

NHS Long Term Plan: Update



Agenda

- 1. NHS Long Term Plan**
- 2. Local translation - What could this mean for us?**
- 3. Q&A**

NHS Long Term Plan

- In June 2018 the Prime Minister set out a funding settlement for the NHS in England to cover the next five years



= £20bn over the
next 5 years.

- In return, the NHS was asked to come together to develop a long term plan for the future of the service

The Long Term Plan is all about...

- Making sure everyone gets the best start in life
- Delivering world-class care for major health problems
- Supporting people to age well
- Ensuring NHS staff get the support they need
- Digitally enabled care
- Effective use of resources



NHS
Long Term Plan

#NHSLongTermPlan

Headlines from the Long Term Plan

A new service model for the 21st century with a series of improvements to be delivered in the following five key areas :-

- Improving out of hospital care (primary and community services)
- Reducing pressure on emergency hospital services
- Delivering person-centred care
- Digitally enabled primary and outpatient care
- A focus on population health and local partnerships through Integrated Care Systems (ICSs)



Headlines from the Long Term Plan

A strong start in life for children and young people

- Action on prevention and health inequalities
- Reduction in stillbirth and mortality
- Continuity of care
- Perinatal mental health
- Children and Young Peoples MH services with a 0-25 focus including an increased focus on school and college based teams
- A more comprehensive offer



Headlines from the Long Term Plan

World class care- major health conditions:

- Integrated pre-hospital urgent care
- Urgent Treatment centre offer by 2020
- Same day emergency care increasing on the day discharges
- Preventing heart disease, strokes, and dementia cases
- Earlier cancer diagnosis
- Spending at least **£2.3bn more** a year on mental health care
- More people to get therapy for depression and anxiety by 2023/24
- Increased focus on community-based physical and mental care for people with severe mental illness by 2023/24



Headlines from the Long Term Plan

Ageing well:

- Increasing funding for primary and community care by at least £4.5bn, bringing together different professionals to coordinate care better
- Helping more people to live independently at home for longer with more rapid community response teams to prevent unnecessary hospital spells
- Upgrading NHS staff support to people living in care homes
- Improving the recognition of carers and support they receive
- Giving more people more say about the care they receive, particularly towards the end of their lives

Delivering ambitions

- Doing things differently
- Preventing illness and tackling health inequalities
- Backing our workforce
- Making better use of data and digital technology
- Getting the most out of taxpayers'

investment in the NHS



Workforce

- Increase the NHS workforce, training and recruiting more professionals (including more clinical placements for undergraduate nurses, more medical school places, and more routes into the NHS such as apprenticeships)
- Take steps to make the NHS a better place to work, so fewer staff leave and more feel able to make better use of their skills and experience for patients



Digital

- Provide more convenient access to services and health information for patients, with the new NHS App as a digital ‘front door’
- “Revolutionise the approach to Outpatients”
- Provide better access to digital tools and patient records for staff
- Improve the planning and delivery of services through the greater use of analysis of patient and population data



Finance

- Return the NHS to financial balance
- Cash releasing productivity of a minimum of 1.1% per year
- Reduce growth in demand through integration and prevention
- Accelerate turnaround for the 30 worst performing trusts
- Efficiency improvements including the use of E rostering, Carter review



Other key themes



Integrated Care Systems (ICS)

- Every STP to transition to an ICS by 2021
- Each ICS will have a Strategic commissioning function and at least one provider alliance
- 80% of the work will happen at “place level”
- Takes responsibility for population health



Local translation:

- Many of the key areas of work outlined in the Plan are already being developed by our local **Sustainability and Transformation Partnership covering Shropshire, Telford & Wrekin**

These priorities are consistent with the themes outlined in the 10 year plan, including;

- improving outcomes in areas such as **cancer** and **stroke**,
- greater focus on **mental health** and **learning disability** services
- providing **more care and treatment at home** to reduce unnecessary admissions to traditional acute hospital services, and
- putting real **emphasis on prevention** where individuals are better equipped to manage more aspects of their long-term conditions themselves, and where communities are supported to live healthier and active lives.

Stakeholder Engagement

- Long Term Plan presents opportunity for wider staff and stakeholder engagement on our local priorities
- Activity will build upon which has already been engagement carried out within the STP footprint
- Working very closely with Healthwatch who will support this engagement by targeting hard to reach areas of our communities to ensure all voices are heard
- Views will inform the development of the Long Term Plan for Shropshire, Telford & Wrekin.



We want your views...

- What do you like about the NHS Long Term Plan?
- Is there anything you don't like about the NHS Long Term Plan?
- How could we improve the health and care services for the local people in Shropshire, Telford & Wrekin?