

The Shrewsbury and Telford Hospital

NameMonitor Number.....

CARDIO CALL ECG EVENT RECORDER – Patient Instructions

To record an ECG

1. Press the metal feet to your bare chest, ensuring that all four feet are in direct contact with bare skin.
2. Press and hold the **GREEN** (REC) button until you hear 3 beeps then a whistle.
3. Release the button and keep still until the whistle stops.

It is important to remain very still and relaxed during the recording,

You may record several recording before phoning the recording in. Once the Memory is full, recording must be sent through to allow the recording of future events.

Important note-Memory full

As soon as Cardio Call is full of transmitted recordings, it will make a telephone ringer sound.

To send an ECG

This is done using a telephone receiving service. You may phone the recording(s) through at any time; this is a 24 hour service.

When you are ready to send a recording please follow the following instructions.

1. Place the Cardio Call on a firm, flat surface.
2. Phone 01952 282896.
3. Please listen carefully to the instructions you will hear. You will be asked to leave your name, Hospital number and symptoms. Wait until you hear the message
4. **THANK YOU FOR CALLING** before transmitting the recording.
5. Now put the mouthpiece of the telephone over the speaker on the Cardio Call.
6. Press the **YELLOW** (Send) button until you hear a beep then release the button.
7. Leave the telephone mouthpiece against the Cardio Call until the **Whistling sound stops then hang up the telephone.**

If you have any problems sending the ECG recording please phone 01952 641222 extension 5749/4162 and

Ask to speak to a technician.

You must return the Cardio Call on.....Before.....