

Engagement News

Volume 1

Issue 3

June 2020

Hello!



Our Chief Executive, Louise Barnett is asking staff and stakeholders, including the public, where they would like to see our Trust in five years' time, what they would like it to be known for and what they think our priorities and values should be to get us there.

From Monday 15th June, along with our directors and senior leadership team, she will be hosting **Values Listening Week**. This week will provide lots of different opportunities for staff to feed into our future plans and more importantly, to help shape how the way we approach them.

We would like you to be involved by completing and sharing the survey we will send out separately during that week.

Our Engagement team are holding our first virtual Community Engagement meeting this month. We are looking forward to testing this

new way of meeting up and hope to use it at all our community events in the future. We're looking forward to seeing you soon!



Julia Clarke
Director of Corporate Affairs

Board Updates

As some of you will already be aware, from 1 April 2020, Dr Edwin Borman returned to clinical practice as an Anaesthetist, working predominately at PRH. Edwin initially joined the Trust as Medical Director and a Consultant Anaesthetist before moving in to his current role as Director for Clinical Effectiveness.

Edwin has been at the Trust for the last seven years. Throughout that time, he has demonstrated real passion and commitment in his role, supporting clinical and non-clinical colleagues across both hospital sites, latterly playing a key role supporting SaTH's Transforming Care work, which he will continue.

Edwin said: "SaTH needs more Anaesthetists, particularly with Coronavirus becoming more prevalent – and this is an Anaesthetist keen to return to clinical work! I've been fortunate in being supported to do so, not only by the Trust Board, but also by colleagues who'll be helping me as I retrain, in order to return to full clinical responsibilities. I'm now looking forward to the next chapter of my life at SaTH."



The Engagement team are looking forward to working with Edwin again when Involvement Opportunities restart.



Get Painting!



Pebble Paths to celebrate communities coming together - whilst staying apart



SaTH is asking the communities across Shropshire, Telford & Wrekin and mid Wales to collect, paint and donate pebbles to create colourful pebble paths at Royal Shrewsbury Hospital and Princess Royal Hospital in Telford.

The pebbles project will serve as a reminder of the fantastic support the NHS received during the COVID-19 pandemic – and the donated stones can be artfully designed or painted in a single colour.

The idea is create pebble paths on both hospital sites, which people can add to at any time. The single-coloured pebbles will be put together to form a giant rainbow, commemorating the collaboration of the

community during the pandemic to show support to those on the frontline.

Anyone can get involved and donate a pebble or two, whether it's a unique design or one bold colour. The Trust is asking everyone to start collecting their pebbles ready to be dropped off at our hospitals when it's safe to do so.

Kate Ballinger, Community Engagement Facilitator at SaTH, said: "It's been so wonderful to see everyone coming together to support the NHS. We want to celebrate the co-operation of the community and use the pebble paths as a way for staff to remember the unity and outpouring of support they received in these trying times."

Kate added: "We're asking people to start collecting and designing or painting pebbles now. They can be any shape, size, design or colour. One or one hundred pebbles, people can donate as many as they'd like—we'll need thousands. It's time to get creative whilst staying at home!"

Details of how to drop off your donations will be published once we are able to confirm access to our sites. For more information, or to let us know that you have pebbles ready, please contact the Engagement team at sath.engagement@nhs.net or on 01743 492390





The badge below is being used to identify projects which commemorate the efforts of the whole community during these difficult times and we will bring you updates in this newsletter.

We would like to say a huge **Thank You** to everyone who has donated to our hospitals during the current crisis. We now have an adequate supply of mask bands, hearts, uniform bags and scrubs.

If you still want to help us, why not knit a Thank You Bear? We hope to collect enough bears for our staff with young children at this time, and to give to children admitted to our hospitals in the future.

Details and patterns available online or from the Engagement team:
sath.engagement@nhs.net or 01743 492390



Volunteering

Happy Volunteers' Week!!



Our wonderful volunteers give up their spare time to work behind the scenes to help support our hospitals. They make a real difference to our staff, patients and visitors.

Across both hospital sites there are more than 700 volunteers; and these volunteers are complemented by over 300 volunteers who support the League of Friends of RSH and Friends of PRH.

Our volunteers play a hugely important role by working alongside staff in a variety of different departments and wards and we really value the different skills, outlooks and experiences that they bring to the organisation.

Those who volunteer range from students looking to gain experience in the NHS for future careers, to those who have retired but are looking for a way to give something back.

The Trust has volunteers in most wards and departments at both hospitals – these include ward helpers, mealtime buddies, meet and greeters, hostesses, dementia volunteers, end of life care volunteers, lab volunteers and many more.

The unstinting support from volunteers has continued throughout the COVID-19 pandemic, during

which the Trust's Volunteers' Office received an overwhelming response from people wanting to help. These are people who have volunteered to support in areas such as: portering assistants, administrative support, catering assistants, pharmacy runners, cleanliness assistants and PPE mask fit testers.

This week is National Volunteers' Week, the annual celebration of the contribution millions of people make across the UK through volunteering. Here at SaTH, we are taking to social media to celebrate the time and commitment our wonderful volunteers give to our hospitals as we are unable to host our annual Volunteer Thank You Event due to Coronavirus.

As part of our celebrations, we asked our volunteers for feedback on what they enjoyed about their volunteer role and why volunteering is important to them, this is what they said.

Paul Thompson, Chaplaincy volunteer and Response volunteer, who is currently supporting us during Coronavirus, explains why volunteering is important to him. "My role is to talk to each patient to see if they want to go to Chapel on Sunday morning, have prayers or a visit from the Chaplain. I do like to talk to patients, make them smile if I can, also to pray with the patients if they wish. I feel my little acts of kindness could help the hospital and all patients."

Bryan Wall, Stores assistant during Coronavirus. "My volunteering placement is fantastic! Great fun and nice to be making a difference, the stores operation you have at Shrewsbury supplying PRH, RSH, and other GPs etc. is wonderful. I have been enjoying every minute and the picking and packing is very therapeutic."



Pat Dodsworth (pictured above), who volunteers at the Hamar Centre. "I love talking to people and meeting new people so this role is perfect for me and on a personal level, I feel like I am giving something back to the centre as my husband was treated at the hospital."

I walk away with a smile on my face knowing I have hopefully made people feel at ease.”

Jenna Coxhill, who volunteered on the Postnatal Ward, and has since been offered a permanent role at the Trust. “I enjoyed every moment of my volunteer role. I was made to feel so welcome by the Postnatal team. My experience has undoubtedly lead to me being offered a permanent job. It’s great to be able to support new mums, the staff and other volunteers on ward 21.”

Paul Twitchell, portering assistant during Coronavirus “I can’t thank you enough for giving me this opportunity as I really think I have found my niche in life. The people are lovely and fun, the work-place is well organised and I really love interacting with the patients.”

The support our staff, visitors and patients get from our volunteers is amazing and we are so lucky to have such commitment from them. At the end of this week we will be posting a special thank you to our volunteers in a video made by our staff and Volunteer Team.

In the meantime, from everyone here at SaTH, we would like to send a huge thank you to everyone who volunteers to help in their spare time at our hospitals, we are so grateful for everything that you do for us.



To find out more about volunteering at SaTH, please contact the Volunteers team using:

sath.members@nhs.net or 01743 261118 / 01743 492256

or sign up online at:

<https://www.sath.nhs.uk/working-with-us/volunteering/>



The Shrewsbury and
Telford Hospital
NHS Trust

COMMUNITY ENGAGEMENT MEETING

Wednesday
24 June 2020
10:30 - 12:00

AGENDA INCLUDES

- **Operational Update**
- **Clinical Trials + Covid-19**
- **The new Wrekin MLU**



Please sign up on Eventbrite:
<https://bit.ly/SaTHVCEM1>

LGBT Pride

June 2020



Every year, during the month of June, the LGBT community celebrates in a number of different ways. Across the globe, various events are held during this special month as a way of recognising the influence LGBT people have had around the world.



In October last year, SaTH joined the NHS Rainbow badge scheme. This scheme started at Evelina London Children's Hospital as a way of identifying staff who are committed to increase awareness of these issues, and to help improve the experiences of healthcare for LGBT+ patients.

Mary Beales, Head of Education at SaTH, said: "We are committed to providing an environment in our hospitals that is open, tolerant and inclusive for our LGBT+ staff, patients and volunteers, reducing barriers and inequalities thereby improving the care we provide."

"A recent Stonewall survey estimates that one in five LGBT+ people are not out to any healthcare professional about their sexual orientation when seeking general medical care, and one in seven LGBT+ people have avoided treatment for fear of discrimination.

"By choosing to wear the NHS Rainbow Badge, staff are sending a message that people can approach and talk to them. That doesn't mean we will have the answers to their issues and concerns, but shows that we're there to listen and will know how to signpost to the nearest support."

The Engagement team are proud to wear the NHS Rainbow Badge and delighted to have made contact with Telford LGBT+ earlier in the year. We look forward to seeing you again in the future!

Keeping in Touch with YOU!



We are going to be unable to use traditional means of engaging with our communities for some time, and are looking at different ways we can continue our conversation with you.

Can you help?

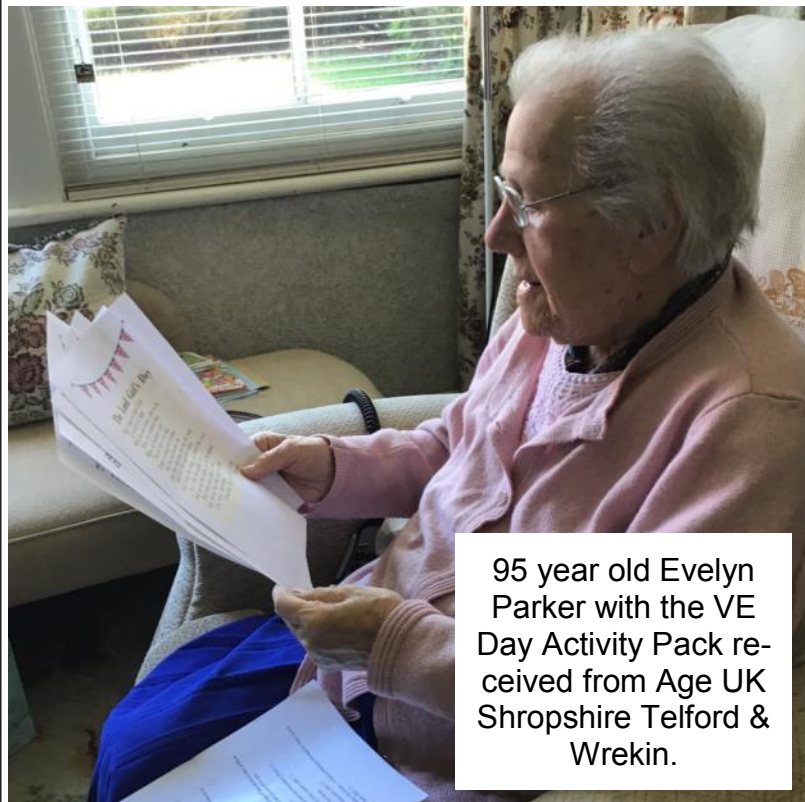
We are inviting you to help us develop an engagement plan for the coming months by:

- Telling us what you'd like to see in the next edition of Engagement News
- Sending suggestions and ideas to the Engagement team — nothing is off the table, and every suggestion will be considered, and/or
- Joining a virtual Task and Finish group — initial meeting will take place later this month, and format agreed there. Meetings will be held online, at a time to suit.

**Please contact the Engagement team using
sath.engagement@nhs.net
or 01743 492390**

We are aware that many organisations are also looking at different ways of holding their meetings and would love to learn from you. If your group is holding a meeting you would like us to attend, please get in touch using the details above.

Community Round-up



95 year old Evelyn Parker with the VE Day Activity Pack received from Age UK Shropshire Telford & Wrekin.

VE Day activity packs bring cheer to older people in their homes

The day services team at Age UK Shropshire Telford & Wrekin have been generating ideas to help their dementia clients during the lockdown.

With all the Age UK day centres and dementia support groups closed during the Coronavirus pandemic, staff and volunteers are finding creative ways to engage with members and helping them keep socially involved and mentally active.

Themed activity packs are being posted and emailed to over 250 older people across Shropshire. The first of the packs sent out this week have a VE Day theme with a quiz, wordsearch, recipes, colouring sheet and even a sing-a-long.

Susan Handley cares for her mum living with dementia, Susan and her mum were delighted to receive the activity pack in the post, Susan said: 'Thank you for the VE Day pack that we received this morning, it was like a breath of fresh air.'

Heather Osborne, Chief Executive of Age UK Shropshire Telford & Wrekin, said: 'Our staff and volunteers have adjusted very quickly to the changes this pandemic has brought, always keeping the needs of older people at the forefront of their minds. The Activity Packs are a great idea, providing opportunities to partake in shared activities and reminiscence, helping carers find alternative ways to engage with loved ones living with dementia. It's important for those living with dementia to keep the brain stimulated, maintaining daily hobbies and activities can certainly help mental wellbeing. We really hope the activities we have sent will offer some support during this difficult time.'



Age UK Shropshire Telford & Wrekin
3 Mardol Gardens
Shrewsbury
SY1 1PR

Tel: 01743 233123
E-mail: enquiries@ageukstw.org.uk
Website: www.ageukshropshireandtelford.org.uk
Reg Charity No. 1090445



Telford branch meetings
currently suspended.
Please contact via
Facebook

<https://bit.ly/2XRzNaX>

Or email

Daniel.suggitt@live.co.uk

Updates for inclusion in
the newsletter should be
sent to the Engagement
team by the 25th of the
month.

sath.engagement@nhs.net

A dedicated service for dedicated people

Citizens Advice Telford and The Wrekin is offering a priority information and advice service to all employees, volunteers, and patients of the Princess Royal Hospital.

We provide free, confidential advice on a wide range of issues including employment and furlough advice, benefit calculations, claims and appeals (including Universal Credit) and fully regulated and accredited debt advice.

We also provide advice on housing, family, immigration, and consumer matters.

You can easily refer yourself or a patient using our secure online referral form:

<http://www.citizensadviceTelfordandtheWrekin.org.uk/referrals>

Username: refer

Password: 1939Cabinet

Add 'PRH Staff', 'PRH Volunteer' or 'PRH Patient' as the first line in the Key Issues Box.

Alternatively, you can call us on 01952 567193*

*Outside of our opening hours there is an answerphone facility – leave your name, your contact number, and a brief message for contact the following working day.

We will prioritise your request and arrange a time for a member of our local team to contact you to discuss your enquiry in confidence.

In recognition of hospital working patterns, our advice services are available to PRH employees outside of normal Citizens Advice Telford and the Wrekin opening hours by appointment. Please request if needed upon contact.



**A DEDICATED SERVICE,
FOR DEDICATED PEOPLE**



Coming Up this month

SANDS month (Stillbirth and neonatal deaths)

Bowel cancer awareness month

National Osteoporosis Month

Patient Participation Group (PPG) Awareness Week	31 May — 06 June
Volunteers Week	01 — 08 June
Child Safety Week	03 — 09 June
Carers' Week	08 — 14 June
Diabetes Week	08 — 14 June
Men's Health Week	10 — 17 June
Patient Participation Week	10 — 16 June
World Blood Donor Day	Sunday 14 June
Cervical Screening Awareness Week	15 — 21 June
Learning Disability Week	17 — 24 June
Breathe Easy Week	17 — 24 June
Rheumatoid Arthritis Week	17 — 24 June
National Breastfeeding Week	20 — 26 June
Deafblind Awareness Week	24 — 30 June

Did you know that anyone over the age of 14 can become a member of our Trust?

You might be wondering why you should sign up to become a member of The Shrewsbury and Telford Hospital NHS Trust.

Here are just some of the reasons you might consider:

- Simply become a member to show your support for local hospital services
- You will receive our free quarterly newsletter
- You will be invited to attend our Health Lectures and learn about different conditions and how to manage them
- You can find out about new services being developed in your area
- You will be able to attend our People's Academy
- You will receive information about different ways you can support our Trust

Join today!

<https://secure.membra.co.uk/ShrewsburyTelfordApplicationForm/>

<https://bit.ly/2SCKEDK>

