

## What to expect if you are able to visit during the COVID-19 pandemic



The government has advised that visiting is restricted during the COVID-19 pandemic:

https://www.england.nhs.uk/coronavirus/publication/visitor -guidance/



If you are able to visit this will be arranged in advance and you will be given instructions on where to go and who to ask for when you arrive at the hospital.



If you are self-isolating or have been in contact with someone who is confirmed to have COVID-19 you must not visit.



You should drive or be driven to the hospital to reduce contact with others.

Parking at the hospital is presently free.



Visitors must wear a mask at all times when in the hospital.

The hospital masks contain latex, if you have a latex allergy please wear your own cloth mask.

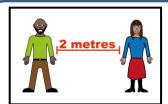


Please bring as few belongings as possible. Bags, handbags and electronic devices cannot be taken into the clinical area and there is nowhere to store items.



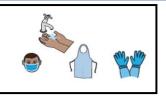
There are hand sanitiser and hand washing facilities across the hospital, please use them when you arrive, as you enter and leave an area.

Wash your hands for at least 20 seconds when you leave and when you get home.



Please remain 2 metres away from other patients and staff when you visit.

Staff are not always able to do this when caring for patients.

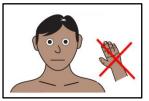


Staff will provide you with the protection you need. They will advise you how to put it on and where you can clean your hands.

You must wear the protection to visit a clinical area.



Please tell the staff if you have any questions or any allergies such as latex.



Do not touch your eyes, nose or mouth with unwashed hands.

Try to avoid touching surfaces when in the Ward.



Staff will advise you how long you will be able to visit for.



Go straight home after your visit and do not visit any other areas in the hospital.

If not self-isolating before your visit you will not need to following your visit.

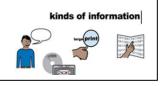


When you get home wash and change the clothes that you were wearing.



If you have any questions or concerns speak to a member of staff or you can contact the Patient Advise and Liaison Service (PALS) team:

Telephone: 01743 261691 or Email: sath.pals@nhs.net



If you would like this information in large print or a different language please contact the Patient Experience Team: sath.patientexperience@nhs.net

Website: www.sath.nhs.uk

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