

Are you pregnant?

- ▶ Are you a teenager?
- ▶ Scared to tell anyone?
- ▶ Tell **TIMS**
(Teenage Identified Midwives)
- ▶ We are a friendly midwife service specially for young women*



Call 07786065134 as soon as possible

Your call will be **confidential**

* 19 or under in Shropshire County, 17 or under in Telford and Wrekin

This is a first point of contact service at the start of pregnancy. This is not an emergency service – please phone your local hospital. Confidential text messaging service provided by CLICK.SMS on behalf of the Trust. Text charged at network standard rate.