

# Medical Education Newsletter

Issue No.3—October 2016



Pictured above: Dr Borman welcoming trainees on Wednesday 3rd August 2016 at SECC.

Throughout July and August we welcomed a number of junior doctors to Shrewsbury & Telford Hospital.

A number of these trainees were completely new to SaTH and Shropshire (but we also recognised a number of faces). We hope you enjoy your time at SaTH and welcome back to those of you that have been here before.

We also had a record number of FY1s stay at SaTH to complete their FY2 year (23 trainees out of 37)



**... all of our Foundation Year 1 Doctors start a week prior to the main induction.**

The trainees receive a comprehensive induction programme and spend time shadowing their predecessors to prepare them for their first medical role within the NHS .

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## Raising Concerns


If you have an issue you feel can't wait for a junior doctors forum or feel uncomfortable discussing an issue in a public forum please email your concerns to:

[trainee.concerns@sath.nhs.uk](mailto:trainee.concerns@sath.nhs.uk)

follow us on  
**twitter**  
**@SaTHPostgradEd**



Post Graduate Medical  
Education Department

The Shrewsbury and Telford Hospital  
  
NHS Trust

## Meet Dr John Jones - Deputy Medical Director



In August I became one of two new Deputy Medical Directors. A rather attractive part of my new role is to oversee the governance of Undergraduate and Postgraduate Medical Education. I have both Local and National interests in improving education and training. For 7 years I was Undergraduate Hospital Dean here and I am a member of the GMC's Curriculum Advisory Group as well as a Foundation Doctor Educational Supervisor.

Medical education and training is a major priority for us and I was pleased that a recent quality assurance visit from the Foundation and Medical School found that "It is clear there is a culture within the Trust of staff wanting to teach and get involved with the provision of education and training for Students and Trainees".

I'm mindful that there are a lot of areas for improvement and I'm keen that we use the evaluations that trainees provide for us to improve training here. To help coordinate this we have set up a Medical Education Committee that is the route by which we can make the Trust Board aware of matters relating to medical education and training. It's very important that we have trainees represented on this and I'm pleased that we already have some representatives for this. Please tell us what you think we could do better. Don't wait for the National Surveys as there is inevitably a delay before we hear the outcomes from these. Equally we are keen that you all engage with national surveys so that we get a full picture of what you think of training here. The more of you that complete surveys the more accurate that picture will be.

The balance between training and service work is always difficult and we need to be guided by you to help make decisions about rotas etc. It is a really difficult time for trainees at the moment with the contract process, rota gaps, and uncertainty about what working as a doctor in the NHS in the future will look like.

Please help us to continuously improve our training. We want to be highly regarded and we want you to be proud to have trained here. Important changes in medical education is the emphasis placed on standards measured against the GMC's "Promoting Excellence" and it is clear that future training placements will depend on good performance against these standards so it is in our mutual interest to achieve these standards.

It should be clear to you that we want to train you here and our patients need you to look after them. You are central to the hospitals' working life. If this is not clear to you in your daily working life then we need to change something.

Enjoy your training here as we will enjoy training you.

## GMC Accreditation

The Medical Education Department has successfully implemented the GMC requirements for the Accreditation of Trainers: <http://www.gmc-uk.org/education/10264.asp>



Thanks goes out to the Medical Appraisal Lead / Office for their support with this task.

As of 31<sup>st</sup> July 2016, 157 Supervisors at SaTH were recorded on the GMC database and meet the requirements detailed in the GMC framework.

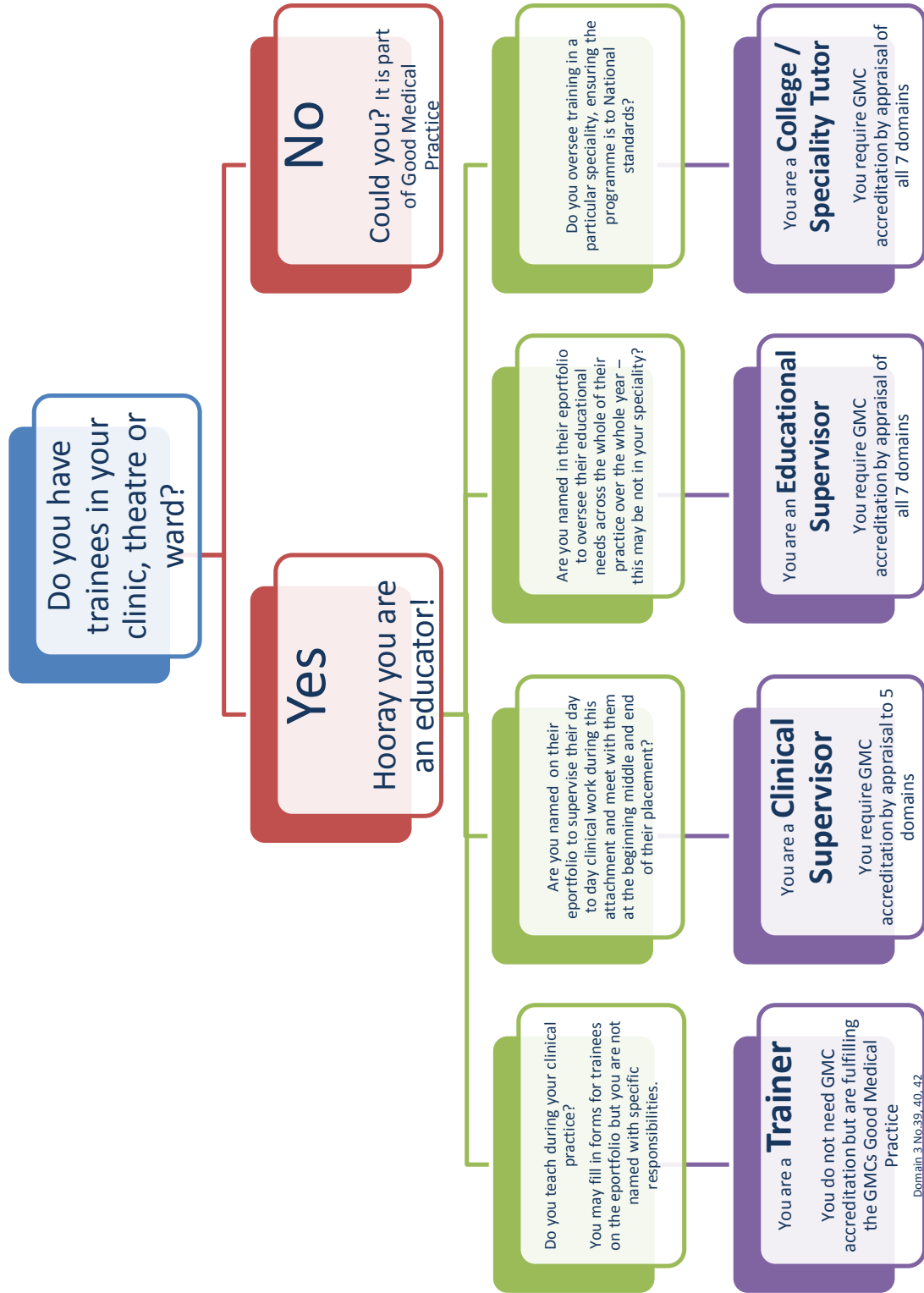
**Are you planning to become a Supervisor (CS/ES) ?**

..... remember you **MUST** be accredited



Please visit our Intranet pages for more information and to read our framework [http://intranet/pgmc/educational\\_clinical\\_supervisors.asp](http://intranet/pgmc/educational_clinical_supervisors.asp) or have a chat with one of our team.

# What type of Educator are you?



# Educational Supervisors

Following recommendations from the scheduled Foundation / Undergraduate visit in March 2016, the Director of Postgraduate Medical and Dental Education and Foundation Training Programme Director have successfully recruited an additional 14 Foundation Doctor Educational Supervisors (pan-year supervisors) increasing our Educational Supervisor faculty to 18. The Supervisors all received a comprehensive, dedicated induction into the role and were allocated trainees in August 2016.

This has resulted in a more personal level of support for our most junior trainees.

## Current list of Educational Supervisors

Dr Christopher Mowatt and Dr Fiona Jutsum – Consultant Anaesthetists.

Dr Jane Panikkar – Consultant Obstetrician & Gynaecologist

Dr Priyantha Kandandearachichi – SAS Doctor Obstetrics & Gynaecology

Dr Nawaid Ahmad, Dr Richard Heinink and Dr Graham Heyes – Consultant Respiratory Physicians

Mr Sunil Bhatia – Consultant Oral and Max Fax Surgeon

Dr Sabri Abdu – Consultant Paediatrician

Dr Adrian Marsh and Dr Dodi Herman – Consultants in Emergency Medicine

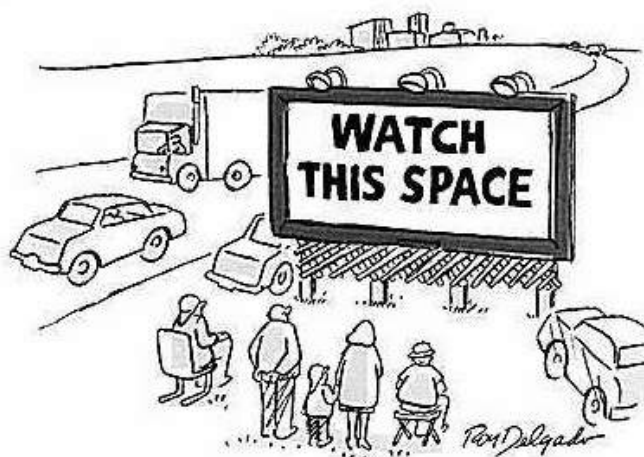
Mr Apurva Choksey – SAS Doctor T&O Surgery

Dr John Jones – Deputy Medical Director / Consultant Gastroenterologist

Mrs Emma Hamilton and Mr John Loy – Consultant Surgeons

Mrs Blossom Lake – SAS Doctor Surgery

Dr Russell Jones and Dr Marie Metelko – Consultant Radiologists



We plan to increase our faculty again for August 16.

*...could you be an Educational Supervisor for one of our 87 trainees ? Could you provide support and guidance to our trainees ?*

If so contact Dr Jenni Rowlands

[Jennifer.Rowlands@sath.nhs.uk](mailto:Jennifer.Rowlands@sath.nhs.uk)

# MECC (Making Every Contact Count) & Foundation Doctors

Health promotion is a key part of the UKFP 2016 Curriculum.

## Section 16: Demonstrates understanding of the principles of health promotion and illness prevention.

A clear way for the Foundation Doctor to demonstrate this outcome is through the use of MECC.

40% of the UK's disability adjusted life years lost...[are]...attributable to tobacco, hypertension, alcohol, being overweight or being physically inactive.

Making Every Contact Count (MECC) is an approach to behaviour change that uses the millions of day-to-day interactions that organisations...have with...people to support them in making positive changes to their physical and mental health and wellbeing. MECC enables the opportunistic delivery of consistent and concise healthy lifestyle information and enables individuals to engage in conversations about their health at scale across organisations and populations. Drawing on behaviour change evidence, MECC maximises the opportunity within routine health and care interactions for a...very brief discussion on health or wellbeing factors to take place.

A MECC interaction takes a matter of minutes and is not intended to add to the busy workloads of health, care and the wider workforce staff, rather it is structured to fit into and complement existing professional clinical, care and social engagement approaches.

The aim is to 'maximise support for population behaviour change, and help individuals and communities significantly reduce their risk of disease'.

*Making Every Contact Count (MECC): Consensus statement*

*Produced by Public Health England, NHS England and Health Education England, April 2016*

[https://www.gov.uk/government/uploads/system/uploads/attachment\\_data/file/515949/Making\\_Every\\_Contact\\_Count\\_Consensus\\_Statement.pdf](https://www.gov.uk/government/uploads/system/uploads/attachment_data/file/515949/Making_Every_Contact_Count_Consensus_Statement.pdf)

## Training is provided by an on-line module:

<http://www.e-lfh.org.uk/programmes/wm-making-every-contact-count/>

All Foundation Doctors are expected to complete this module and then to undertake one or more interactions with a patient. Evidence would take the form of a certificate of completion of the training and an appropriate written reflection.

*Tony Choules, Mike Walzman, Andy Whallett*

*FSD/Associate Deans for Foundation HEE WM*



Junior doctors in England have suspended a series of five-day strikes over the next three months.

Walkouts planned in October, November and December, in protest against a new contract, have been suspended.

# Who's who in Post Graduate Medical Education?

|  |              |  |      |
|--|--------------|--|------|
| <b>Mr Tom Crichlow</b><br>Director of Post Graduate Medical<br>Dental Education<br><a href="mailto:Tom.Crichlow@sath.nhs.uk">Tom.Crichlow@sath.nhs.uk</a>                | 4383         | <b>Ann Taylor</b><br>PRH Centre Assistant Manager<br><a href="mailto:Ann.Taylor@sath.nhs.uk">Ann.Taylor@sath.nhs.uk</a>                            | 4669 |
| <b>Dr Jenni Rowlands</b><br>Foundation Training Programme<br>Director/Clinical Tutor<br><a href="mailto:Jennifer.Rowlands@sath.nhs.uk">Jennifer.Rowlands@sath.nhs.uk</a> | 3249         | <b>Sharon Percival</b><br>Foundation Programme Administrator<br><a href="mailto:Sharon.Percival@sath.nhs.uk">Sharon.Percival@sath.nhs.uk</a>       | 4371 |
| <b>Dr Nawaid Ahmad</b><br>Deputy Foundation Training<br>Programme Director<br><a href="mailto:Nawaid.Ahmad@sath.nhs.uk">Nawaid.Ahmad@sath.nhs.uk</a>                     |              | <b>Charlotte Saywell</b><br>Receptionist/Finance Administrator<br><a href="mailto:Charlotte.Saywell@sath.nhs.uk">Charlotte.Saywell@sath.nhs.uk</a> | 2500 |
| <b>Sam Jones</b><br>Medical Education Manager<br><a href="mailto:Samantha.Jones@sath.nhs.uk">Samantha.Jones@sath.nhs.uk</a>  | 4403         | <b>Gill Frost</b><br>Centre Assistant<br><a href="mailto:Gill.Frost@sath.nhs.uk">Gill.Frost@sath.nhs.uk</a>  | 4935 |
| <b>Sam Membury</b><br>Deputy Medical Education<br>Manager<br><a href="mailto:Samantha.Membury@sath.nhs.uk">Samantha.Membury@sath.nhs.uk</a>                              | 4403<br>2506 | <b>Matt Taylor</b><br>AV Technician<br><a href="mailto:Matthew.Taylor@sath.nhs.uk">Matthew.Taylor@sath.nhs.uk</a>                                  | 2515 |
|  |              | <b>Natalie Chambers</b><br>Centre Assistant<br><a href="mailto:Natalie.Chambers@sath.nhs.uk">Natalie.Chambers@sath.nhs.uk</a>                      | 4636 |

## Simulation & Clinical Skills Training

**Karen Cassidy** 2435  
[Karen.Cassidy@sath.nhs.uk](mailto:Karen.Cassidy@sath.nhs.uk)



### Tuesday 4th October, Train the Trainer

Please book your place if you haven't already - its not too late!

### CPD Event, 16th November 2016 (SECC to PRH via VC)

### GMC Update, Raising Concerns and Social Media - Jan Cooper – Regional Adviser

Book your place via the training diary <http://intranet/sathtrainingdiary/> or contact Charlotte / Mat on 01743 492500

### Train the Trainer (Regional Event organised by HEEWM - details to follow) Thursday 20th April 2017

WATCH THIS SPACE.....



Proud To **Care**  
Make It **Happen**  
We Value **Respect**  
Together We **Achieve**

## Registered Nurse & Foundation Doctor Interdisciplinary Team Training.

Shrewsbury and Telford Hospitals NHS Trust

# Managing the Deteriorating Patient.

### VENUE

Room I & J, Faculty of Health building  
(opposite SECC), RSH

**08.30-5pm**

**19<sup>th</sup> October 2016**

**31<sup>st</sup> October 2016**

**30<sup>th</sup> November 2016**

**12<sup>th</sup> December 2016**

**19<sup>th</sup> December 2016**

If you wish to attend please contact:

[Karen.Cassidy@sath.nhs.co.uk](mailto:Karen.Cassidy@sath.nhs.co.uk)

01952 641 222 (EXT 4752)

Faculty:

Emergency  
Medicine and  
Anaesthetic  
Consultants.  
Sr Karen Cassidy  
Sr Nancy Moreton

# West Midlands Surgical Skills Course

**Saturday, 12th November 2016**

Clinical Skills Lab, Princess Royal Hospital, Telford

Practical Skills Covered

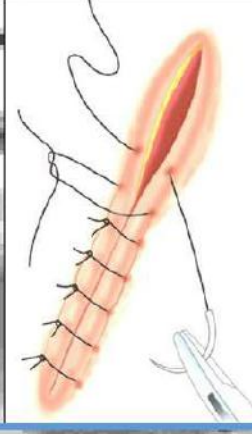
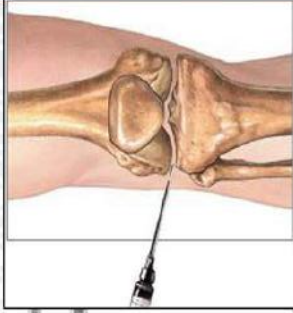
- Wound Management
- Nerve Blocks
- Joint Aspiration/Injections
- X-Ray Interpretations
- Plastering Skills
- Managing MSK Trauma

**Don't miss out on this opportunity! Limited numbers!**

**BOOK NOW £15**

Certificates (CPD applied for)

Payment and application: [Karen.Cassidy@sath.nhs.uk](mailto:Karen.Cassidy@sath.nhs.uk)



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**Consultant Faculty:**

- Mr Rhee (T&O Consultant)
- Mr Wagner (T&O Consultant)
- Dr Herman (A&E Consultant)
- Dr Wright (Anaesthetic Consultant)



