

## BREASTFEEDING SUPPORT AVAILABLE IN SHROPSHIRE



### Shropshire Sure Start Children's Centres

All Shropshire Sure Start Children's Centre Bumps and Babes and Stay and Play groups offer breastfeeding support.

To find out where your nearest group is visit the website at <https://www.shropshire.gov.uk/sure-start-childrens-centres/>

Or telephone one of the Children's Centre Teams on

**North**            **01691 656513**  
**Central**        **01743 452400**  
**South**          **01694 723465**

Shropshire Sure Start Children's Centres also offer introduction to feeding workshops where you can meet other expectant parents and learn about how to feed and be responsive to your baby's needs.

Workshops take place regularly around the county. To find out about your nearest workshop either visit the website or telephone the Children's Centre Teams.

You can also speak to a Support Worker on these numbers who can give you further information or support about breastfeeding.

### Midwives Antenatal Breastfeeding Workshop and drop in support

Tuesdays 14.00-15.30hr

Sure Start Children's Centre  
c/o Crowmoor Primary School  
Crowmere Road  
Shrewsbury SY2 5JJ

Please note there is no parking on site.

To book your place please call

**01743 26100 Ext 3160**

### Health Visitors advice lines Mon-Fri

**South East 01746 711958 9am-12pm**

**South West 01588 676321 10am-12pm**

**Market Drayton 01630 692929 9am-10am**

**Shrewsbury 01743 452300 9am-1pm and 2-4pm**

**Wem and Whitchurch 01939 232892 930am-1130am**

### Other support available in Shropshire

**National Childbirth Trust Counsellors Naomi Hutchings 01743 357975**