



Postgraduate
Medical
Education



The Shrewsbury and
Telford Hospital
NHS Trust



Postgraduate Medical Education Newsletter

Issue #5

Welcome to our new **Junior Doctors**



In July and August we welcomed new Junior Doctors to SaTH.

The trainee's received a comprehensive Induction Programme - for some grades of Trainees this ran over a number of weeks.

We also made a number of changes to the Foundation Year 1 Induction Programme this year and you can read about further on in this edition!



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Raising concerns

If you have an issue you feel can't wait for a junior doctors forum or feel uncomfortable discussing an issue in a public forum please email your concerns to:

✉ trainee.concerns@sath.nhs.uk

ACCS Simulation Success

In 2016 SaTH was successful in a Regional bid to run Simulation Courses for ACCS (EM) Trainees. This means that our local Trainees no longer need to travel across the West Midlands to complete this part of their training. In addition, this gives an opportunity to showcase the Trust to Trainees from around the Region. The inaugural course was held in March 2017 and was an outstanding success with positive feedback from all involved.

In 70% of Critical Incidents that occur to the patients that we care for, one of the underlying root cause is due to non-technical skills. 6 Doctors and 3 Nurses spent the day working together honing their non-technical skills in a myriad of Simulated Scenarios facilitated by Sister Karen Bryan, Sister Nancy Moreton, Dr Lorien Branfield, Dr James Moon and Dr Adrian Marsh.

The scenarios were wide ranging, covering Acute severe asthma, haemodynamic unstable GI bleed, septic shock and end of life care decisions for an end stage COPD patient. In order to get the best out of the candidates and create a realistic situation we ran a scenario with two critically unwell patients simultaneously.

We are looking at running the course again in the near future and there is the possibility to extend this training to run other courses including Safe Sedation within the Emergency Department, Paediatric Simulation training and Simulation Training for Higher Specialist Trainees in Emergency Medicine.



Feedback from the course :

“Very good study day, as life like as possible”

“Good to take me out of my comfort zone!”

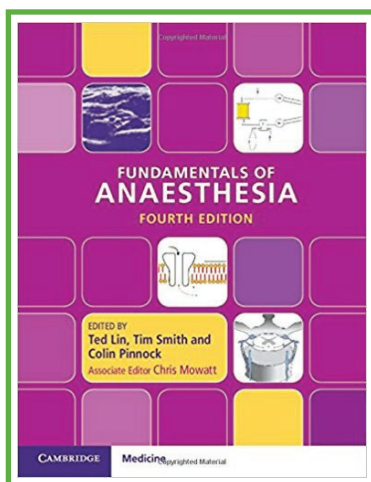
“Reinforced the importance of human factors and how much they can influence day to day practice and alter outcomes”

“How important it is to consider all levels of communication and how by what you say or how you say it can have a huge impact on the outcome”

Dr Adrian Marsh
Medical Accident & Emergency (RSH)



A big well done!



Our very own Chris Mowatt Consultant in ITU and Anaesthetics at SaTH is the new Associate Editor for

Fundamentals of Anaesthesia has just been republished in its 4th Edition.

This has for many years and continues to be the bible of Anaesthetic Trainees across the Country!

New faces in **Medical Education**

It is a pleasure to report that we have a number of new appointments within Medical Education:

Mr Andrew Sizer, Consultant in Obstetrics and Gynaecology – appointed as Educational Lead for the O&G Department



Dr K McCrea, Consultant Paediatrician – appointed as Educational Lead for Paediatrics.

Dr P Gibson, Consultant Neonatologist – appointed as Educational Lead for Neonatology.



Dr Adrian Marsh, Consultant in Emergency Medicine – appointed as Foundation Year 2 Training Programme Director

Dr Dodi Herman, Consultant in Emergency Medicine – appointed as Foundation Year 1 Training Programme Director



Meet our new departmental logo... **we asked, you decided.**



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Clinical Skills Boot camp for FY1 Doctors at Sath

This year at SATH the first Clinical Skills Boot Camp was introduced on the FY1 Induction Programme.

The main objective was to informally assess the new Graduate's clinical skills and identify any issues prior to commencement in the clinical area for quality assurance and patient safety. In addition this aids transition between Medical School and the Trust by providing Trainees with an opportunity to familiarise themselves with the equipment, drug charts, policies and systems we use to enable confidence and a feeling of preparedness, hopefully reducing the stress of being a new FY1.

The concept for the Skills Boot Camp came about through recognition that new Foundation Doctors were starting with different levels of Undergraduate experience/opportunities and background.

In particular, those that trained overseas often expressed concern as their training focused on the theory, with minimal robust technical and non- technical skills teaching and although it is understood that F1 Doctors are entering a new stage of training in which they are supervised and supported they do need to be able to contribute to safe patient care from day one.

The event was run OSCE style, consisting of eight 20 minute stations covering skills considered necessary from day one. These included an A-E Assessment of a Deteriorating Patient using a High Fidelity Manikin, Cannulation/Venepuncture and ABG's, E-script and Discharge Summaries, Pharmacy and Prescribing of Medicines, Fluid Management, Task Prioritisation and Catheterisation facilitated by experienced staff which included F2 Doctors, Consultants, Senior Pharmacists, Phlebotomists and Educators. A standalone assessment document was used for each station to ensure fair assessment against Trust standards and immediate feedback was provided with an opportunity for the trainee to clarify issues and familiarise themselves with the equipment used within the Trust.

Follow up, for those that required it, was arranged for a later date in the Clinical Skills Lab, which allowed more time for teaching and practice in a safe environment. The day ended with a fun interactive quiz, which not only provided a recap of the day but a further opportunity for brushing up on knowledge around the assessed mentioned skills.

The feedback from both facilitators and trainees has been extremely positive. It ensured that all trainees practice was safe prior to starting commencement in the clinical area. Trainees commented on the usefulness of using the Trusts equipment for Cannulation and Venepuncture prior to going out on the wards and the opportunity to liaise with key staff within the Trust, who they now feel comfortable approaching for support and advice out on the wards.



Karen Bryan
Clinical Practice Instructor at PRH

e-Learning launched for educational supervisors of less than full-time trainee doctors

A new e-learning session for Educational Supervisors of less than full time (LTFT) trainee doctors has been launched. The session aims to equip healthcare professionals with the knowledge and skills to effectively supervise a LTFT trainee and raise awareness of the supervisors' responsibilities.



HEE is committed to improving Junior Doctors' working lives and championing flexible working more broadly. With work/life balance highlighted as a mounting concern to doctors in training, and the risk of "burnout" affecting recruitment and retention in some specialties, the need for increased understanding and positive promotion of Less than Full Time Training is essential.

Course Outline

- 20-25 minute e-learning session for supervision of a less than full time trainee
- Your duties as a supervisor of a LTFT trainee under the Equality Act 2010
- The implications of LTFT training in relation to Certificates of Completion Training (CCT) dates, Annual Reviews of Competence Progression (ARCPs) and training extensions
- What LTFT training is and reasons why trainees may wish to apply
- The benefits of LTFT training
- How LTFT training is arranged and the different types of post arrangements available.

Target Audience

Highly recommended for completion by all Educational Supervisors, Training Programme Directors and Heads of School.

Access

To access the learning content please follow this link:
<http://portal.e-lfh.org.uk/Component/Details/473676>

2nd Shropshire ENT Emergency Course

The 2nd Shropshire ENT Emergency Course took place at the Clinical Skills Lab at PRH on 1st of September 2017. The course attracted delegates from areas such as Leicester and Manchester as well as regional. This was a whole day course covering several common ENT topics and focused on managing common ENT emergencies.

The morning session included interesting presentations by ENT consultants and senior registrars on topics such as tonsillitis and quinsy, vertigo, facial palsy, nasal trauma and pinna haematoma. This was followed by an afternoon dedicated to interactive and practical stations whereby delegates had the opportunity to manage airways and provide tracheostomy care, remove foreign bodies and drain a quinsy, insert a naso-gastric tube and perform a nasal endoscopy in a safe learning environment involving medium to high fidelity simulation.

We are looking to run a further course in March, date yet to be confirmed.

The feedback obtained was extremely positive and course objectives were met.

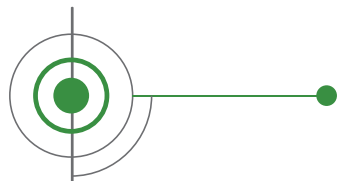
"My attention was captured throughout the course"

"Friendly and encouraging faculty"

"Friendly and encouraging faculty" "interactive, informative content"

"Excellent programme, well taught"

Upcoming training and events

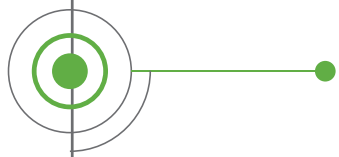


CPD Event - Education Psychology Monday 13th November 2017 12.45pm - 13.45pm

Video Conference between SECC and PRH Education Centre
Dr Mike Magill (GP), has kindly offered to deliver a CPD session for us on "Educational Psychology" we would be delighted if you are able to join us for this very interesting subject.

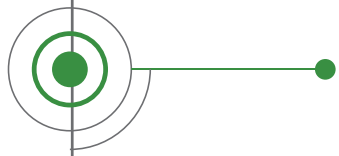
Book your place by using the SaTH Training Diary or email Harbaksh Singh - Harbaksh.Singh@sath.nhs.uk

Facilitated by: Dr Mike Magill, GP



HEE Annual Educators Conference – 16th November 2017 – book through Event Brite – link below

https://www.eventbrite.co.uk/e/health-education-england-west-midlands-annual-educators-conference-tickets-31712551094?utm_source=eb_email&utm_medium=email&utm_campaign=order_confirmation_email&utm_term=eventname&ref=eemailordconf



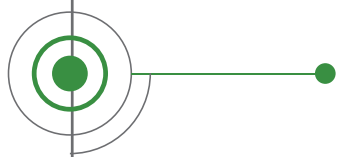
FY1 Prize award – please encourage your trainees to apply !

<https://www.westmidlandsdeanery.nhs.uk/Foundation/F1-Prize-Awards>



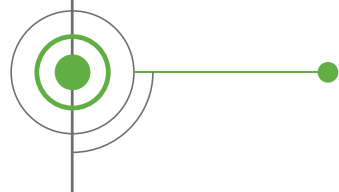
NACT Foundation Faculty Sharing Good Practice Event – 9th March 2018

<http://www.nact.org.uk/educational-meetings/foundation-programme-events/>



HEE Train the Trainer Event at SATH – Thursday 15th March 2018

Book a place through Event Brite
<https://www.eventbrite.co.uk/e/trainer-cpd-day-sath-tickets-37241960707>



Keele Oculoplastic Dissection Course – 27th April 2018

The places on this course are limited to 7 delegates only. Please email marie.golling@sath.nhs.uk to reserve a place (more information on page 9)

More information about **upcoming events follow...**

In conjunction with the Medical Department the Education Centre at PRH continues to link to The Royal College of Physicians Edinburgh and stream monthly Evening Medical Updates (EMU). **If you want to come along please contact the Education Centre, PRH ext 4761.**

EMU

Evening
Medical
Updates

2017 -2018



ROYAL
COLLEGE of
PHYSICIANS of
EDINBURGH

EMUs are free to attend – at the College or our live stream sites.

All EMUs are held on a Tuesday evening.

If you missed the event or want to watch again, EMU talks are available on our Education Portal: learning.rcpe.ac.uk

2017

26 September	The unconscious patient
24 October	Cardiorespiratory arrest
21 November	Jaundice
12 December	Blackout/collapse

2018

30 January	Diarrhoea
20 February	Breathlessness
27 March	Headache
24 April	Haematemesis/ melaena
29 May	Chest pain
26 June	Acute confusion
25 September	Topic TBA
23 October	Topic TBA
27 November	Topic TBA
11 December	Topic TBA



Organised by our Trainees and Members' Committee, updates are held at the College and are transmitted live to more than 100 sites throughout the UK and internationally. Please contact your Postgraduate Office or email Josiane Kirk (j.kirk@rcpe.ac.uk) for further information.

New sites are often added, so check our website for up-to-date information.

If there is no live stream site near you, we can help you set one up. Contact Sophie Milton (s.milton@rcpe.ac.uk) for assistance.

 #rcpeEMU

Book online: events.rcpe.ac.uk

GMC Trainer Recognition

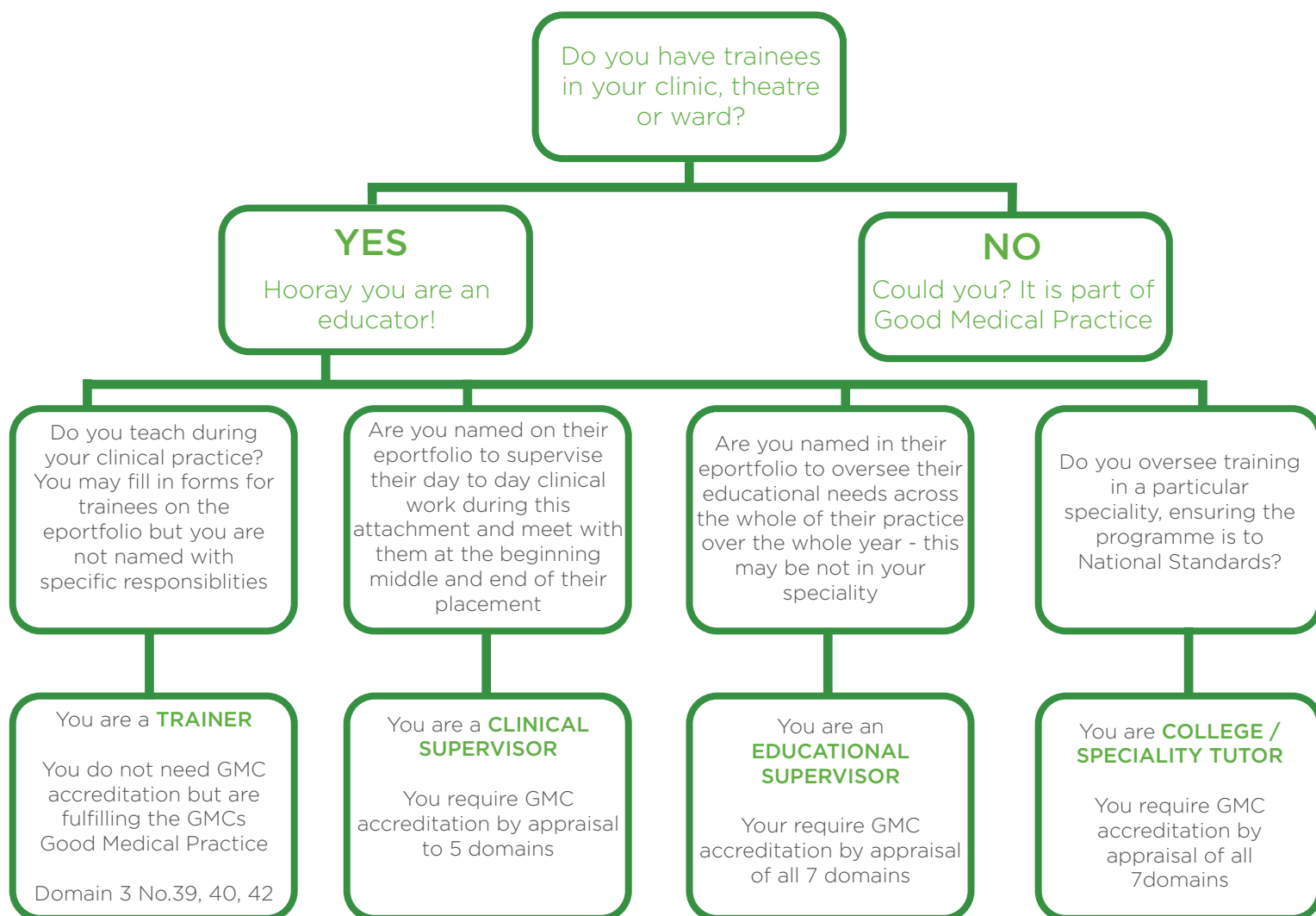
Please remember that all named Clinical and Educational Supervisors **must** be registered with the GMC as an approved trainer. Please visit our Intranet pages for more information. (http://intranet/pgmc/educational_clinical_supervisors.asp)

Part of this process is ensuring that you are appropriately trained and have an annual Educational Appraisal. At SaTH it has been agreed that this appraisal can be combined with your annual Trust Appraisal.

Please ensure that you map your educational evidence to the required GMC Domains annually and discuss your educational role with your Appraiser. If you do not have an Educational Appraisal we cannot continue your accreditation.

Not sure if you need to be accredited ? Please refer to handy guide below

What type of educator are you?



Did you know ?

Mr Sagili, Consultant Ophthalmologist, runs an Annual Dissection Course through Keele University. The course is approved for 7 CPD points. The date for the 2018 has yet to be agreed but if you are interested in attending contact Mr Sagili.

Keele Oculoplastic Dissection Course



Keele
University

Keele Oculoplastic Dissection Course

One day cadaver dissection course covering the following procedures:

Ptosis surgery (Anterior & Posterior approach)

Lateral tarsal strip, Wedge excision

External DCR

Evisceration or Enucleation

This course will use fresh frozen cadaver material and will take place in the state-of-the-art Keele Anatomy and Surgical Training Centre at Keele University.

The course is ideal for:
Ophthalmic Specialist Trainees and Fellows

Date: 27th April 2018

Course Fee: £ 350

Venue:

Keele Anatomy and Surgical Training Centre
David Weatherall Building, Keele University,
Staffordshire, ST5 5BG.



www.keele.ac.uk/medicine/keeleanatomyandsurgicaltrainingcentre/

The places on this course are limited to 7 delegates only.

Please email marie.golling@sath.nhs.uk to reserve a place.

Please make cheques payable to Keele University and post to Ms Debbie Paddison
Postgraduate Manager, School of Medicine (Postgraduate), Keele Hall, Keele University,
Staffordshire ST5 5BG.

This course is approved for 7 CPD points.

Course director:

Mr Suresh Sagili
Consultant Ophthalmologist & Oculoplastic Surgeon

BMOGS Autumn 2017



Very well done to SaTHs O&G trainees for the excellent number of posters and presentations at the Birmingham and Midland Obstetrical and Gynaecological Society Meeting on Friday 6th October 2017 at Nuneaton.

Mr Sizer – Educational Lead for Obstetrics and Gynaecology reported that SaTH had by far the biggest representation from the whole of the Midlands in terms of selected presentations.

A special congratulations to Nowmi Zaman for winning the Poster Prize

Postgraduate Medical Education Clinical Skills Laboratory in SECC

We now have a Postgraduate Medical Education Clinical Skills Laboratory in SECC. Some of the equipment available includes, Venepuncture, Cannulation, Suturing, Lumbar Puncture, Urinary Catheterisation, ABGs

Please contact Karen Bryan (ext 4752) if you have any particular training requirements for your department.



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