## The Shrewsbury and Telford Hospital NHS Trust

Paper 16	NHS Trust						
Recommendation	For information only						
Reporting to:	SaTH Trust Board						
Date	29 March 2018						
Paper Title	STP Directors Report						
Brief Description	This is a monthly update detailing progress from all key areas of STP and system partners						
Sponsoring Director	Phil Evans						
Author(s)	STP PMO Office and system partners						
Recommended / escalated by	n/a						
Previously considered by	n/a						
Link to strategic	5 year forward view						
objectives	STP programme plan stragetic objectives						
Link to Board Assurance Framework	n/a						
Outline of public/patient involvement	Patients are involved through existing organisational frameworks as required						
	C Stage 1 only (no negative impacts identified)						
Equality Impact Assessment	Stage 2 recommended (negative impacts identified) * EIA must be attached for Board Approval						
	C negative impacts have been mitigated						
	C negative impacts balanced against overall positive impacts						
Freedom of	This document is for full publication     This document is for full account is formation						
Information Act (2000) status	C This document includes FOIA exempt information C This whole document is exempt under the FOIA						



# Shropshire, Telford & Wrekin STP

## Sustainability and Transformation Plan

Footprint Name and Number: Shropshire and Telford & Wrekin (11)

> Region: Shropshire and Telford & Wrekin



STP Directors Monthly Report March 2018



How the new NHS Planning Guidance supports our STP – key points to consider

## Integrated System Working, the transition from STP to ICS

In 2018/19, all STPs are expected to take an increasingly prominent role in planning and managing system-wide efforts to improve services.

## **Integrated Care Systems**

- System working will be reinforced in 2018/19 through STPs and the voluntary roll-out of Integrated Care Systems.
- Integrated Care Systems are those in which commissioners and NHS providers, working closely with GP networks, local authorities and other partners, agree to take shared responsibility
- The term 'Integrated Care System' as a collective term for both devolved health and care systems and for those areas previously designated as 'shadow accountable care systems'. An Integrated Care System is where health and care organisations voluntarily come together to provide integrated services for a defined population.
- Integrated Care Systems are seen as key to sustainable improvements in health and care
- Integrated Care Systems will be supported by new financial arrangements
- It is anticipated that additional systems will wish to join Integrated Care System development programme during 2018/19 as they demonstrate their ability to take collective responsibility for financial and operational performance and health outcomes. It is envisaged that over time Integrated Care Systems will replace STPs
- As systems make shifts towards more integrated care, they are expected to involve and engage with patients and the public, their democratic representatives and other community partners.
- Engagement plans should reflect the five principles for public engagement identified by HealthWatch and highlighted in the Next Steps on the Five Year Forward View.

## **Further Information:**

https://www.england.nhs.uk/wp-content/uploads/2018/02/planning-guidance-18-19.pdf



## Our vision for health and care services in Shropshire, Telford & Wrekin

https://www.england.nhs.uk/systemchange/view-stps/shropshire-and-telford-and-wrekin/



Our ambition is simple:

We want everyone in Shropshire, Telford and Wrekin to have a great start in life, supporting them to stay healthy and live longer with a better quality of life.

Our STP is the culmination of a wide range of local organisations, patient representatives and care professionals coming together to look at how we collectively shape our future care and services. This strong community of stakeholders is passionate, committed and realistic about the aspirations set out in this document.

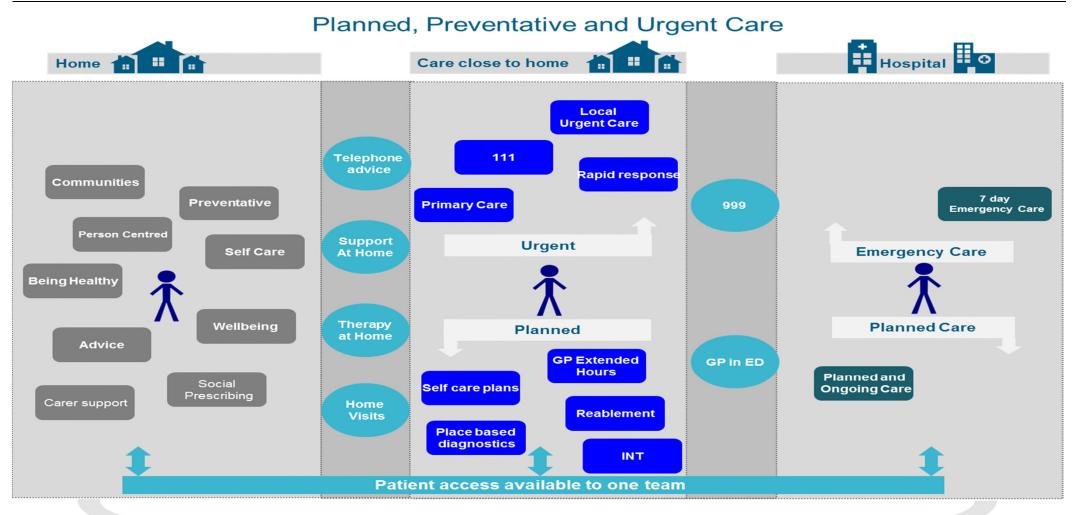
Our thinking starts with where people live, in their neighbourhoods, focusing on people staying well. We want to introduce new services, improve co-ordination between those that exist, support people who are most at risk and adapt our workforce so that we improve access when its needed.

We want care to flow seamlessly from one service to the next so that people don't have to tell their story twice to the different people caring for them, with everyone working on a shared plan for individual care.

Prevention will be at the heart of everything we do -

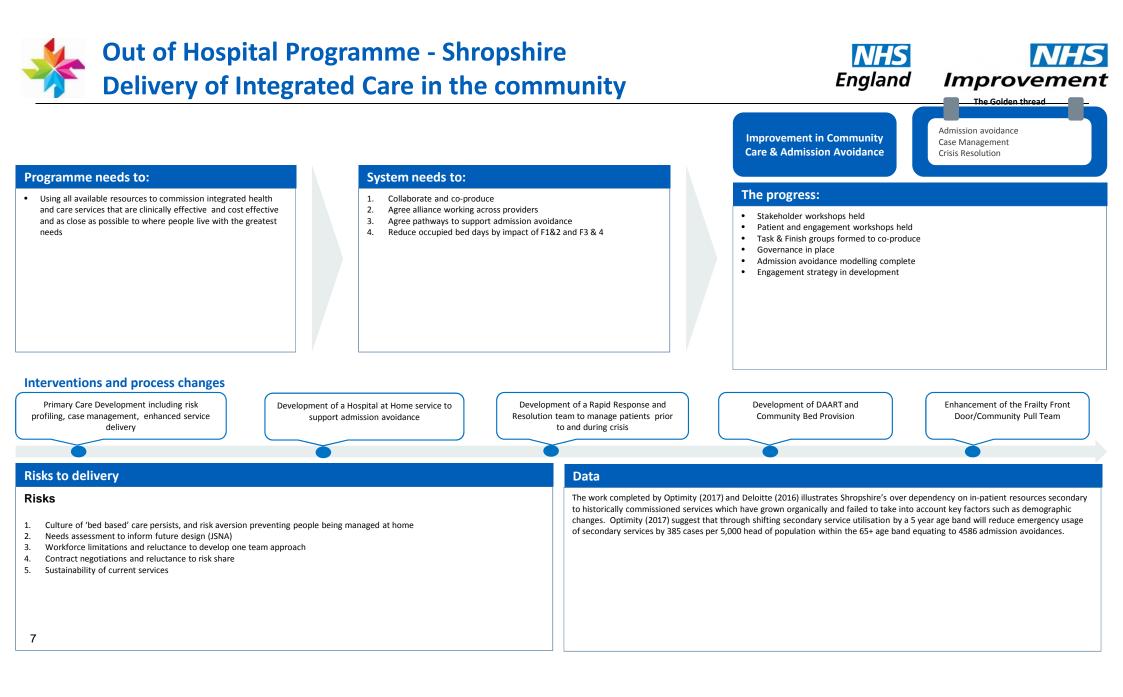
from in the home to hospital care. In line with the GP Five Year Forward View priorities, we plan to invest in, reshape and strengthen primary and community services so that we can provide the support people in our communities need to be as mentally and physically well as possible.

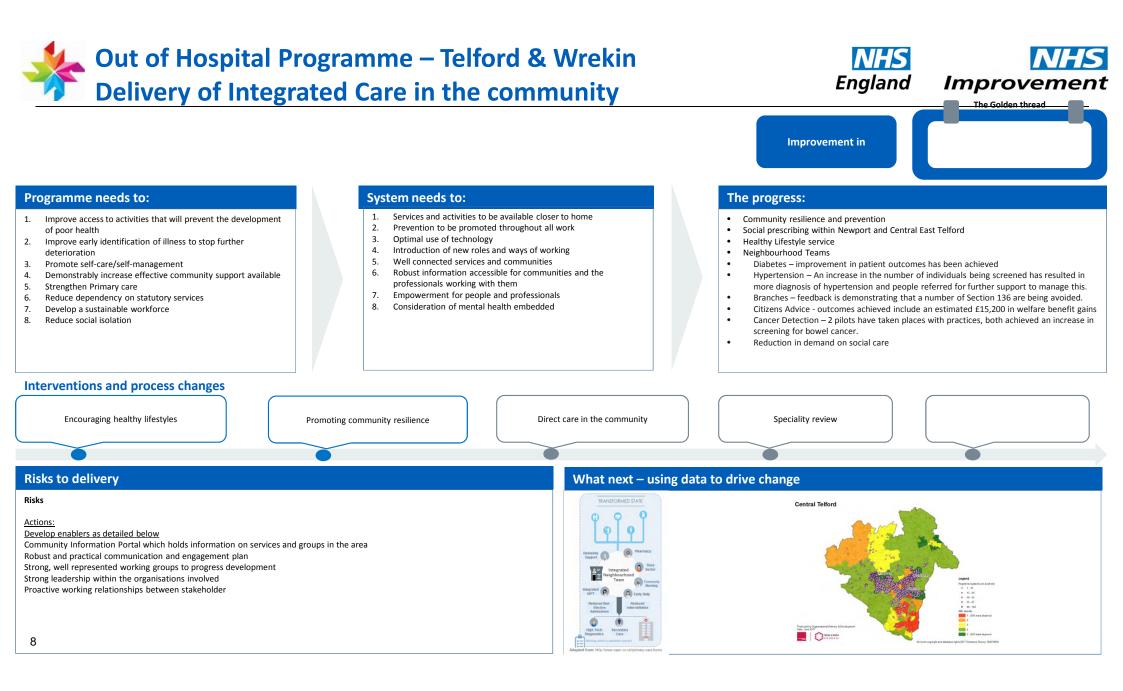


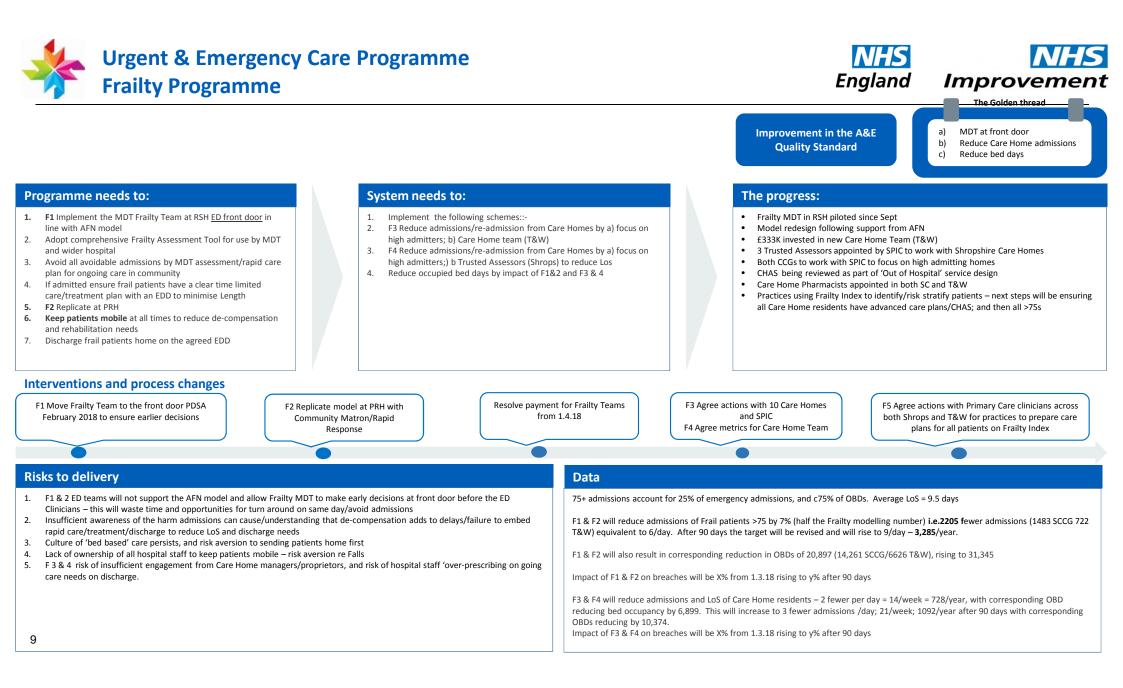


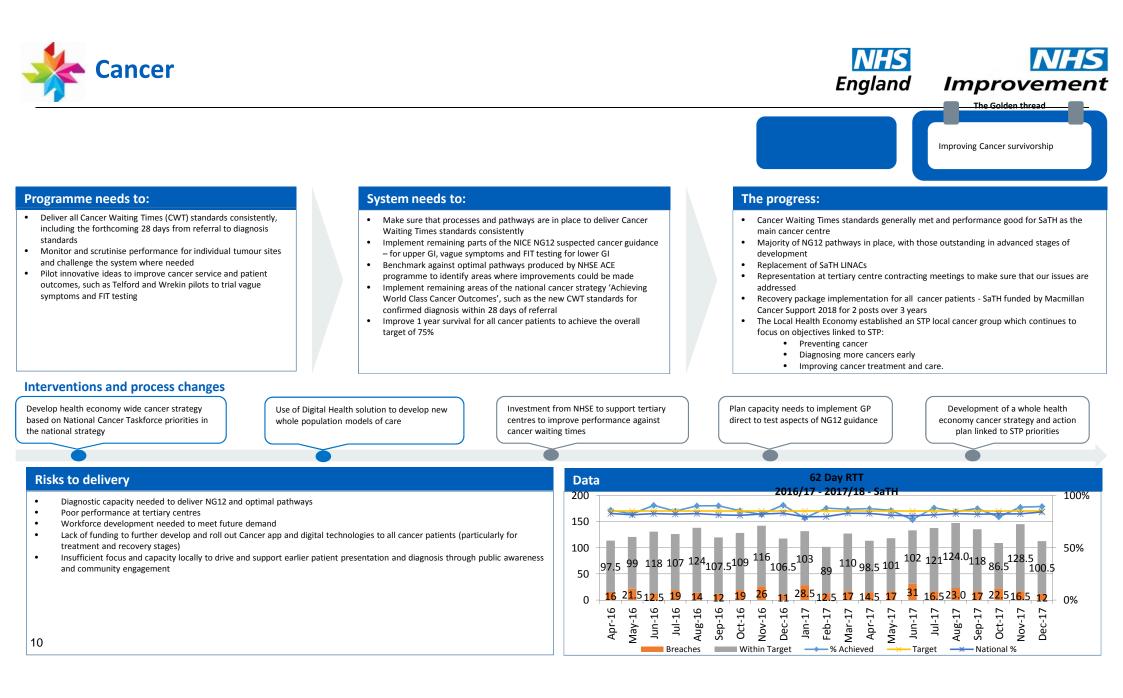


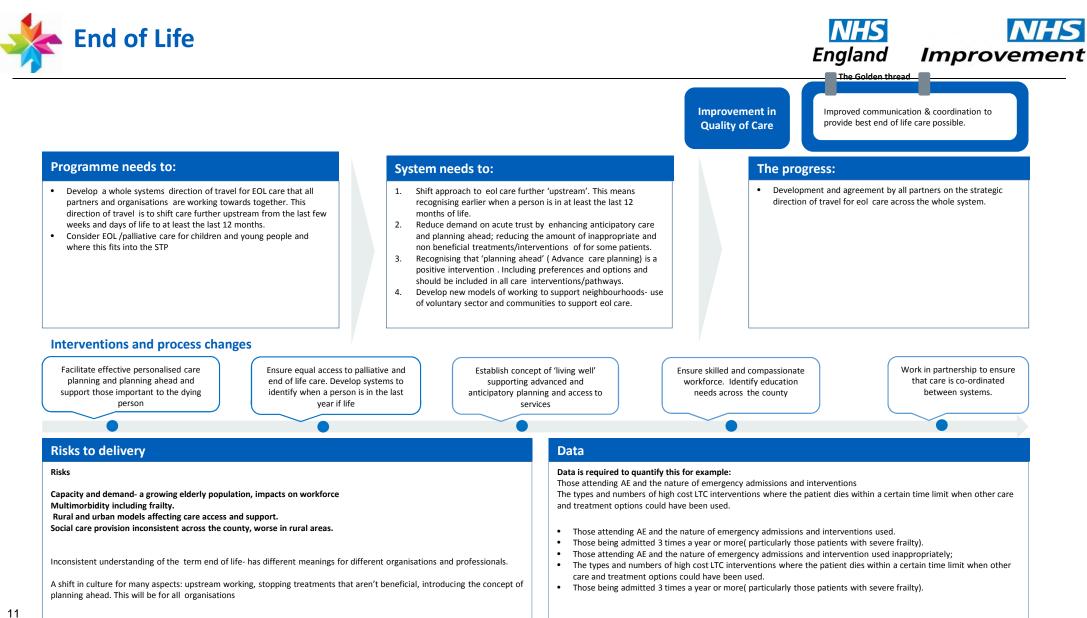
## Commissioner Led System Improvements Plan on a page

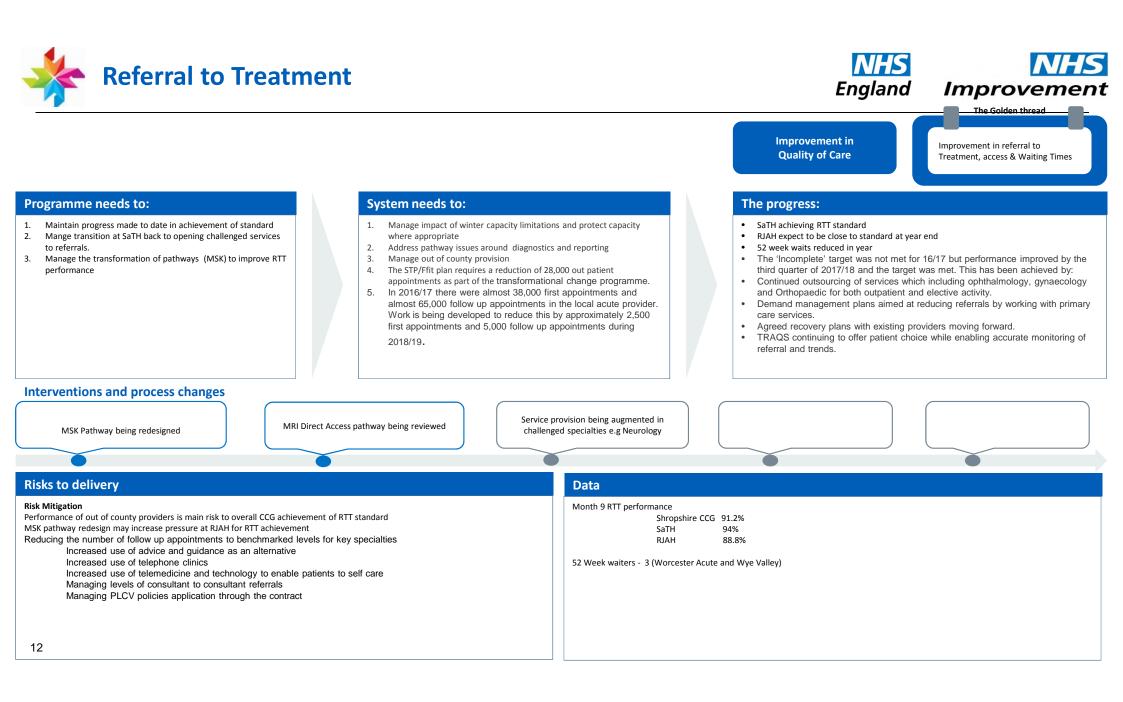


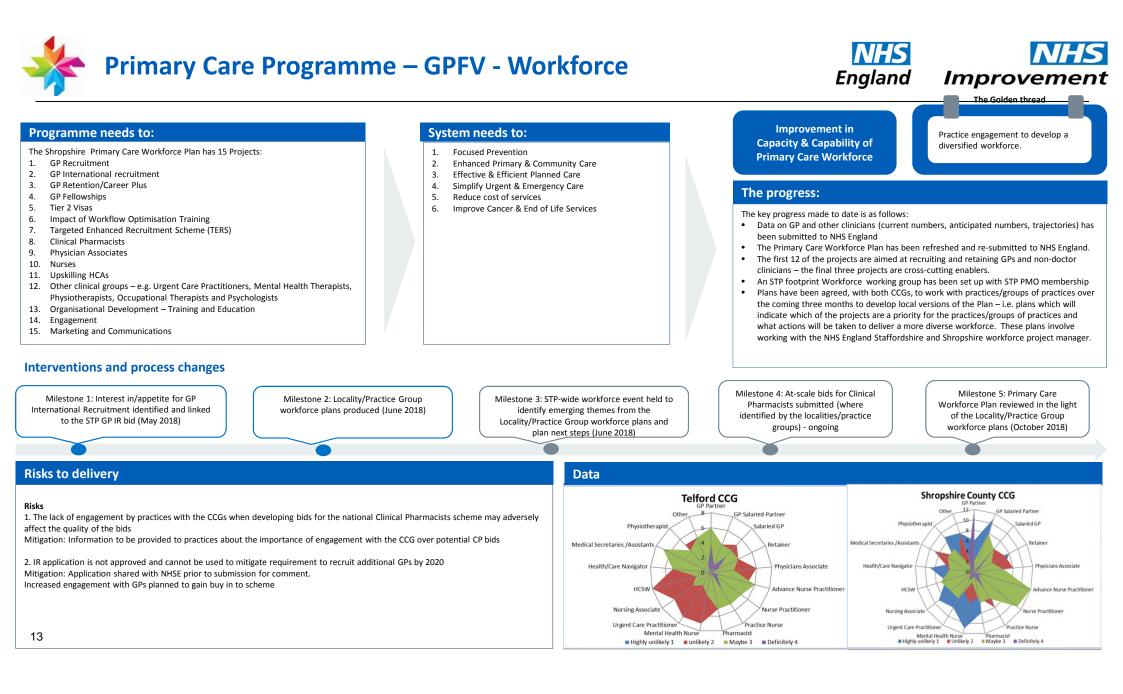


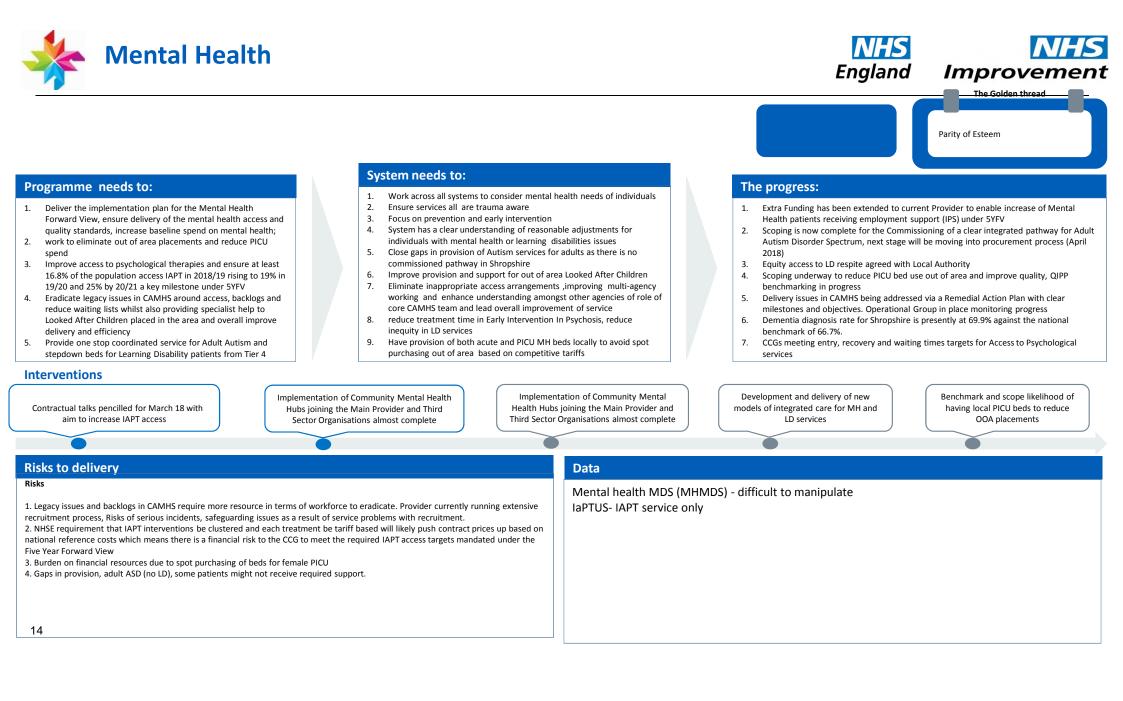














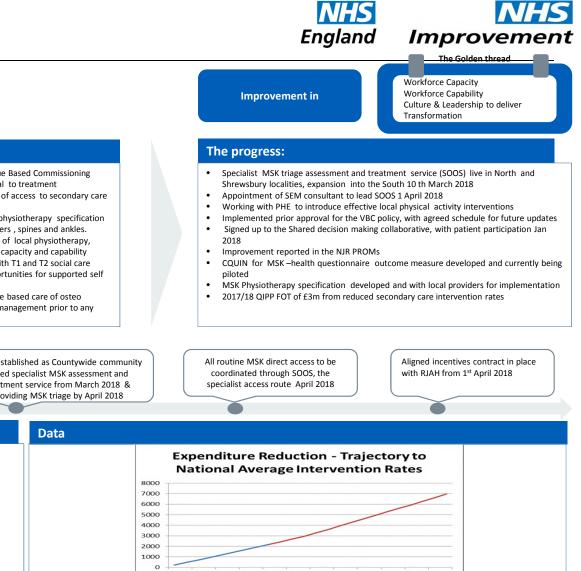
Mental health will be integral to our ambitions around improving population wellbeing. We will put services in place to support individual needs and in the most appropriate settings by transforming services and focusing on early education and prevention.

At the same time, we agree that everyone should have improved access to high quality specialist care in hospitals – and that no matter where people live they get the same standards, experience and outcomes for their care and treatment.

Key to this success will be developing innovative, integrated models of care, this will ensure care is provided in the right place, at the right time and by the most appropriate staff.

Developing a "part of a system" networked approach to services across Shropshire, Telford and Wrekin, will improve the quality and efficiency of services for our patients, in areas such as Frailty and will simplify the urgent and emergency care system so that it is more accessible.





#### **Programme needs to:**

- Implement the national high impact MSK triage intervention
- ٠ Improve patient outcomes through improved access to conservative management
- Reduce surgical interventions to normalised rates
- Deliver a vertically integrated local care model

#### System needs to:

Support implementation of evidence based Value Based Commissioning (VBC) policy across the full pathway from referral to treatment Ensure the MSK triage service is the single point of access to secondary care for all routine MSK referrals Support the implementation of the single MSK physiotherapy specification

and treatment pathways for Hips, knees, shoulders, spines and ankles. Collaborate to maximise the effective utilisation of local physiotherapy, conservative management and secondary care capacity and capability Better interface tier T3 and T4 health services with T1 and T2 social care physical activity services and maximise the opportunities for supported self management through shared decision making

Supporting Primary Care to implement evidence based care of osteo arthritis, providing early advice, education and management prior to any onward referral

#### Interventions and process changes

Timely direct access to MSK therapies operating under a single specification (April 2018) and central booking (Sept 2018)

Shropshire Patients have access to services compliant with NICE OA Quality Standards , in Primary Care from September 2018

SOOS established as Countywide community based specialist MSK assessment and treatment service from March 2018 & providing MSK triage by April 2018

### 16

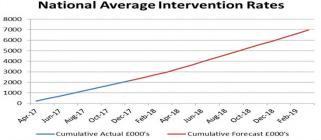
- Lack of GP/provider engagement and support for the agreed pathways and associated compliance issues 1
- Availability of conservative management 2.
- 3. Patient expectation /acceptance of non surgical interventions

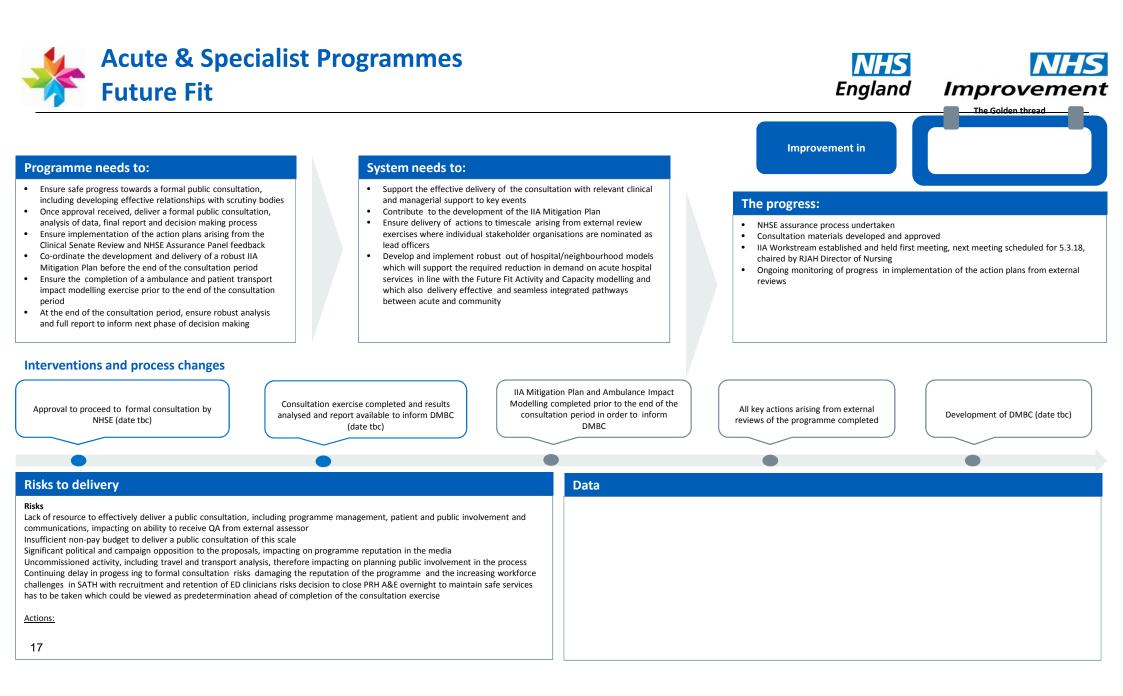
#### Actions:

Risks

**Risks to deliverv** 

- 1. Communication and engagement plan and targeted practice visits
- 2. Mapping of demand and capacity . Action plan to maximise utilisation and MSK business case to increase capacity
- 3. Patient and public involvement. Active engagement with and support from Health Watch and Shropshire Patient Group. Implementation of Shared decision making and partnership working with PHE .



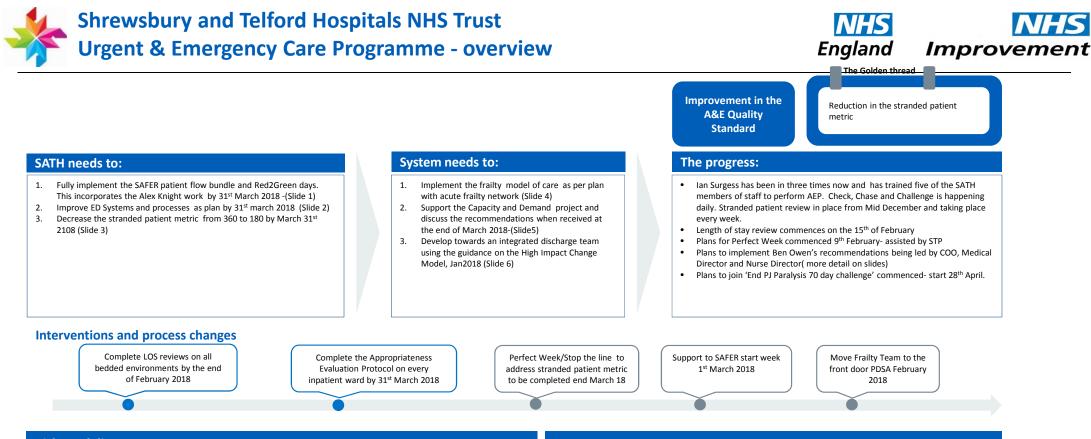




# Urgent & Emergency Care

System Improvements

Plan on a Page



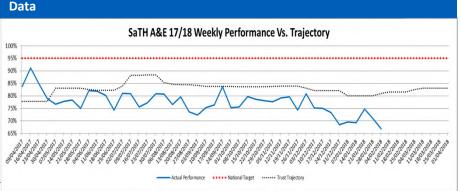
### **Risks to delivery**

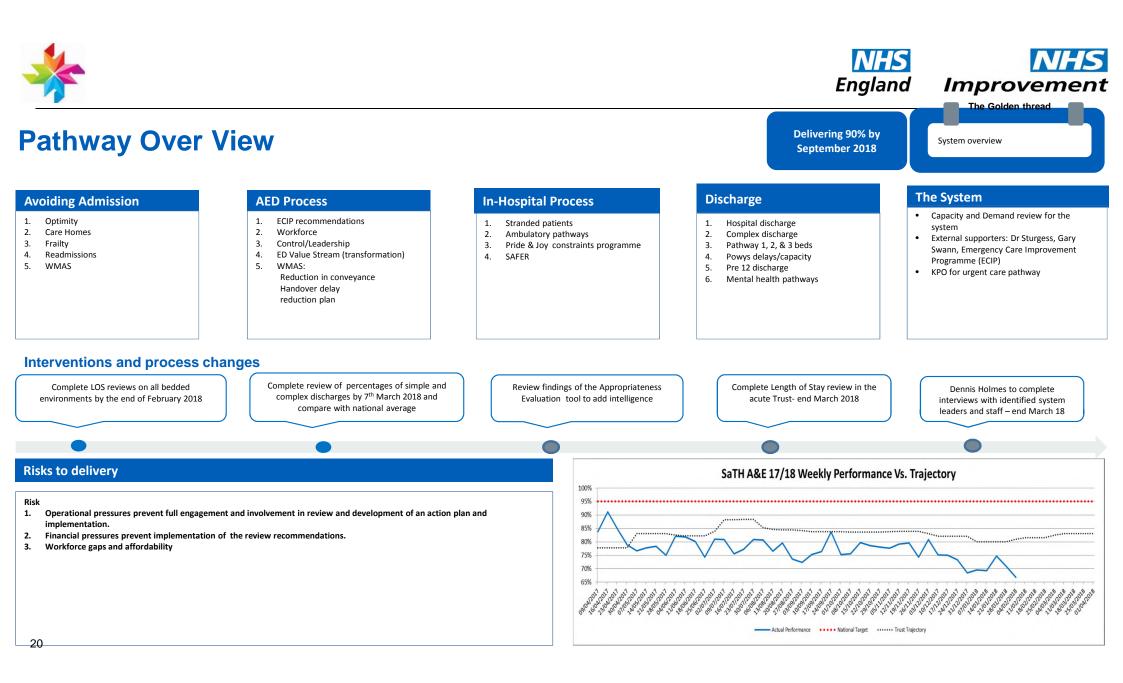
#### Risk

19

The medical workforce challenge including the number of junior doctors is the biggest risk in this environment Actions:

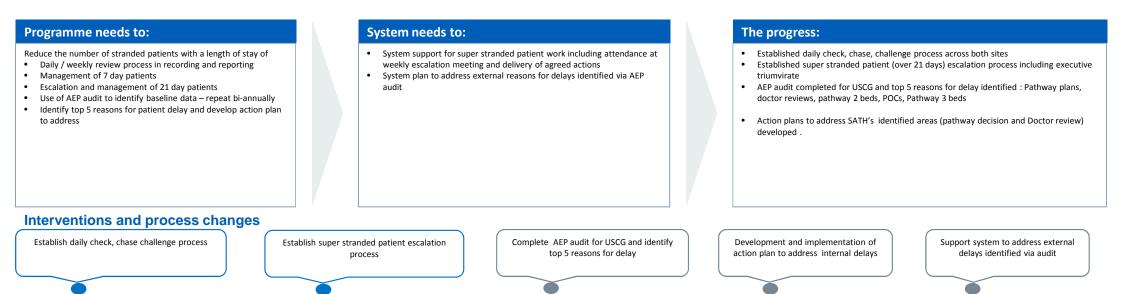
- The chief executive officer has met with and negotiated with HEE for an expanded cohort by Feb 2018- this has been declined
- The emergency department is recruiting to fill vacant posts.
- The clinical lead and workforce lead are attempting to mitigate the risk through the appointment of long term agency staff ahead of the recruitment plan delivering any substantive appointments. The trust recognises the financial risk associated with this decision.











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#### Risks

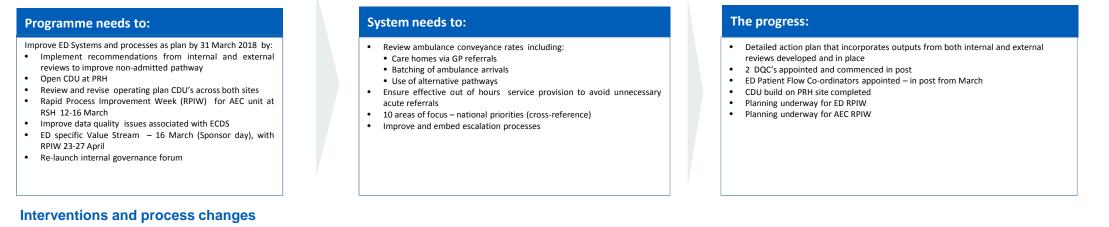
21

- 1 Medical workforce constraints
- 2. Medical ownership of AEP audit outputs
- 3. Engagement of therapy department in required changes to working practices
- 4. Achievement of SP plan requires change in custom and practice for clinical staff over prescription of social input noted
- 5. Engagement with local authority and Community Trust

reduce LoSper pt	No of ptsLoS greater than 6 days	Av LoS for stranded pts	beddays	beds at 100% occupancy	% Delivery of 180 target	reduction in beds required	OR	If beds maintained % occupancy	A
0	5334	15	81213	295	0%	0		100%	current beds used by stranded patients based on 17.18 dat
0.5	5334	15	78546	286	8%	9		97%	N
1	5334	14	75879	276	17%	19		94%	
1.5	5334	14	73212	266	25%	29		90%	
2	5334	13	70545	257 🤇	34%	38		87%	
2.5	5334	13	67878	247	42%	48		84%	best practice occupancy rate
3	5334	12	65211	237	51%	58		80%	
3.5	5334	12	62544	227	59%	68		77%	
4	5334	ш	59877	218	67%	77		74%	
45	5334	11	57210	208	76%	87		71%	
5	5334	10	54543	198 (	84%	97		67%	
5.5	5334	10	51876	189 (	93%	106		64%	1
5.95	5334	9	49476	180 🕻	100%	115		61%	Target 180 beds for stranded patients

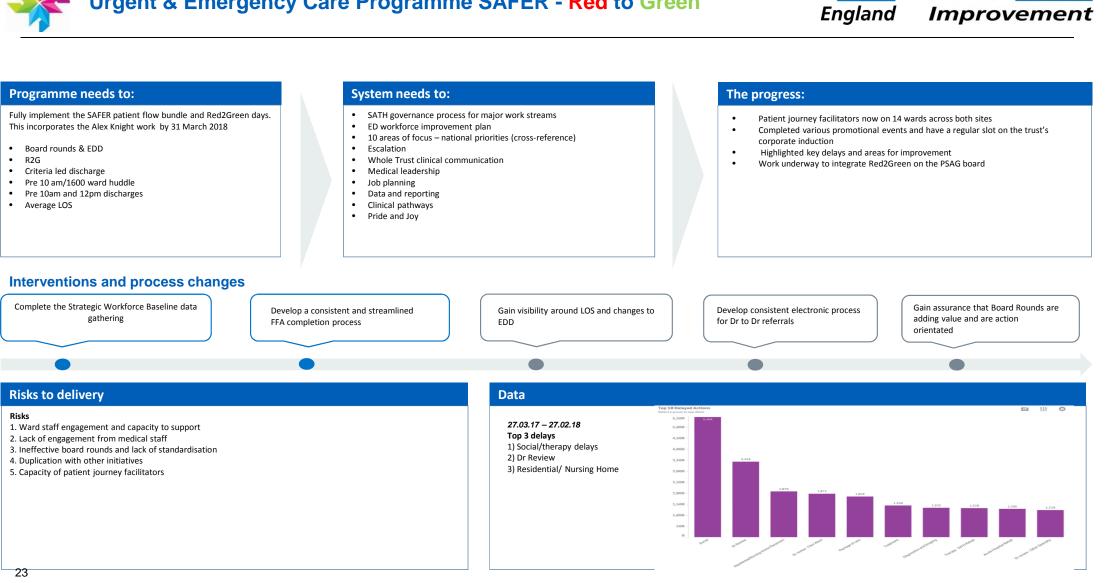
## Urgent & Emergency Care Programme ED Systems & Processes







Risks to delivery	Data			
Risks:         1.       Clinical ED workforce constraints – failure to appoint to doctor and nursing workforce gaps associated with ED business continuity         2.       Financial affordability associated with ED workforce plan         3.       Volume of external assurance visits impacting upon staff morale         4.       Pace of change required to deliver improvement         5.       Capability of teams to implement required changes         6.       Engagement of WMAS         7.       Impact of 111 and Shropdoc service changes	Potential improvement on ED performance 4.6%			



NHS

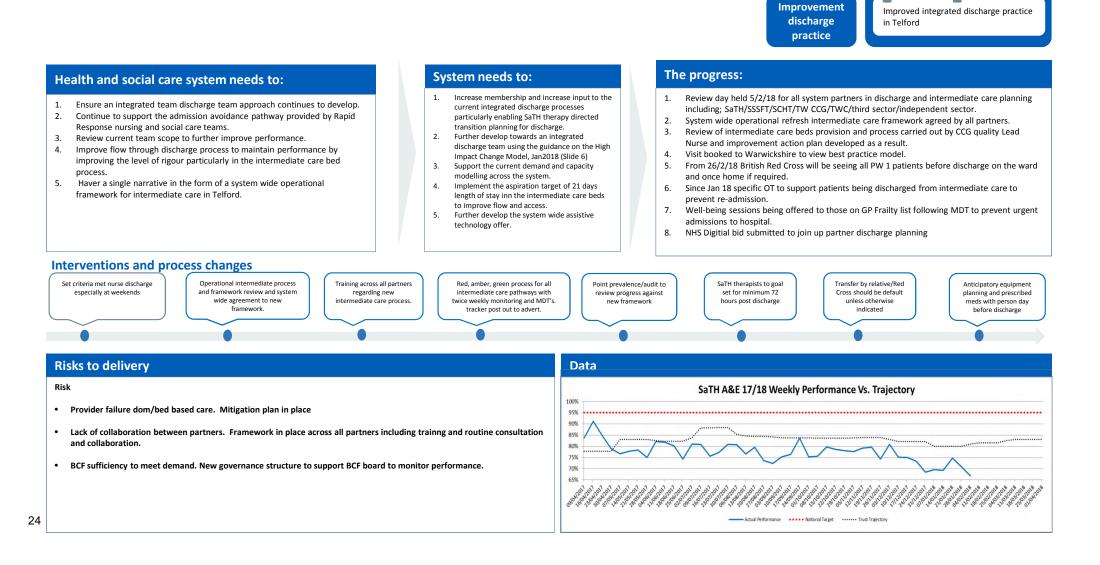
## Urgent & Emergency Care Programme SAFER - Red to Green

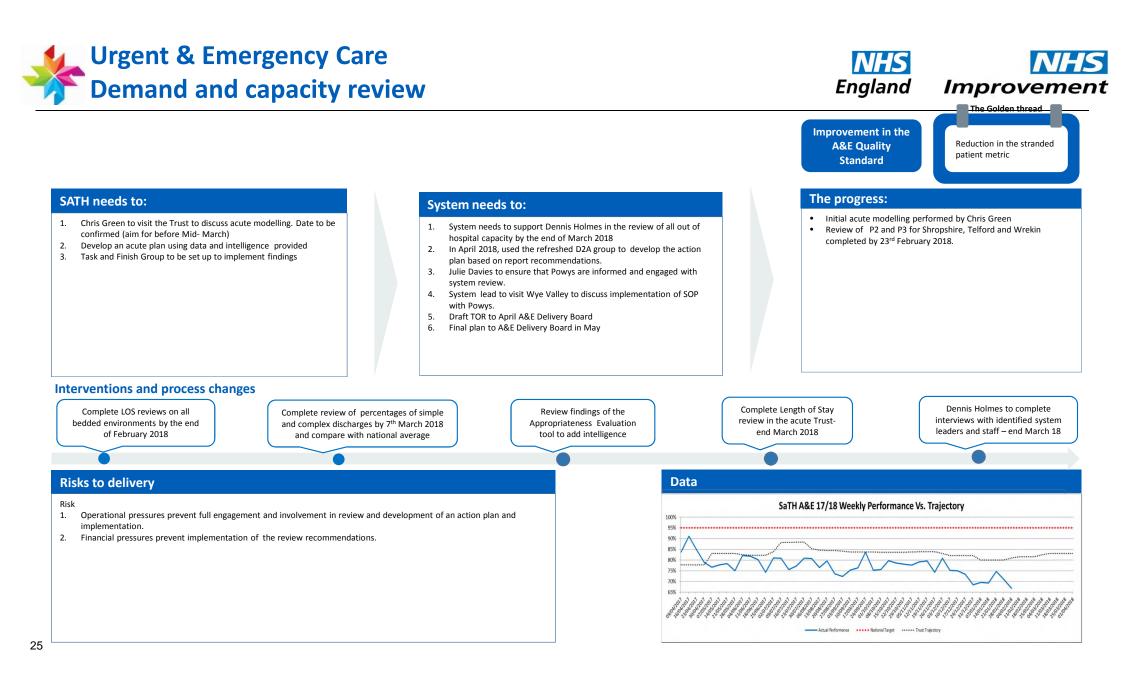


## Shrewsbury and Telford Hospitals NHS Trust Integrated Discharge Team



The Golden thread



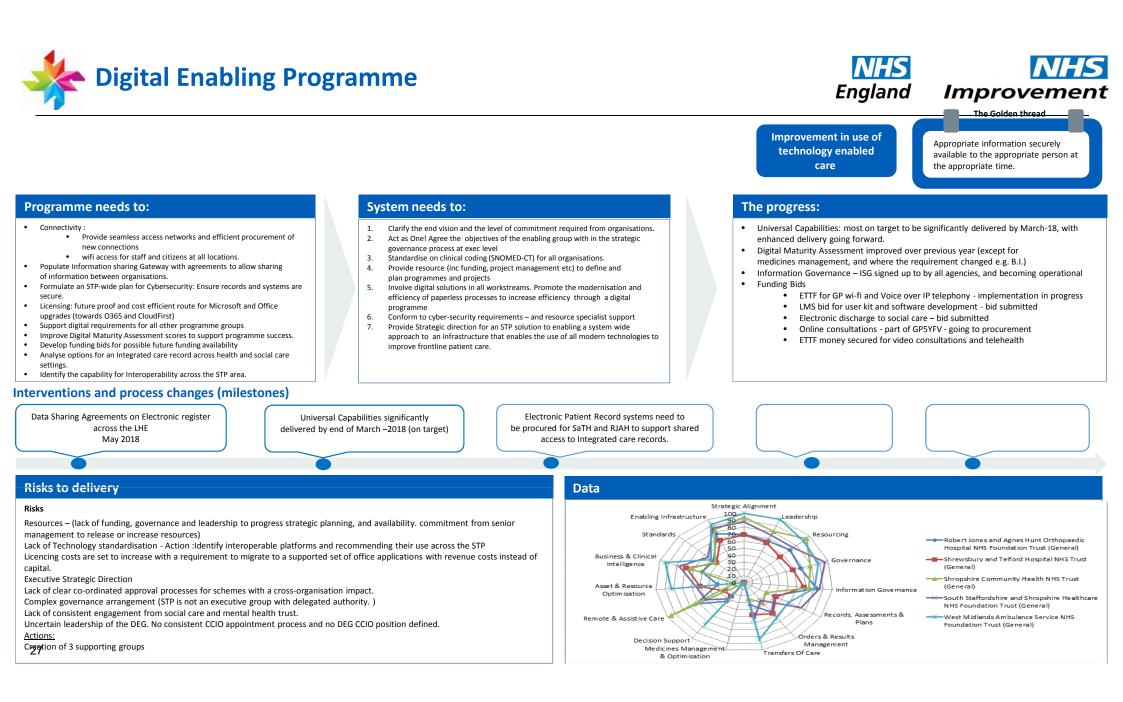


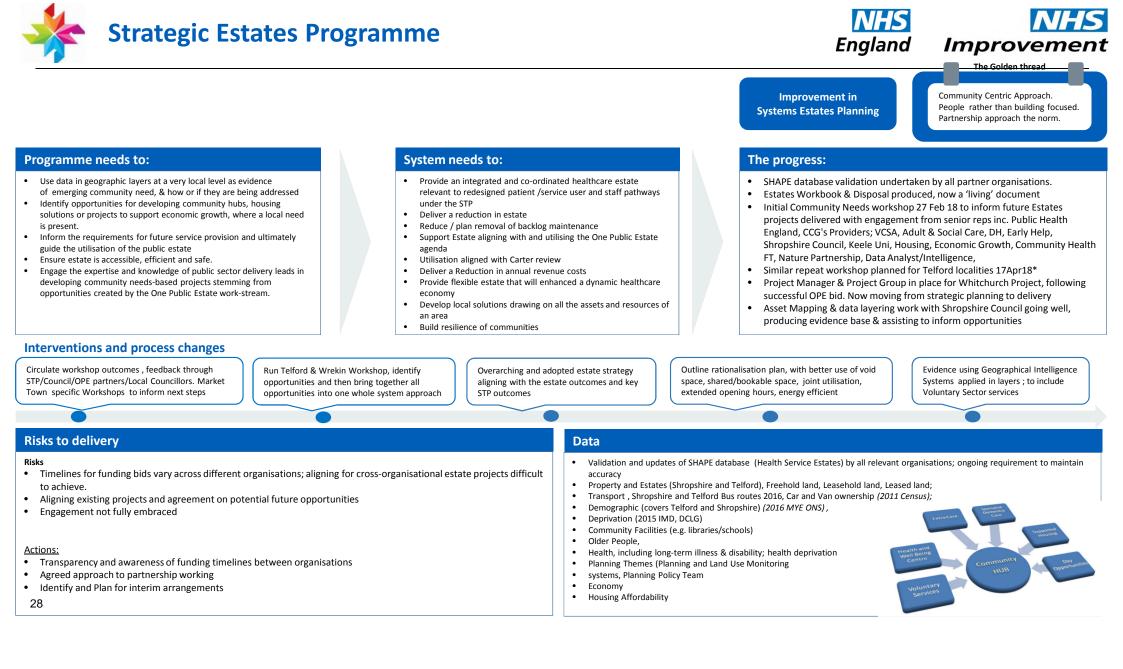


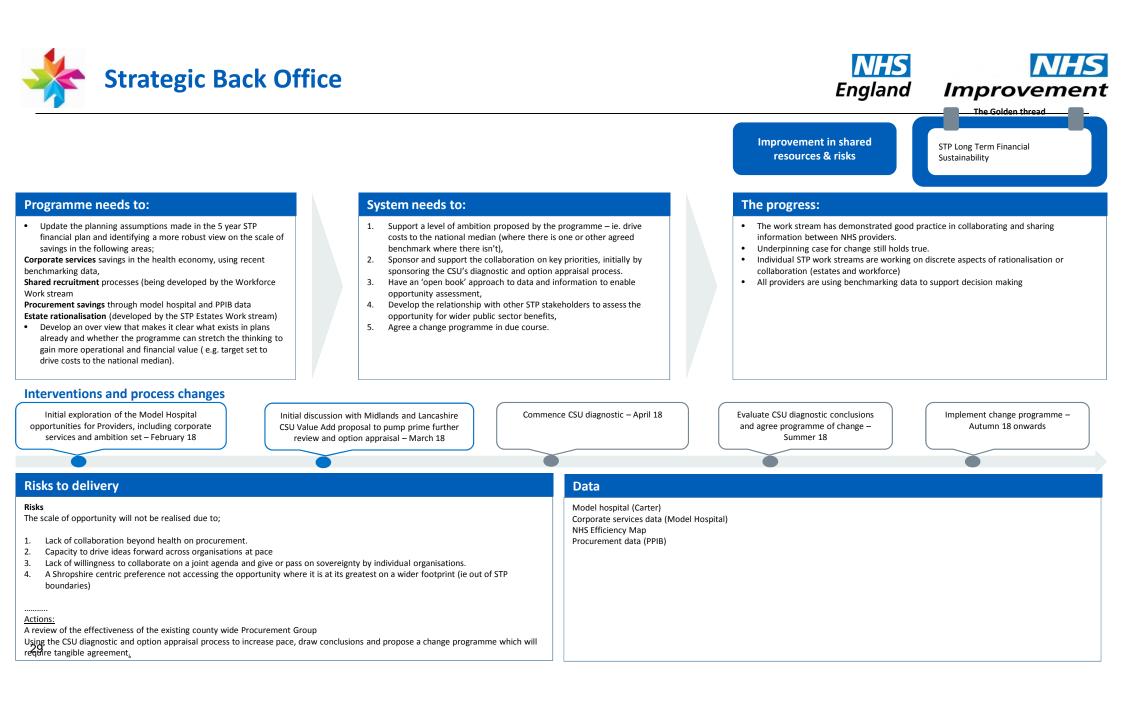
## Transformation Enablers

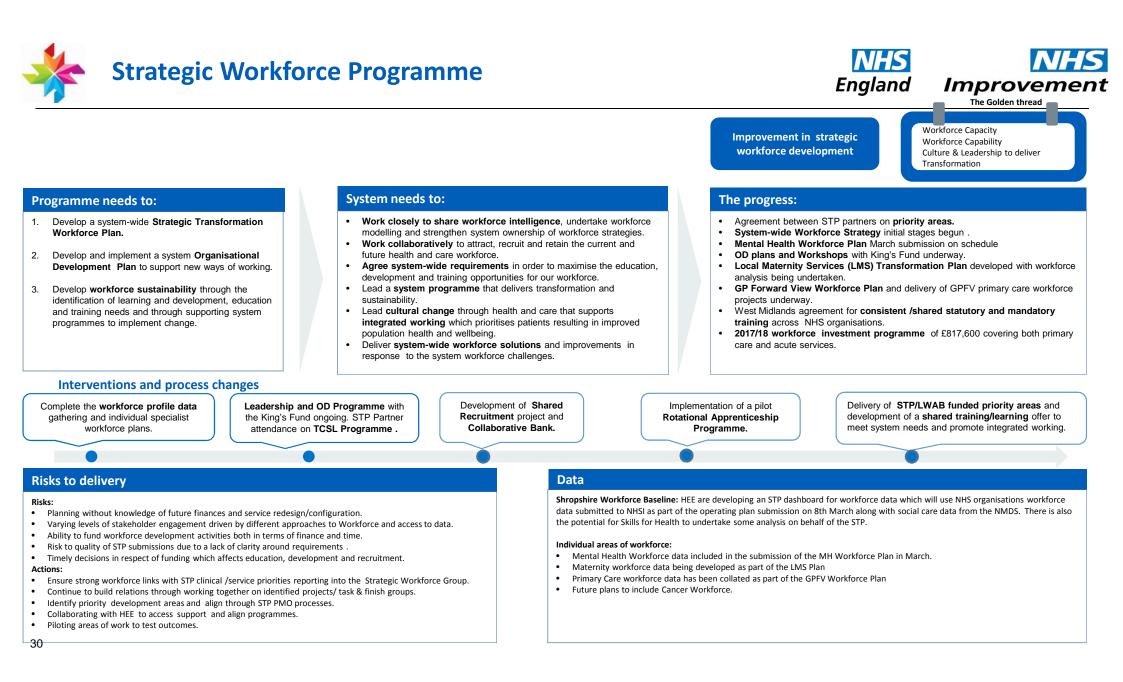
System Improvements

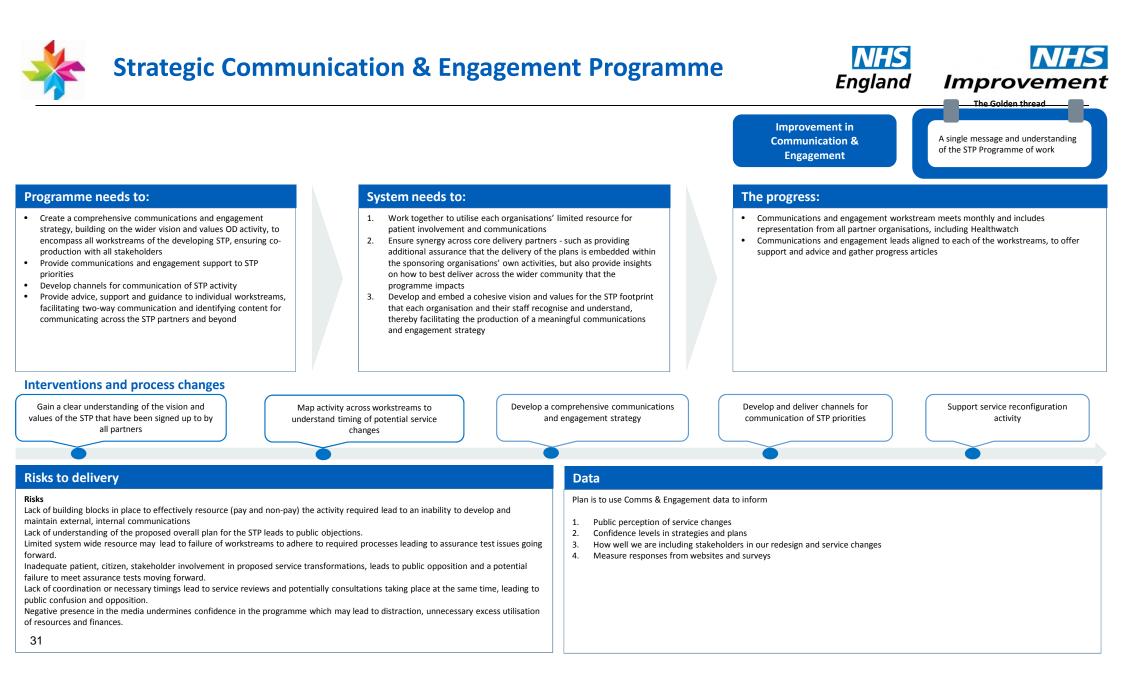
Plan on a Page













Develop and Deliver

System CVD &

**Diabetes Strategy** 

## **NHS** England Imp

MHS Improvement

## The programme needs to:

- 1. Develop our wider workforce to 'make every contact count' (MECC+) / proactive identification of people at risk of ill health and behaviour change conversations, brief interventions
- 2. Prevent harm due to alcohol, obesity and CVD
- 3. Support culture change and new working practices that help people at the earliest opportunity
- Support active signposting and develop a good understanding of how communities support people – linking to Social Prescribing
- Work across organisations (including the VCSE) to prioritise support for key population groups – address inequity and inequalities
- 6. Support and embrace the role of the VCSE and communities to drive forward prevention activity
- 7. Focus on developing a good understanding of need continual information provision for the JSNA
- 8. Improve communication between organisations

#### Interventions and process changes

## The system needs to:

- Systematically raise awareness and deliver lifestyle advice, signposting and referral by healthcare and other professionals, e.g. through MECC +, PHE's One You, including for:
  - Stop Smoking Support
  - Weight management

Deliver the prevention

expectations of cancer

strategy

- Physical activity programmes
- Immunisation opportunities, e.g. flu
- Improve the prevention, detection and diagnosis of CVD, specifically diabetes and hypertension
  - Radically upgrade the role of the NHS in tackling harmful alcohol consumption, through screening, identification, brief advice and referral into treatment services
  - 4. Deliver prevention expectations of the national Cancer Strategy
  - To ensure the systematic delivery of mental wellbeing services, including identification of mental ill health and prioritisation of emotional support
  - 6. Work together to make best use of resource and expertise

Develop system social

prescribing

infrastructure



Mobilisation of the National Diabetes Prevention Programme March-May

Neighbourhood working to build community capacity- focus on Healthy

Supporting Carers through all age strategies and Dementia Companions

Individual Placement Support Service for those in secondary MH services

Public Health Midwife, stop smoking support and maternal health advice

Develop and deliver a system prevention framework for all pathways

Delivery of Social Prescribing initiatives and infrastructure

Developing very positive joint working across health and care

Twitter and blog – using social media to inspire behaviour change

Developing and nurturing our community health champions

Development of an Integrated Care Navigation Programme

Delivery of Healthy Lives Programme and prevention services

Delivery of Fire Safe and Well Visits (since July 17)

The progress:

places, Active and Creative communities

Telford & Wrekin – Healthy Telford

Borough-wide lifestyle offer

Shropshire – Healthy Lives

Development of a system plan

to reduce harm related to

alcohol

STP

## **Opportunities**

The Golden thread

Embedding prevention through all

the work we do

- Smoke free hospital and
- brief interventions in hospital
  - Connecting to workforce (and funding) to support development of staff (link to MECC plus)
  - Mental health hubs, MH support in Local Maternity hubs, Early help for children and young people, link to Estates
  - Healthy hubs and social care support/ advice and guidance in hospital
  - Risky behaviour CQUIN
     link to MECC Plus

### **Risks to delivery**

Improve access and use of population

health and wellbeing data from across

the system to support decision making

1. Lack of buy in by partner organisations

- Risk to strategy delivery
- Risk to culture change needed
- 2. Investment in prevention programmes (national and local)
  - Local Authority Public Health Grant challenges
  - Lack of NHS investment in prevention

3. Medical and nursing capacity

- NHS Trusts (SaTH, SSSFT, ShropCom, RJAH)
- Primary Care

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Outcomes - how do we know it's working? DRAFT

Develop and Deliver

System Obesity

Strategy

#### Public Health Outcomes Framework

- Healthy life expectancy
- Health Equity
  - Smoking rates
  - Obesity children and adults
  - Physical activity
  - Wellbeing measures Social Prescribing
  - Reduction in GP attendances
  - Reduction in unplanned hospital admissions
  - Cancer rates
  - Harm due to alcohol alcohol admission rates

### **Connecting to other programmes**

- Health and Wellbeing Boards Strategic Planning (both T&W and Shropshire)
- Better Care Fund (T&W and Shropshire)
- Rightcare
- STP Neighbourhoods and Out of Hospital Programmes community development,
- GP 5 Year Forward View –

Develop the system MECC Plus

proactive approach, including

training and delivery plan

- Mental Health 5 Year Forward View preventing
- Maternity Services Transformation
- Workforce developing our
- Estates Partnership
- Musculoskeletal and Falls System Planning



## **System Strategic Finance Programme**

## NHS England

Improvement in

**System Financial** 

Position

Improvement The Golden thread

Provide improved financial support and probity

through impartial, transparent, accurate,

timely, complete and relevant financial

### **Programme needs to:**

- Provide clear, timely, accurate and relevant financial information and reporting to internal and external stakeholders including NHSE/NHSI, member organisations, Executive groups and individual work stream programmes and enabling work streams
- Support individual and collective work stream program managers, provider and commissioner finance teams to provide financial guidance to achieve defined outcomes and benefits including specific programme targets and timelines
- Support identify the optimum decisions with pertinent financial • information.
- Increase the financial profile and raise financial understanding amongst non-financial management
- Better understand the objectives and congruence with each work stream to advise most appropriate action/outcome.
- Provide clear financial overview of each work stream, timing and planned gap to achieve overall financial control total.

### Interventions and process changes

Understand and report control gap Support work streams, providing financial management, help define and achieve financial and quality goals

- System needs to:
- Clearly define objectives, activity, resource, milestones within each program work stream to enable accurate assessment of financial impact and timings of each work stream quantifying target financial benefit / cost.
- Clearly define current financial position for each work stream
- Share all pertinent current financial information.
- Organisations needs to appoint and advise of financial resource (personnel) for each project.
- Greater financial transparency; Organisation needs to share financial information sufficient to be able to identify potential double counts for QIPP/CIPS and identify any performance / activity / demand / income / expenditure gaps.
- Identify additional cost savings to recover adverse in year FOT performance
- Include a suitable provision (target over-performance) to cover performance slippage and help protect control total target attainment

information across the Integrated Care System. The progress: Identifying current financial gaps in STP outturn group performance Started to work with LMS projects to understand project objectives, milestones and financial impact with timings (process needs to be completed for all work streams) . Supporting Estates work stream improving financial transparency and congruence with the members' strategic capital investment plan Establishing a credible portfolio of executive reporting tools for financial transparency to aid control and improve relevant response Developing a risk register that includes valuations of risk, pre and post mitigation potential

Building strong links with CCG and provider finance teams to aid transparency and consistency to help provide a congruent financial footing for effective decision making

Work with the Integrated Care System and work streams to:

- 1. attain / retain identified financial and quality benefits
- 2. Identify additional opportunities to recover the reported control deficit

3. Establish a work plan provision for a robust trading position (aim for over delivery)

Develop and deliver channels for communication of STP priorities

Identify capital requirements and ensure full disclosure (link with estates strategy

### **Risks to delivery**

- Risks
- ٠ '17/18 FOT negative variance from control totals; achieving underlying financial performance targets. Additional plans required to recover this forecast deficit.
- Future CIP, QIPP and STP double counts between commissioners / providers •
- Co-operation and necessary disclosure between all member organisations.
- Triangulation and accuracy of contract activity and income assumptions between CCG and provider. ٠
- Availability and timing of capital for strategic change e.g. Future Fit requirements. ٠
- Resource; STP finance support available throughout project life . ٠
- Extended double running; timings of inter-connected and enabling work streams essential to ensure efficient transformation and full financial benefit attainment.

## Data

- 1. System Data in relation to finances will be shared via the following routes
  - Strategic Leadership Group
  - Organisational Board Meetings
  - System Finance Group

All data in relation to system finance will need to be consolidated and checked for accuracy

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## **STP PMO Support**

- STP PMO are a flexible system resource allocated across a number of Transformation Enabling & Delivery programmes
- Their key role is to support existing system staff: Programme Management, including project set up, engagement, reporting, risk mitigation, benefits realisation.
- STP PMO can provide standard templates and methodologies where those don't already exist and support the system as required.
- They hold a system wide view and can help identify interdependencies and risks across system programmes of work
- STP PMO are NOT leaders for programme delivery, they support coordination and facilitation to drive change. The leaders come from within the system itself.
- The PMO will hold the System Project register

## **Current Support Provided**

- The next slide shows the STP Team Resource and allocated area of work
- Where STP Partners have existing resource, the ethos is to work in a matrix approach to avoid duplication and to ensure added value
- Collaborative working will be facilitated through SharePoint shared files and virtual working practices using Skype and Microsoft teams

## **STP Governance**

- STP has no authority and is bound by current governance arrangements, it relies on partnership and trust between STP Partner Organisations through the STP Strategic Leadership Group (System CEO's)
- STP Priorities are driven nationally & locally and are influenced by System Leadership and STP Clinical Strategy Group
- Patient & Public involved is required in Every Delivery & Enablement Group, it's a requirement of individual workstreams to ensure this occurs as required.
- STP Programme Board is where system Programme Delivery and Enabling Workstreams come together to share progress and mitigate / escalate risk as required (this Group is due to be reconvened in April 18)



## To contact a member of the team or ask any questions please contact:

**STP Programme Director** Phil.Evans1@nhs.net **Programme Leadership STP Urgent Care Director** Claire.Old1@nhs.net System Urgent & Emergency Care **PMO Transformation & Enablement** Jo.Harding1@nhs.net STP Head of PMO **STP Communication & Engagement Lead** pam.schreier1@nhs.net System Communication & Engagement **STP Senior Project Administrator** STP Diaries, Meetings, Requests, J.Knott@nhs.net **STP Programme Manager** Andrea.Webster5@nhs.net Transport, Telford Neighbourhoods **STP Programme Manager** Penny.Bason@nhs.net Future Fit, Population Health, Prevention, STP Programme manager Robgray@nhs.net **Digital Enablement STP Programme Manager** sara.edwards3@nhs.net Strategic Workforce Estates, Back Office **STP Programme Manager** Maggie.durrant@nhs.net **STP Programme Manager** Paul.gilmore1@nhs.net System Finances Jill.barker4@nhs.net Urgent Care, MSK STP Programme Manager Future Fit Programme Support haley.barton1@nhs.net Future Fit Programme Project Support Future Fit Senior Communication & Engagement niki.mcgrath@nhs.net Future Fit Programme kathryn.smith37@nhs.net **Future Fit Communication & Engagement** Future Fit Programme

All Resource is coordinated through STP Programme Leadership and PMO and area's of responsibility may change according to STP priorities. The team work across all sites and are a combination of full and part time staff.

If you have a programme of work not already identified in this slide pack that you would like to see developed across our system that has clear **SYSTEM** benefits:

Please contact <a href="mailto:io.harding1@nhs.net">jo.harding1@nhs.net</a>

Existing governance arrangements will still apply to all programmes of work in terms of approvals

