

Cover page	
Meeting	Trust Board (Public Session)
Paper Title	Good Corporate Citizen Annual Report
Date of meeting	3 rd October 2019
Date paper was written	17 th September 2019
Responsible Director	Julia Clarke
Author	John Ellis-Tipton
Executive Summary	
<p>The Trust continues to be recognised locally and nationally for its sustainability initiatives, including those around water, waste and green spaces. We are committed to the protection of the environment and improving the quality of life of the population we serve, so they may become the Healthiest Half Million on the planet.</p> <p>The Trust's Good Corporate Citizen Group meets quarterly to review progress and agree actions. Our position is measured using the NHS Sustainable Development Unit's Assessment Tool, has and has improved during the year from 65% to 72 %. The Assessment Tool will also be used to inform the review of our Sustainable Development Management Plan over the coming months, enabling resources to be prioritised for key areas.</p> <p>This Annual Report to The Board, highlights our achievements during 2018/19.</p>	
Previously considered by	Sustainability Committee (22 nd August).

The Board is asked to:			
<input type="checkbox"/> Approve	<input type="checkbox"/> Receive	<input checked="" type="checkbox"/> Note	<input type="checkbox"/> Take Assurance
To formally receive and discuss a report and approve its recommendations or a particular course of action	To discuss, in depth, noting the implications for the Board or Trust without formally approving it	For the intelligence of the Board without in-depth discussion required	To assure the Board that effective systems of control are in place

Link to CQC domain:				
<input type="checkbox"/> Safe	<input checked="" type="checkbox"/> Effective	<input type="checkbox"/> Caring	<input checked="" type="checkbox"/> Responsive	<input checked="" type="checkbox"/> Well-led

Link to strategic objective(s)	<p><i>Select the strategic objective which this paper supports</i></p> <p><input type="checkbox"/> PATIENT AND FAMILY Listening to and working with our patients and families to improve healthcare</p> <p><input type="checkbox"/> SAFEST AND KINDEST Our patients and staff will tell us they feel safe and received kind care</p> <p><input checked="" type="checkbox"/> HEALTHIEST HALF MILLION Working with our partners to promote 'Healthy Choices' for all our communities</p> <p><input checked="" type="checkbox"/> LEADERSHIP Innovative and Inspiration Leadership to deliver our ambitions</p> <p><input checked="" type="checkbox"/> OUR PEOPLE Creating a great place to work</p>
Link to Board Assurance Framework risk(s)	<p>RR 1186 If we do not develop real engagement with our community we will fail to support an improvement in health outcomes and deliver our service vision</p> <p>RR 423 If we do not get good levels of staff engagement to get a culture of continuous improvement then staff morale & patient outcomes may not improve</p>

Equality Impact Assessment	<p><input checked="" type="radio"/> Stage 1 only (no negative impact identified)</p> <p><input type="radio"/> Stage 2 recommended (negative impact identified and equality impact assessment attached for Board approval)</p>
Freedom of Information Act (2000) status	<p><input checked="" type="radio"/> This document is for full publication</p> <p><input type="radio"/> This document includes FOIA exempt information</p> <p><input type="radio"/> This whole document is exempt under the FOIA</p>
Financial assessment	



Good Corporate Citizen

Annual Report 2018/19



“As the world faces up to a climate emergency, we are committed to delivering an internationally recognised system known for its environmentally friendly services that make the best use of our resources”

Shropshire, Telford and Wrekin Sustainability and Transformation Partnership





Our Sustainable Future

Julia Clarke

**Director of Corporate Governance and
Good Corporate Citizen Lead**

The responsibility that we as a health care service have towards our patients, visitors, staff, volunteers and society as a whole, has shaped the Trust. In conducting our business, we want to create sustainable value through innovative solutions. This conviction is the foundation on which the strong engagement of our people and the long-term successful development of SaTH is built. Our ambition to operate sustainably throughout the Trust and along our entire value chain, will help to improve our efficiency and reduce risks.

In conjunction with Shropshire, Telford and Wrekin Sustainability and Transformation Partnership, we will acknowledge and respond to the global climate emergency - developing an environmentally-friendly

health and care system by delivering high quality care and improved public health without exhausting natural resources or causing severe ecological damage.

The international community has made enormous progress toward a common understanding of the sustainability priorities. We want to actively contribute to achieving this, through further embedding sustainability in our business. In playing our part, we are engaging with our people, utilising their knowledge and expertise, developing partnerships in all areas of our activities, and finally relying on the strength of our reputation as a sector leader in sustainability matters. This is also part of the strategic vision for partners in our local STP.

The coming year will see us refresh our Sustainability targets to reflect NHS and national targets, so that we can be proud of our contribution.

Contents

3 About

7 Our performance

13 Our Progress

19 Our People

24 Next Steps

About SaTH Sustainability

We are immensely proud of our sustainability programme; we aim to create sustainable value with everything we do together with our staff, partners and stakeholders. The Trust has a strong reputation and has received **local and national recognition** for our sustainability initiatives. We are committed to the protection of the environment through reducing our emissions, new garden areas for wildlife which our staff and patients can enjoy, reducing inter-site logistics vehicle movements, and no longer allowing diesel models for replacement pool and lease vehicles. We continue to monitor our sustainability performance using the national Sustainable Development Assessment Tool (SDAT) and can report an improvement from 65% to 72%, which continues in 2019. Our buildings-related carbon emissions have continued to fall by an average of 6% per year over the last four years. The Trust has also been awarded in excess of £800k to install LED lighting and is presently awaiting confirmation of the fund release. In 2019, we will be reviewing and refreshing our Sustainable Development Management Plan, aligning it to the SDAT and to NHS and national environmental commitments, to ensure that we continue to improve our overall sustainability position, whilst delivering tangible financial and local environmental benefit.

We are always delighted to receive comments and suggestions regarding sustainability matters which can be directed via our dedicated email: sath.sustainability@nhs.net

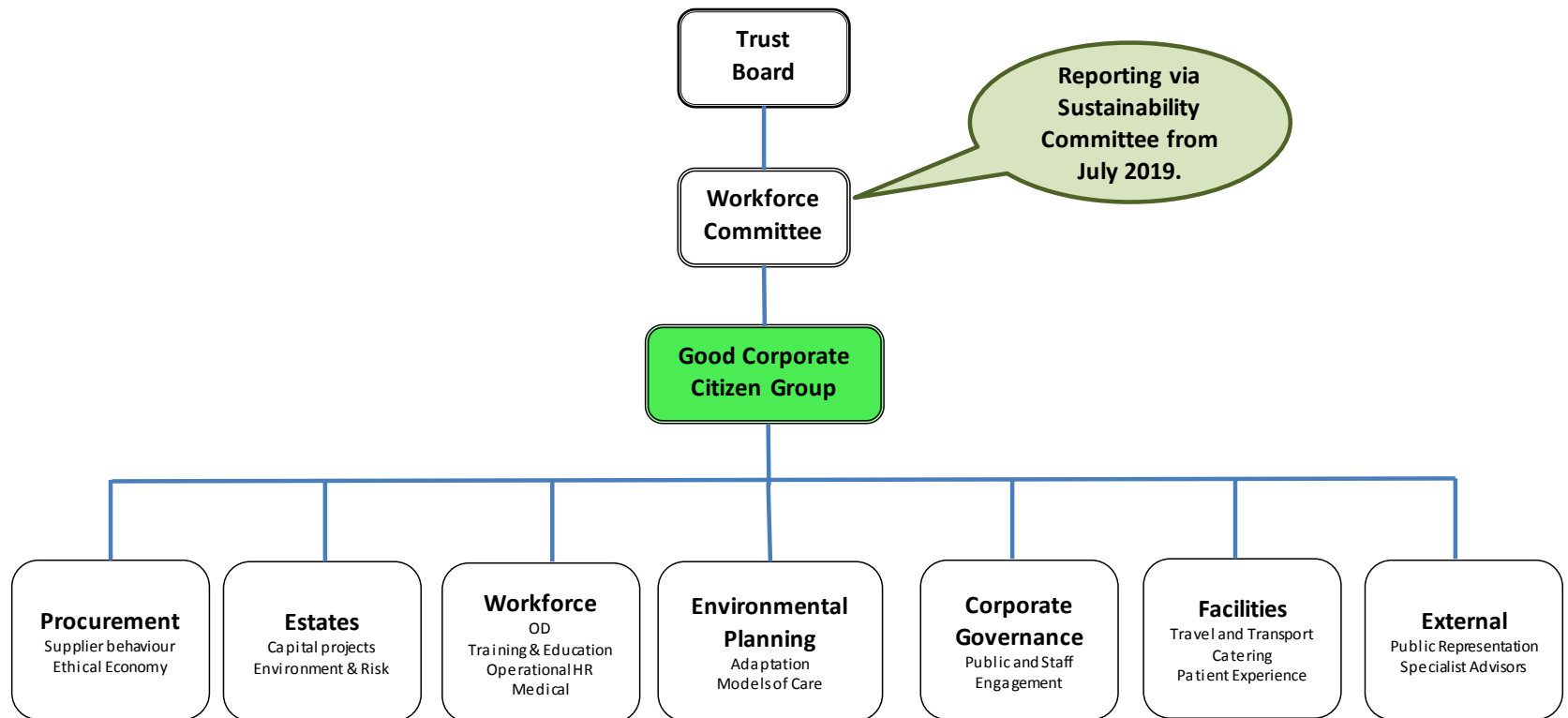
Aims of our programme



Reporting and Governance

The Good Corporate Citizen Group has multi-disciplinary representation in its membership. The Group reports directly to Workforce Committee and a summary of Group activity goes to the Trust Board six-monthly.

Sustainable Development Governance Framework



How do we drive Sustainability at SaTH?

The global environmental footprint of humankind is already greater today than the planet's resources can sustain. *Earth Overshoot Day* gets earlier each year – the 29th July this year. We need to ensure that our services are efficient, so as to consume less input materials.

We aim to use our own experience in sustainability, together with that of other organisations, to develop and implement solutions that are fit for the future. The GCC Group is a forum to facilitate this.

We will monitor our performance using the NHS SDU toolkit, and use this to inform the key areas for focus. Our Sustainable Development Management Plan will be refreshed to reflect our priorities.

1. Become resource efficient



2. Meaningful engagement



3. Focus on key areas



Overview of our Sustainability Strategy

Our Vision

A sustainable health and care system that works within the available environmental and social resources, protecting and improving health now and for future generations, and adopts a positive approach to improving physical and social sustainability.

What strategy are we pursuing?

Our ambition is to achieve more with less. This means we create more value for our service users, for the communities we serve, and for our organisation – with a reduced financial and environmental footprint.

What goals do we have?

1. A Healthier Environment. Reducing our impact on the natural and human environment through transport, energy and water usage, raw material consumption and waste management.
2. Resilience of our Services. To ensure that our estate, services and staff are prepared for weather extremes, through having adequate Adaptation Plans in place.
3. Contributing to Healthy lives, communities and environments. Building immediate and longer-terms benefits to reduce the care needs of the communities that we serve.

What targets have we set ourselves?

Our refreshed SDMP will set out the targets we wish to achieve across the ten core areas allied to the UN Sustainable Development Goals .



Our
performance

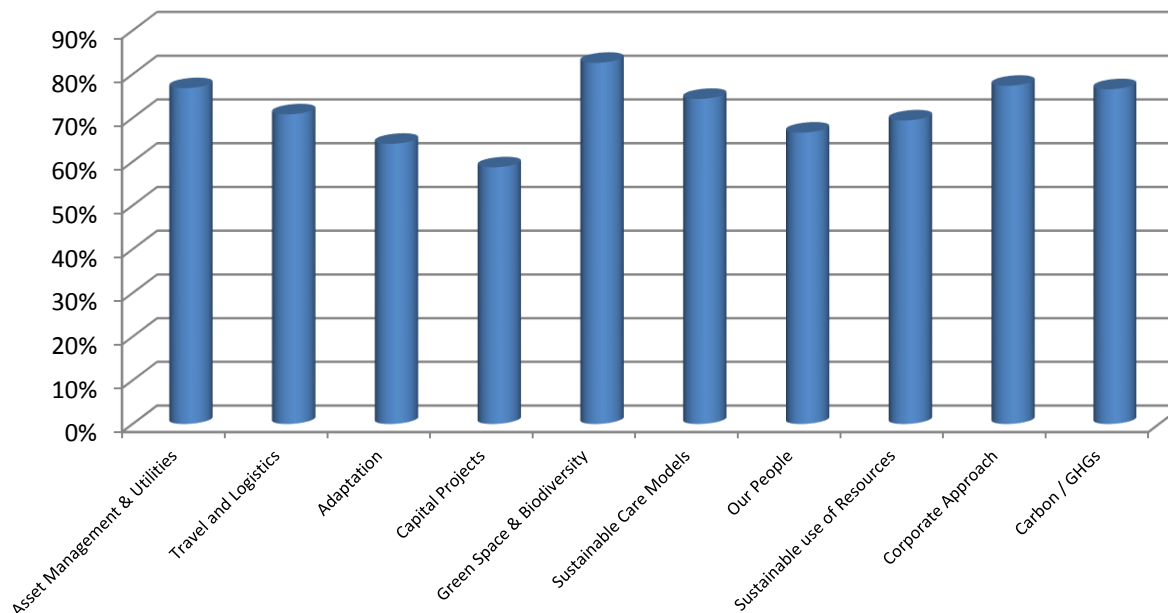


Sustainable Development Assessment

SDU assessment framework

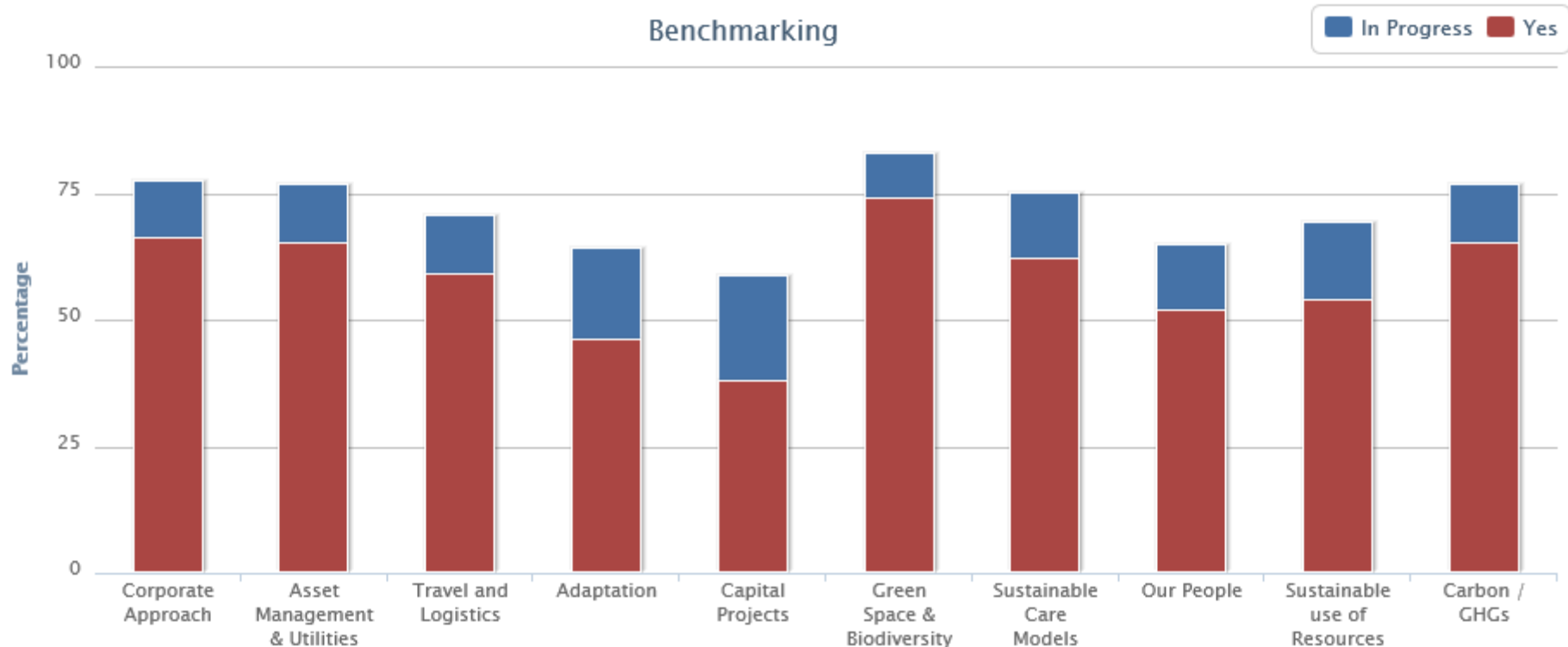
- Introduced in 2008 by the NHS Sustainable Development Unit, as the Good Corporate Citizen framework, it has now been superseded by the *Sustainable Development Assessment Tool*.
- It is designed to help NHS organisations assess how local action is contributing to the UN Sustainable Development Goals.
- Supports design of the Sustainable Development Management Plan.
- Contains 296 statements across ten core areas – we self-assess against each statement.
- (Performance comparison to other Trusts not yet available)

SaTH's SDAT Score 2019 – we achieved 72% overall (up from 65% last year)



Performance across the themes

The data shows a high proportion of each theme as having achieved completion, with scope for further work this year.



SaTH's position relative to other Trusts

71% of NHS Providers
have an **SDMP**.

WE HAVE

38% of NHS Providers
have a Board-approved
Adaptation Plan.

WE HAVE

9.4% average NHS
building-related **carbon**
emissions reduction since
2013/14.

SATH'S IS DOWN 20.4%

85% of NHS Organisations
produce an annual
Sustainability Report.

WE DO

57% of NHS Providers
have a Board-approved
Travel Plan.

WE HAVE



Sustainable Health and Care Awards 2018



Award Category	Title
Corporate Approach – Sustainable Excellence	Think Globally, Act Locally
Waste and Resources	Managed Print Project
Sustainable Health Care Leader of the Year	Julia Clarke



Blue Business Award

For water-saving measures (Food waste digesters)



Green Apple Award

For Furniture and Equipment Recycling (Warp-it)

SaTH has scooped an international environmental award for recycling surplus hospital equipment and furniture, making savings of £80,000.



The Trust has won a Green Apple Award – Gold Level - as part of the recognised International Green Apple Environment Awards for Environmental Best Practice for its work using Warp-it, a national online re-distribution network which aims to reduce waste. The presentation was made in the Houses of Parliament.



Instead of going to landfill or spending unnecessarily on new items, hospital staff have been using Warp-it to seek and provide a new home for surplus items - from paper clips and filing trays to cabinets, desks and chairs.

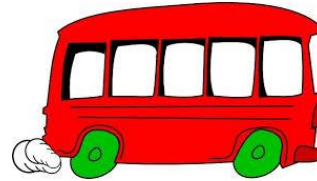
Our progress



Headline achievements

Travel and transport

- Liftshare – 400+ members
- 450,000 miles saved (88 tonnes CO₂)
- Active travel - cycle salary sacrifice scheme runs year round. Bespoke travel planning service for staff
- Working with LAs to improve access and transport infrastructure
- Staff discounts for public transport, with better access (bus to Treatment Centre)

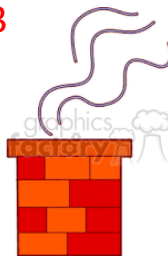


Reuse

- Warp-it system now has over 760 SaTH users
- CO₂ emissions reduced by 36 tonnes
- Total savings in year around £80k
- Successful partnerships established with Ministry of Justice, Collect-Eco, Over2Hills, Holiday Inn

Energy

- 20.4% reduction in buildings carbon emissions since 2013 baseline (despite increased footprint),
- 7,652 tonnes CO₂ saved.
- Successful bid for £800k for LED lighting.



Procurement

- 100% recycled paper introduced.
- Reviewed pathology cross-site deliveries, saving 19,000 miles and 4 tonnes CO₂.
- New working methods to reduce wasted stock.



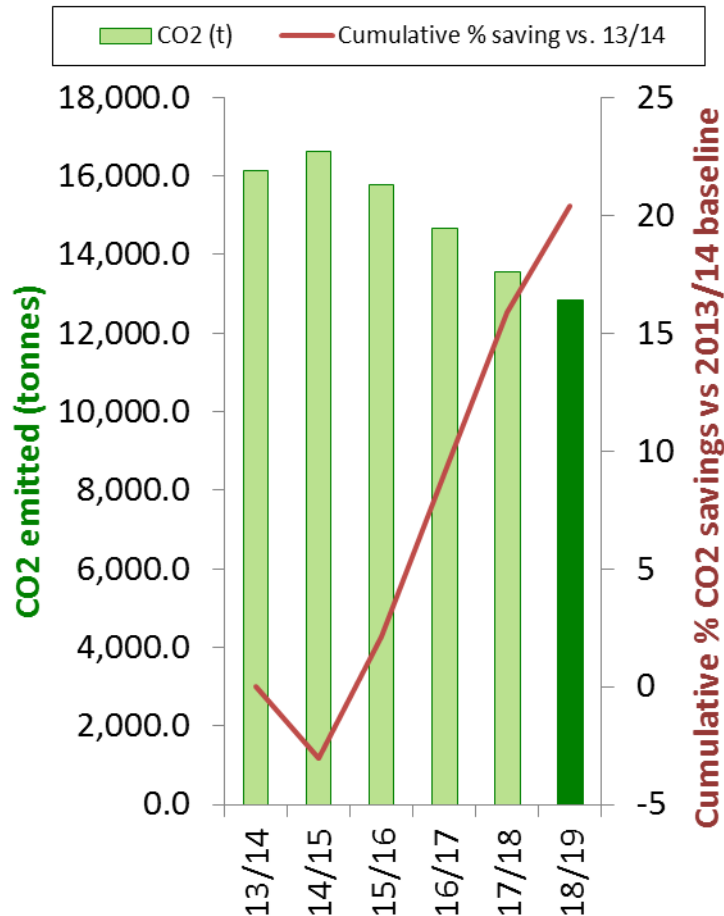
Catering

- Now using wooden cutlery in all commercial outlets (225,000 plastic items saved).
- Reusable cups available in Caffé Bistro (minimum 3,000 single-use cups saved)



Carbon reduction

SaTH participates in the national CRC Energy Efficiency Scheme (formerly known as the “Carbon Reduction Commitment”) - a levy for each tonne of CO₂ emitted by the organisation



- CO₂ emissions reduced for fourth consecutive year
- 20.4% reduction since 2013/14 baseline
- Achieved with significantly reduced CHP* output, owing to technical problems with the RSH unit
- The annual cost of the CRC was £235k (£240k in previous reporting year)
- Overall energy usage (gas and electricity) decreased by 0.5% compared to previous year, despite additional MRI at RSH:
 - further LED lighting installation
 - waste food digesters (reducing hot water usage)
 - theatre ventilation controls (RSH)
 - adjustments to heating control system

* CHP - combined heat and power. A cogeneration system that simultaneously produces heat and electrical power from gas

Procurement and supply - our value chain

This is how, together with our partners, we are improving sustainability along our value chain which benefits our environment as well as promoting health and wellbeing

One of our teams was shortlisted for a national award after making financial savings of nearly £2 million.



The team introduced new and improved working methods, which helped them to remove unnecessary jobs and reduce the value of stock held in store rooms, all of which significantly cut down on wastage and transport costs.

Catering

This is how, together with our partners, we are improving sustainability along our value chain which benefits our environment as well as promoting health and wellbeing



Encouraging the move away from single-use cups and plastic cutlery.



Encouraging healthy eating.

Health and wellbeing

To ensure we stay connected with the world around us, to focus on why sustainability is important



Key partnerships with Shropshire Wildlife Trust, NHS Forest and Praise Bee Charity to attract and conserve wildlife, reintroduction of native species, tree planting and pollinators

To help with maintaining mental and physical health, keeping fit and well and connecting with our external environment

Tranquil white garden provides place to reflect



The development of the garden as a legacy for Ella and Lola—twin baby girls who died at the RSH in 2014—and for all families that have suffered a tragic loss.



SaTH at a glance 2017/18

Over
£369m
Turnover

Approximately
£4m
Energy and water costs

Over
£700k
Waste disposal costs

Over
950
volunteers

Increased Sustainability Score from 65
% (last year) to
72%

Reduction of
20.4%*
in buildings-carbon emission since
2013/14
(*at July 19)

Reduction of
99%
in water used for food waste

Reduction of
36 tonnes CO₂
through equipment reuse

Reduction of
450,000 miles
in commuting miles through Lift Share

Our people



Making a contribution

We want to do more than just communicate information about sustainability to our staff. We also want to motivate them to become involved in sustainability. We have leaders with the skills and knowledge not only to make a contribution but also to act as our ambassadors to encourage others to engage with the topic of sustainability.

- We have a network of Sustainability Ambassadors and Engagement Champions, ensuring that we engage with staff on issues of sustainable development policy.
- Our staff induction and training refers to more holistically sustainable (clinically, socially, environmentally as well as financially) care models.
- We recognise the incredible efforts of our staff at the Values in Practice (VIP) Awards
- We conduct regular staff surveys and report back on their findings. We have used this to develop an action plan on staff wellbeing.
- We have a work experience / apprenticeship scheme to encourage younger people into our organisation.
- ...and a Golden Ticket system to retain locally-trained student nurses.



Staff Engagement



Wildlife and ecology

Staff feedback told us our people wanted to be better engaged and involved in what's happening at SaTH. To help us achieve this, we have recruited 50

Engagement Ambassadors.



Charity Fun Day



Active travel

Partnership development

We have developed key partnerships with stakeholding organisations to really drive sustainability throughout the organisation. We are utilising their technical and commercial acumen to reduce our environmental impact.

Our green spaces, originally developed with expert help from our partners, continue to protect and respect our natural environment, promote biodiversity and safeguard natural resources.



Shropshire
Wildlife Trust



Meres & Mosses
Business
Environment
Network



mitie



VEOLIA

ENVIRONMENTAL
SERVICES



sustainability
west midlands



Next steps

The Trust is using the SDU *Sustainable Development Assessment Tool* (SDAT) to monitor and target its progress. There are four cross-cutting themes across the ten modules, linked to the UN Sustainable Development Goals.

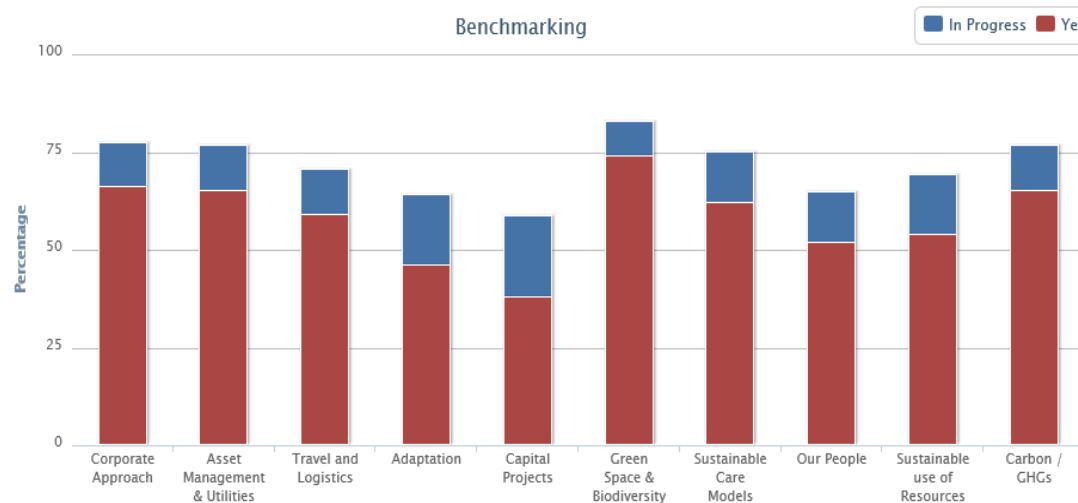
Our SDMP will be refreshed this year, targeting areas where progress potential has been identified.

1. **Core responsibilities**
e.g. Carbon/GHGs, Corporate Approach, capital projects
2. **Governance and policy**
e.g. Travel and logistics, adaptation
3. **Procurement and supply chain**
e.g. Asset management and utilities, sustainable use of resources
4. **Working with staff, patients and communities**
e.g. Our people, green spaces and biodiversity, Sustainable Care Models



Planning for 19/20

- In refreshing the SDMP, we will be using the Sustainable Development Assessment Tool to target areas where :
 - there is headroom for improvement,
 - progress is underway, and a final push is required,
 - mindful of the potential for cost-saving too.



Planning for 19/20 - continued

- Target areas will be:



- Carbon and Greenhouse Gases

- Already performing well but, potential to improve through working closely with the HTP team to include energy and water saving considerations.



- Asset Management and Utilities

- As above, plus consideration of green electricity at re-tender

- Capital Projects

- Inclusion of sustainability criteria in the Estates Strategy, for new and refurbishment works. Develop 'Standard Specification' with Estates for such work (align to HTMs and carbon targets).



- Travel and Logistics

- Building on previous good work, to further promote sustainable travel and minimise inter-site transport.



- Resources

- Work to further develop our recycling of waste (in particular plastic bottles and cans), with public perception improved.





The Shrewsbury and Telford Hospital

NHS Trust

Royal Shrewsbury Hospital
Mytton Oak Road
Shrewsbury
SY3 8XQ

Phone: 01743 261000

www.sath.nhs.uk

Sustainability Team

Tel: 01743 492324

email: sath.sustainability@nhs.net

© SaTH 2019



Think Globally, Act Locally

Healthcare with a kind touch and a small footprint



Proud To **Care**
Make It **Happen**
We Value **Respect**
Together We **Achieve**



www.sath.nhs.uk



@sathNHS



The Shrewsbury and
Telford Hospital NHS Trust



sathNHS

YouTube

sathNHS