

## How to Update Your Telephone Number

Login to ESR using one of the following:

The Sath app on the intranet



The My ESR internet link

<http://my.esr.nhs.uk>

The My ESR app from a mobile or tablet device



Access the **Personal Information** menu via one of the following from the **Portal**:

### The **Navigator** Menu

**My Pages**

- Dashboard
- Portal Content >
- ESR Navigator**

**Navigator**

- 223 Employee Self Service (Limited Access)**

**My Personal Information**

- Personal Information**
- Contacts

### The **My Personal Information** Portlet

**My Personal Information** ⓘ

**Name:** Sally Sath >

**Address:** 1 Somewhere Street  
Any Town, County,  
AB12 3CD

**Home:** 01232 789876

**Mobile:** 07898 234567

**Email:** Sally.Sath@nhs.net

**Position:** Position Title

**Update My Personal Information**

From the Personal Information screen select **Update** under the **Phone Numbers & Personal E-Mail**.

### Personal Information

Employee Name    **Sath, Mrs. Sally**

Employee Number    **01234567**

#### Phone Numbers & Personal E-Mail

Update

Home    **01232 456987**

Mobile    **09878 654123**

Use the dropdown under **Type** to select relevant type of number. If changing a number enter the new number within the **Number** field.

Type ▲	Number	Delete
Home ▼	01323 654456	
Mobile ▼	09878 654123	

If a new row is required, click the icon.

If a number is to be deleted click the icon to delete the row.

Review changes indicated by blue icon and click **Submit**.

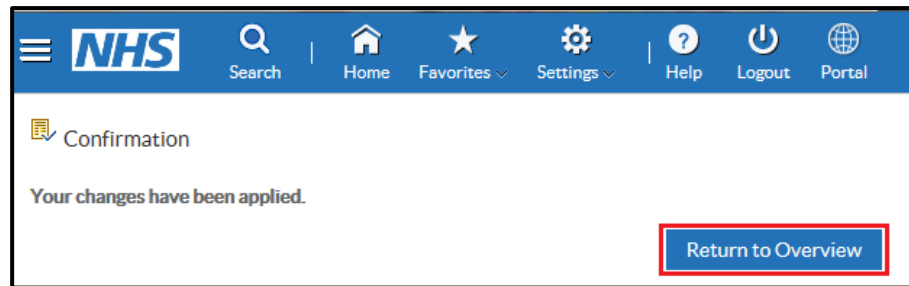
Indicates Changed Items.

#### Phone Numbers

	Current	Proposed
Home	01232456987	01323 654456
Mobile	09878 654123	09878 654123

Submit

Select **Return to Overview** to return to return to the **Personal Information** screen.



Please note that personal e-mail addresses stored under this section cannot be used for receiving notifications from ESR or a registered e-mail address to receive password or username notifications when accessing ESR.