



**Are you currently pregnant?**

**Or have you recently had a baby?**

**Do you want to meet other mums?**

Strickland Mums is a peer led support group running weekly across Telford and Shropshire, offering mums mental health support postnatally as well as during their pregnancy.

**COME ALONG** and have a drink and a chat at the following sessions:

- **The Park Lane Centre, Woodside, Telford**  
Every Thursday 2pm—4pm
- **Share, Shrewsbury Community Hub**  
Every Friday 2pm—4pm
- **Whole Life Christian Centre, Oswestry**  
Every Saturday 1pm—3pm

**Children are very welcome to come along too.**

For further information please contact Strickland House,  
The Lawns, Wellington, TF1 3BX  
01952 899204/01952 899205



Funded by the Shropshire and Telford & Wrekin  
Local Maternity System

