for children, and specialist oncology & haematology services for children.



Most care will continue to be provided at the same hospital as now. Both the Princess Royal Hospital and the Royal Shrewsbury Hospital continue to provide A&E services, women and children's outpatient services, a Midwife-Led Maternity Unit, a Children's Assessment Unit and Adult Day Case services.

This leaflet explains the services that remain the same, the services that are changing, when changes are taking place, and what to do during the changes if you have urgent health issues relating to hospital women and children's services.

Further information is also available from our website at [www.sath.nhs.uk/womenandchildren](http://www.sath.nhs.uk/womenandchildren)

Pages 3 and 4 provide information about where to go on 29th and 30th September whilst these changes are taking place. Information about services from 1st October is provided on pages 7 and 8 of this leaflet.

## What happens when?

### Sunday 28th September 2014

Until Sunday 28th September, Women and Children's Hospital services continue at the same hospital as now.

### Monday 29th September 2014

On Monday 29th September the following services will move **from** the Royal Shrewsbury Hospital **to** the Shropshire Women and Children's Centre at the Princess Royal Hospital:

- Children's Inpatient Services and Oncology & Haematology Services
- Gynaecology Inpatient Services (care and treatment requiring an overnight stay in hospital).

### From Tuesday 30th September 2014

On Tuesday 30th September the following services will move **from** the Royal Shrewsbury Hospital **to** the Shropshire Women and Children's Centre at the Princess Royal Hospital:

- Consultant Inpatient Maternity Services
- Neonatal Services.

## Where do I take my child for inpatient care?

If you need to bring your child for inpatient care and treatment:

### On or before Sunday 28th September 2014

Children's inpatient services are provided at both the Princess Royal Hospital and the Royal Shrewsbury Hospital.

### On or after Monday 29th September 2014

From Monday 29th September, children's inpatient services are provided at the Shropshire Women and Children's Centre at the Princess Royal Hospital. General advice and information is provided on page 5.

Pages 3 and 4 provide information about where to go on 29th and 30th September whilst these changes are taking place. Information about services from 1st October is provided inside this leaflet.

## What do I do if I'm pregnant and feel unwell?

If you are pregnant and become unwell whilst these changes are taking place, please contact your GP or midwife who will decide the best place for you to be seen.

### On or before Monday 29th September

If you are booked in to have a consultant-led birth on or before Monday 29th September then you will be admitted to the maternity unit at the Royal Shrewsbury Hospital.

If you are pregnant and need urgent medical attention then an ambulance will take you to the Royal Shrewsbury Hospital. If you are driving a partner or relative to hospital, then please come to the Royal Shrewsbury Hospital (unless your GP or midwife has given you other advice specific to you and your care).

### From 7am on Tuesday 30th September

If you are booked in to have a consultant-led birth on or after Tuesday 30th September, then you will have your baby at the new Shropshire Women and Children's Centre at the Princess Royal Hospital.

If you are pregnant and need urgent medical attention then an ambulance will take you to the Shropshire Women and Children's Centre at the Princess Royal Hospital in Telford. If you are driving a partner or relative to hospital, then please come to the Shropshire Women and Children's Centre at the Princess Royal Hospital in Telford (unless your GP or midwife has given you other advice specific to you and your care).

It is important that you keep in regular contact with your midwife throughout your pregnancy.

## Where do I take my child in an emergency?

**Self Care**  
Many health issues can be dealt with quickly and safely using self care and advice from NHS111 in England (**dial 111 or [www.nhs.uk](http://www.nhs.uk)**) or NHS Direct in Wales. (**0845 4647 [www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)**)  
If your child has an ongoing condition you may also have a care plan explaining what to do if your child's condition changes.

**Pharmacy**  
Your local pharmacist (chemist) has specialist training to provide you with advice and information about illnesses and the medicines you need to treat them.

**GP (family doctor) or GP Out of Hours**  
You can make an appointment with a doctor for medical advice, examinations, prescriptions and treatment of most illnesses. In an emergency, a family doctor can also visit your home outside of opening hours. To contact out of hours services, telephone your usual GP number or call ShropDoc on **08444 06 88 88**.

**Minor Injuries**  
Minor Injuries services can treat minor illnesses and injuries and provide health advice. Check **[www.nhs.uk](http://www.nhs.uk)** in England or **[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)** in Wales for information about services near you.

**999 or Emergency Department**  
If your child is unwell, contact your GP who will be able to advise you on what to do. You can also call **GP Out of Hours, NHS 111** (England) or **NHS Direct 0845 46 47** (Wales) if your child needs medical help fast but it's not a 999 emergency.  
For life-threatening emergencies **dial 999** and the ambulance will take you to the best place for your child's care and treatment. A&E departments at both PRH and RSH provide assessment and treatment in an emergency if you walk in, but if your child needs admission then the best place to be is the **Shropshire Women and Children's Centre in Telford**.

## Useful Contact Details & Telephone Numbers

### Princess Royal Hospital

Apley Castle, Telford TF1 6TF  
01952 641222 (Main Hospital Switchboard)  
01952 565758 (Shropshire Women & Children's Centre)  
01952 565706 (Midwife-Led Maternity Unit)  
**[www.sath.nhs.uk/prh](http://www.sath.nhs.uk/prh)**

### Royal Shrewsbury Hospital

Mytton Oak Road, Shrewsbury SY3 8XQ  
01743 261000 (Main Hospital Switchboard)  
01743 261216 (Midwife-Led Maternity Unit)  
**[www.sath.nhs.uk/rsh](http://www.sath.nhs.uk/rsh)**

More information, including maps and direct dial numbers to all wards and departments, is also available from our website at **[www.sath.nhs.uk/womenandchildren](http://www.sath.nhs.uk/womenandchildren)**

If you have any questions about the women and children's hospital services in Shrewsbury or Telford please ask your midwife, consultant, a member of our nursing teams or another member of staff.

### ShropDoc GP Out of Hours

ShropDoc provides urgent medical attention that will not wait until your GP surgery is next open.  
08444 06 88 88

### NHS111 (England only)

Dial 111 for medical advice and information from NHS 111 if you urgently need medical help or advice but it's not a life-threatening situation.  
**[www.nhs.uk](http://www.nhs.uk)** and **[www.nhs.uk/111](http://www.nhs.uk/111)**

### NHS Direct (Wales only)

Dial 0845 46 47 for medical advice and information from NHS Direct if you urgently need medical help or advice but it's not a life-threatening situation.  
**[www.nhsdirect.wales.nhs.uk](http://www.nhsdirect.wales.nhs.uk)**

## The Princess Royal Hospital (PRH) in Telford provides ...

... hospital services for children & families, including:

- Children's Inpatient and Assessment Services
- Children's Oncology and Haematology Services
- Children's Surgery
- Children's Outpatients.



... hospital services for women and families, including:

- Gynaecology Inpatient, Daycase & Emergency Services
- Early Pregnancy Assessment
- Consultant-led Maternity Services
- Neonatal Services
- Midwife-led Maternity Services
- Antenatal Appointments and Scans
- Antenatal Day Assessment
- Women's Outpatient Services including Colposcopy.

... emergency department (A&E) & other hospital services

Most PRH Women and Children's services are provided in the new Shropshire Women and Children's Centre which offers state-of-the-art facilities in a modern, purpose-built environment. Some are provided in a "home-from-home" environment within the Wrekin Midwife-Led Unit.

### Contact details and telephone numbers:

#### Princess Royal Hospital

Apley Castle, Telford TF1 6TF

01952 641222 (Main Hospital Switchboard)

01952 565758 (Shropshire Women & Children's Centre)

01952 565706 (Midwife-Led Maternity Unit)

[www.sath.nhs.uk/prh](http://www.sath.nhs.uk/prh)

More information, including maps and direct dial numbers to wards and departments, is available from [www.sath.nhs.uk/womenandchildren](http://www.sath.nhs.uk/womenandchildren)

## Where is the Princess Royal Hospital?

The Princess Royal Hospital is located on the A5223 in northern Telford.

### Travelling by Car

The Princess Royal Hospital is signposted from major road routes including Junction 6 of the M54.

The postcode is TF1 6TF (suitable for SatNav systems).

Other routes, including the B5061 via Atcham, provide alternatives for non-motorway traffic.

Parking charges are the same at the Princess Royal Hospital and the Royal Shrewsbury Hospital and begin with free parking (up to 30 minutes) up to a maximum of £3.50 (full day). A range of concessions is available including £8 for a 10-visit season ticket suitable for regular hospital visitors.

### Travelling by Public Transport

The Princess Royal Hospital has a bus stop near to the main entrance. There are frequent bus services from Telford Bus and Train Stations and Wellington Bus Station (close to Wellington Train Station).

Bus and other public transport information is available from the national Traveline service at [www.traveline.info](http://www.traveline.info) or **0871 200 22 33** (calls cost 10p per minute plus network charges) as well as from local authorities and local public transport providers

Train stations are situated in Wellington & Telford, with local bus service routes to the Princess Royal Hospital.

**Further travel and transport information is available from [www.sath.nhs.uk/prh](http://www.sath.nhs.uk/prh) or from your ward or department.**



## The Royal Shrewsbury Hospital (RSH) provides ...

... hospital services for children & families, including:

- Children's Assessment Services (9am-10pm Monday to Friday and 12pm-10pm on Saturdays and Sundays)
- Children's Outpatients (except oncology & haematology which are provided at PRH).

... hospital services for women and families, including:

- Adult Daycase services
- Midwife-led Maternity Services
- Antenatal Appointments and Scans
- Antenatal Day Assessment
- Women's Outpatient Services including Colposcopy
- Early Pregnancy Assessment Service.



... emergency department (A&E) and other hospital services

Most RSH Women and Children's services are currently provided in the existing Maternity building at the Royal Shrewsbury Hospital whilst plans for our new women's zone and children's zone are developed and changes at RSH are completed.

### Contact details and telephone numbers:

#### Royal Shrewsbury Hospital

Mytton Oak Road, Shrewsbury SY3 8XQ  
01743 261000 (Main Hospital Switchboard)  
01743 261216 (Midwife-Led Maternity Unit)

[www.sath.nhs.uk/rsh](http://www.sath.nhs.uk/rsh)

More information, including maps and direct dial numbers to wards and departments, is available from [www.sath.nhs.uk/womenandchildren](http://www.sath.nhs.uk/womenandchildren)

## Where is the Royal Shrewsbury Hospital?

The Royal Shrewsbury Hospital is located on the B4386 Mytton Oak Road on the west side of Shrewsbury.

### Travelling by Car

The Royal Shrewsbury Hospital is signposted from major road routes including the A5, and is accessed via the A5-B4386 roundabout.

The postcode is SY3 8XQ (suitable for SatNav systems).

Parking charges are the same at the Princess Royal Hospital and the Royal Shrewsbury Hospital and begin with free parking (up to 30 minutes) up to a maximum of £3.50 (full day). A range of concessions is available including £8 for a 10-visit season ticket suitable for regular hospital visitors.

### Travelling by Public Transport

The Royal Shrewsbury Hospital has a bus stop station near to the main entrance and on Mytton Oak Road. There are frequent bus services from Shrewsbury Town Centre as well as cross-country services from Wales and the west.

Bus and other public transport information is available from the national Traveline service at [www.traveline.info](http://www.traveline.info) or **0871 200 22 33** (calls cost 10p per minute plus network charges) as well as from local authorities and local public transport providers

The nearest train station is in Shrewsbury Town Centre, with local bus service routes to the Royal Shrewsbury Hospital.

**Further travel and transport information is available from [www.sath.nhs.uk/rsh](http://www.sath.nhs.uk/rsh) or from your ward or department.**

## What's changed at the Royal Shrewsbury Hospital?

On 29th and 30th September 2014 consultant-led maternity services and neonatal care, inpatient gynaecology services, inpatient care and treatment for children, and specialist oncology & haematology services for children move to the new Shropshire Women and Children's Centre at the Princess Royal Hospital (PRH). This is the main centre for inpatient care and treatment for women and children from Shropshire, Telford & Wrekin and mid Wales. This means that the following patients will receive the majority of their care at PRH:

- Children requiring overnight stay in hospital
- Children receiving oncology or haematology care
- Pregnant women requiring consultant support (this includes women who are expecting twins, women with diabetes, women who have previously had caesareans, women whose babies are in a breech)
- Women requiring overnight stay for gynaecology.

## Other Services

The Shrewsbury and Telford Hospital NHS Trust provides a range of other local and community services, including:

- Bridgnorth Midwife-Led Unit at Bridgnorth Community Hospital—01746-711060
- Ludlow Midwife-Led Unit at Ludlow Community Hospital—01584-871120
- Oswestry Midwife-Led Unit at Robert Jones and Agnes Hunt Hospital—01691-404579
- Community midwifery services across Shropshire and Telford & Wrekin (including home births).

Midwife-led maternity services and community midwifery services in mid Wales are provided by Powys Teaching Health Board. This includes home births, and birth centres in Welshpool, Newtown, Llanidloes, Brecon, Llandrindod Wells and Knighton. More information is available from their midwifery call centre on 01874 622443.