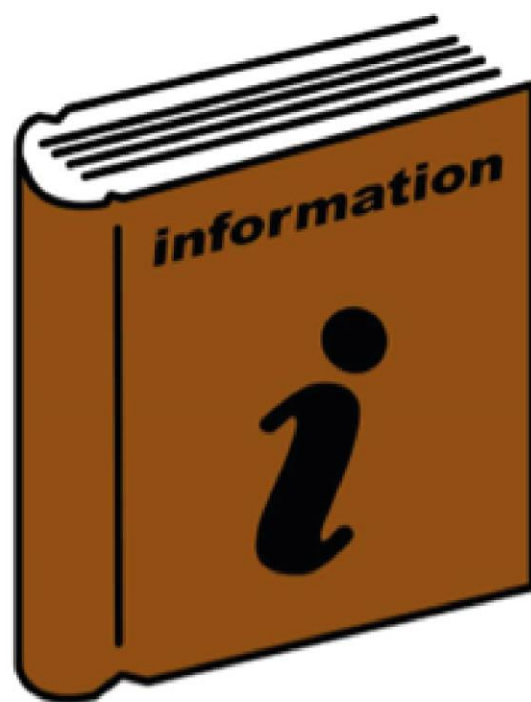
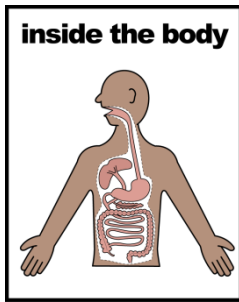


Having a CT scan

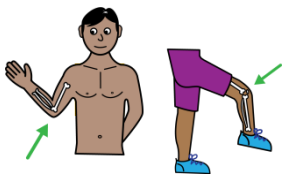
Easy Read information



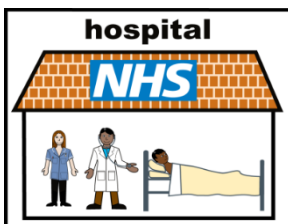
What is a CT scan?



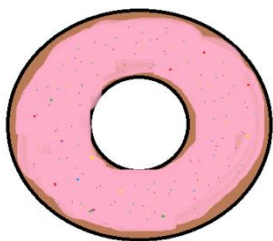
A CT scan is a picture of inside your body.



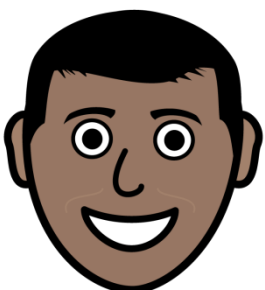
You will have a CT scan if the doctor wants to look at your bones or your organs or your muscles inside your body.



You have a CT scan at the hospital.



A CT scanner looks like a donut.



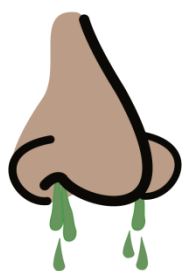
Having a CT scan does not hurt. It is like having your picture taken.

Before your CT scan

pregnant

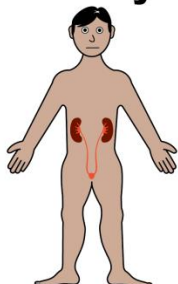


You should tell a member of staff if you are pregnant.



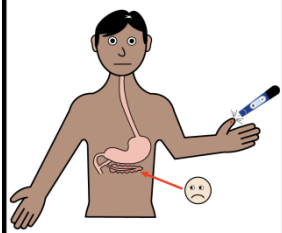
You should tell the hospital if you have an allergy before you have your CT scan.

kidney



You should tell the hospital if you have a problem with your kidneys before you have your CT scan.

diabetes

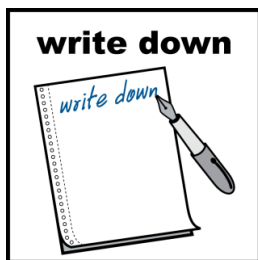


You should tell the hospital if you are taking medicine for diabetes before you have your CT scan.

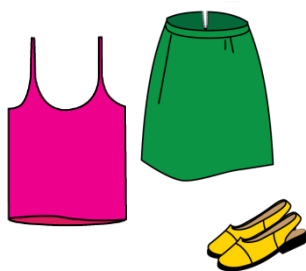
don't do



You might not be allowed to eat or drink anything before your scan.



Ask your nurse or doctor to tell you what you need to do before your scan.
They can write this down for you.



Wear baggy, comfortable clothes.



trousers

Try not to wear clothes that have zips or metal buttons on.

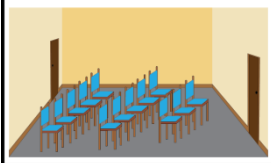


diamond ring

Try not to wear jewellery or a belt.

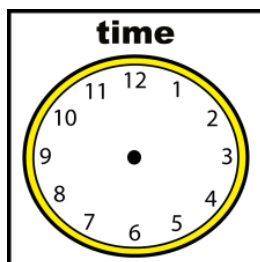
When you arrive for your CT scan

waiting area



You will be asked to sit in the waiting area until someone is ready to see you.

time



We will try to make sure you do not wait a long time. But it can get busy sometimes.

ask



Please ask a member of staff if you are wondering why you are still waiting.

friendly staff



If you are already in hospital, a member of staff will take you where you need to go.



It would be a good idea to bring your hospital passport.

If you need a hospital passport, contact

- Community Learning Disabilities Team
- Your GP Practice, or
- Hospital Acute Liaison Nurses

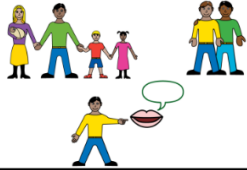
Having a CT scan

friendly staff



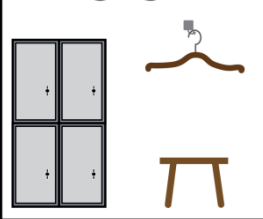
A member of staff will call you into a room when it is your turn for a CT scan.

family friends and advocate



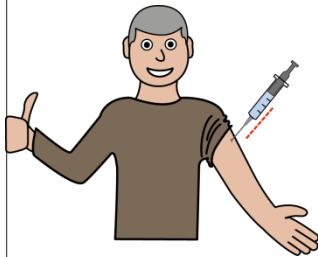
A family member, friend or carer can go with you if you want them to.

changing room



You might be asked to wear a hospital gown.

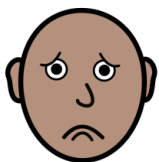
If you need help getting changed, please ask.



You might be given an injection before the scan.

This helps to make the picture of inside your body clearer.

nervous



If you are scared or nervous, tell a member of staff who will try to help you.

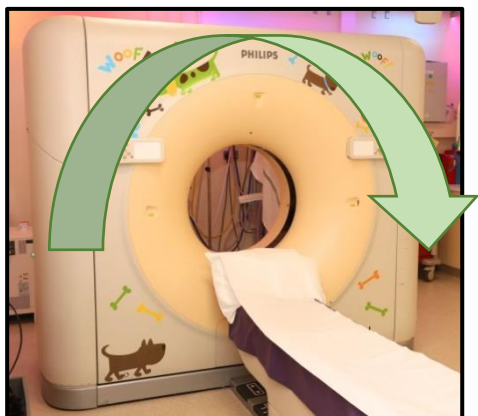
relaxation



A member of staff can give you some medicine to make you feel relaxed if you need it.



You will be asked to lie down on a bed that moves through the scanner.



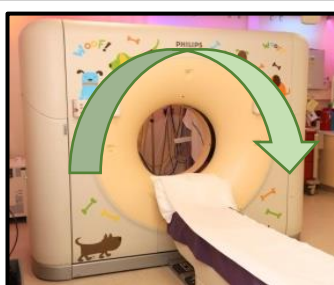
The scanner will go round in a circle when you move through it.

This is how it takes the picture of inside your body.



The member of staff will stand behind a screen.

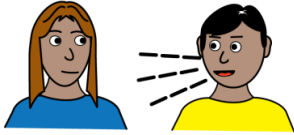
You will still be able to listen to them and talk to them.



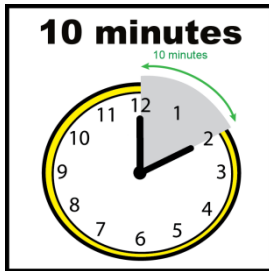
The CT scanner will make a whooshing noise and it goes round in a circle.



You will need to keep still while the pictures are being taken.



You might be asked to breathe in or breathe out. They will tell you what to do.



The scan should take between 10 and 20 minutes.

ask



After the CT scan you can get dressed. If you need help, please ask.

home



When you are dressed you can go home or back to the ward if you are staying in hospital.



You will be asked to come back to the hospital, or go to your GP, for the results.

phone



If you need advice or support when you are in hospital, call the Acute Liaison Nurses on **01743 211210**.



Further information is available from:



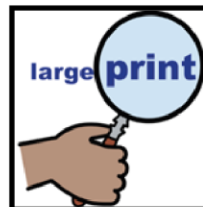
Patient Advice and Liaison Service (PALS)
Royal Shrewsbury Hospital: 0800 7830057
Princess Royal Hospital: 01952 6414679



This information can be provided in other languages



The Learning Disability Team
can be contacted for support
on 01743 211210



or large print.



Mencap
<https://www.mencap.org.uk/advice-and-support>



If you would like a copy of this information in a different format email sath.patientexperience@nhs.net or telephone 01743 261000 ext 3032

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