The Trust Board is asked to note this month’s patient story and the ongoing work to improve our patients journeys and celebrate success.

Reporting to: Trust Board

Date: 29 March 2018

Brief Description: The Trust Board will hear two stories which demonstrate proactive work to avoid unnecessary admissions and also occasions when opportunities are missed to improve patient experience by expediting care management and enabling a patient to get back to their place of residence in a timely way.

Facts about deconditioning include:
- 10 days bed rest leads to equivalent of 10 years of muscle ageing in people over 80
- 60% of immobile patients had no medical reason requiring bedrest
- 48% of people over 85 die within one year of hospital admission
- 47% of delayed transfers of care in one study related to deconditioning

Sponsoring Director: Director of Nursing, Midwifery and Quality

Author(s): Alex Pitas and Rachael Brown

Recommended / escalated by:

Previously considered by:

Link to strategic objectives:
- PATIENT AND FAMILY - Deliver a transformed system of care (VMI) and partnership working that consistently delivers operational performance objectives
- SAFEST AND KINDEST - Develop innovative approaches which deliver the safest and highest quality care in the NHS causing zero harm
- SAFEST AND KINDEST - Deliver the kindest care in the NHS with an embedded patient partnership approach

Link to Board Assurance Framework:
- If we do not achieve safe and efficient patient flow and improve our processes and capacity and demand planning then we will fail the national quality and performance standards (RR 561)
<table>
<thead>
<tr>
<th>Outline of public/patient involvement</th>
<th>By providing a patient story, the patient has presented the Trust with a learning opportunity, to assist the Trust on our journey to be the safest and kindest</th>
</tr>
</thead>
</table>
| Equality Impact Assessment            | ☑ Stage 1 only (no negative impacts identified)  
☑ Stage 2 recommended (negative impacts identified)  
* EIA must be attached for Board Approval  
☑ negative impacts have been mitigated  
☑ negative impacts balanced against overall positive impacts |
| Freedom of Information Act (2000) status | ☑ This document is for full publication  
☑ This document includes FOIA exempt information  
☑ This whole document is exempt under the FOIA |