Teresa Love, Recovery Nurse & Values Guardian Kate Adney, Project Support Officer and Values Guardian



# Values Guardians (Freedom to Speak Up)

Recommendation by Sir Robert Francis following Mid-Staffs failings

National Guardian Office is supporting the need for FTSU Guardians in every NHS Trust

The Trust has appointed us as Values Guardians to encourage a culture of openness and the 'Freedom to Speak Up'

Values Guardians act in an independent capacity to support and help drive the Trust to make it a safer place for patients and staff and a more open place to work

### **Marketing & Communication**

Marketed ourselves through a range of communications:

- Intranet page
- Chatterbox
- Twitter
- Posters at both sites
- Walk-arounds at both sites
- Regularly attend Ward Manager meetings, staff meetings, Junior Doctor Forums and at Junior Doctor Induction
- Celebrating our Values Champions
- Round the Kitchen Table events
- Developed our role through Regional and National networking events
- Undertaken ongoing training, personal and professional development

- Forged strong relationships internally and externally
- Public Concern at Work
- National Guardian Office
- HR
- Patient Safety
- FTSU Regional Network
- Provided data collection to the National Guardian Office
- Met with the CQC this month
- Listen to our colleagues
- Triangulation approach
- Regular contact and feedback
- Sign post
- Record data and report in line with the National Guardian Office guidelines
- Facilitated difficult conversations and achieved positive resolutions for staff
- Listened to our colleagues on the shop floor and relayed back to Senior Managers who might otherwise would not have heard these messages
- Continue to reinforce the Trust Values



"Our lives begin to end the day we become silent about the things that matter"

Martin Luther King Jr.

