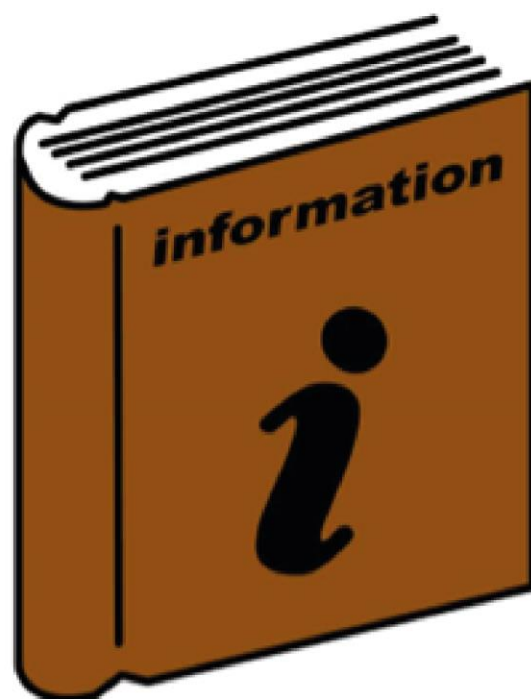
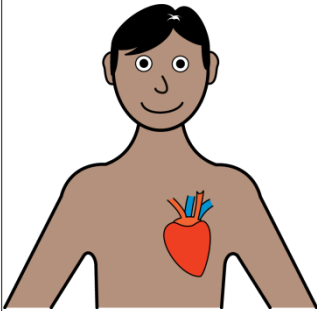


Having an ECG

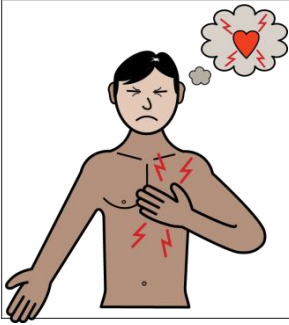
Easy Read information



What is an ECG?



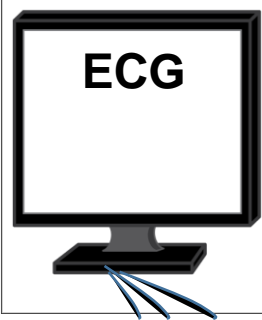
An ECG is a test to check the rhythm of your heart.



You will have an ECG if the doctor thinks that there is a problem with your heart.

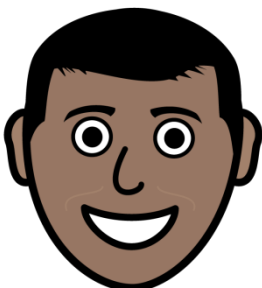


You can have an ECG at the hospital.



You will have stickers put on your arms, legs and chest.

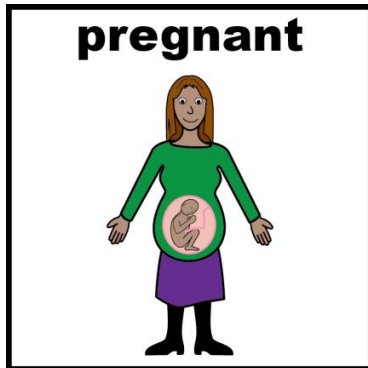
The stickers are connected to a machine.



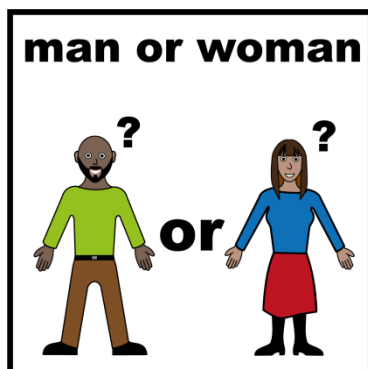
Having an ECG does not hurt.

The test will last for a few minutes.

Before your ECG



You should tell a member of staff if you are pregnant.



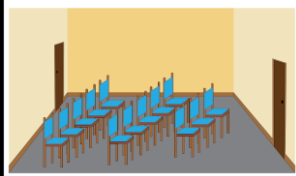
If you would like the person doing the ECG to be a man or a woman, please ask.



If you need advice or support when you are in hospital, call the Acute Liaison Nurses on **01743 211210**.

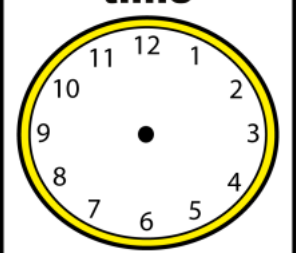
When you arrive for your ECG

waiting area



You will be asked to sit in the waiting area until someone is ready to see you.

time



We will try to make sure you do not wait a long time. But it can get busy sometimes.

ask



Please ask a member of staff if you are wondering why you are still waiting.

friendly staff



If you are already in hospital, a member of staff will take you where you need to go.

It would be a good idea to bring your hospital passport.

If you need a hospital passport, contact

- Community Learning Disabilities Team
- Your GP Practice, or
- Hospital Acute Liaison Nurses



Having an ECG

friendly staff



A member of staff will call you into a room when it is your turn for an ECG.

family friends and advocate



A family member, friend or carer can go with you if you want them to.

explain



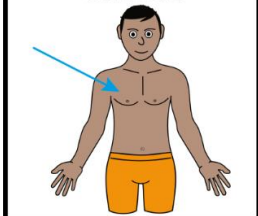
They will explain what they are going to do.

long sleeved top



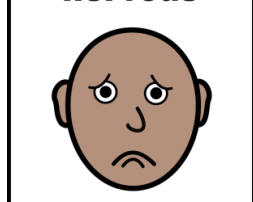
You may be asked to take your top off. If you need help, please ask.

chest

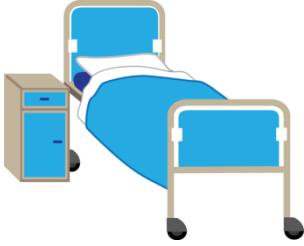


Your chest may need to be shaved or cleaned.

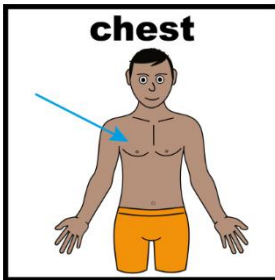
nervous



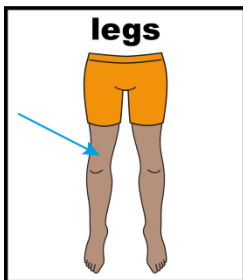
If you are scared or nervous, tell a member of staff who will try to help you.



You will be asked to lie down on a bed or a trolley.



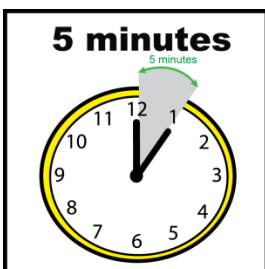
When you are comfortable, the member of staff will put the stickers on your chest and shoulders.



They will put the stickers on your legs as well.



You will need to keep still while the machine takes a recording of your heart.



This should take a few minutes.



When the ECG has finished, the member of staff will take the stickers off your chest and legs.



You can put your top back on. If you need help, please ask.



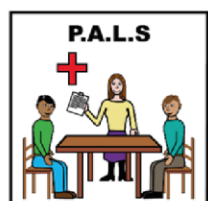
When you are dressed you can go home or go back to the ward if you are staying in hospital.



You will be asked to come back to the hospital, or go to your GP, for the results.



Further information is available from:



Patient Advice and Liaison Service (PALS)

Royal Shrewsbury Hospital: 0800 7830057

Princess Royal Hospital: 01952 6414679

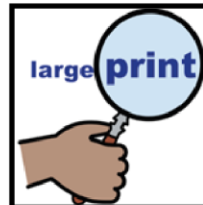


This information can be provided in other languages



The Learning Disability Team

can be contacted for support on 01743 211210



or large print.



Mencap

<https://www.mencap.org.uk/advice-and-support>



If you would like a copy of this information in a different format email sath.patientexperience@nhs.net or telephone 01743 261000 ext 3032

Website: www.sath.nhs.uk

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