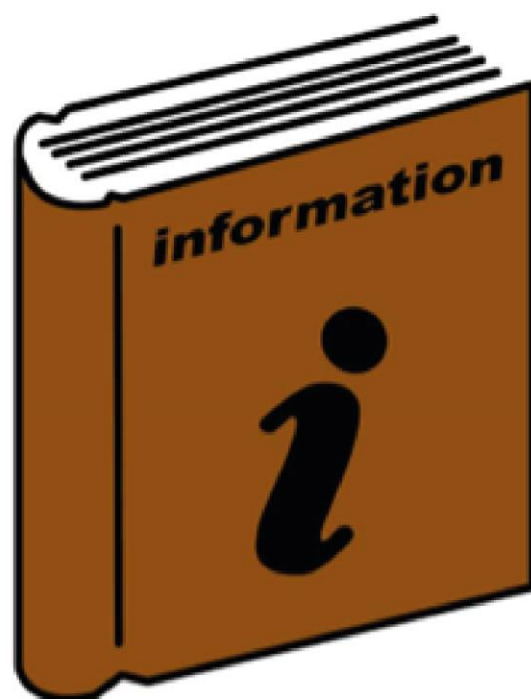
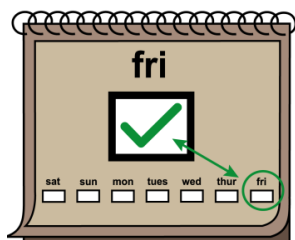


Going into hospital

Easy Read information



What I need to know before I go into hospital



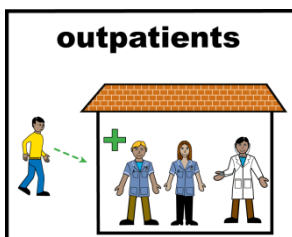
When am I going?

.....



Why am I going?

.....



Where am I going?

.....



Who can I talk to about this?

.....



If you need advice or support when you are in hospital, call the Acute Liaison Nurses on **01743 211210**.

What the hospital needs to know about me

doctor



The name and address of my GP

.....

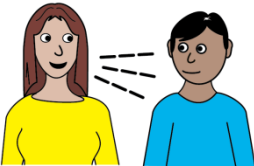
medicine



The different medicines I take

.....

talk to



How I communicate

.....

easy read



How I like people to communicate with me

.....



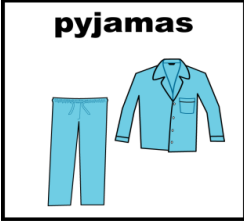
It would be a good idea to bring your hospital passport.

If you need a hospital passport, contact

- Community Learning Disabilities Team
- Your GP practice, or
- Hospital Acute Liaison Nurses

What I need to take with me

pyjamas



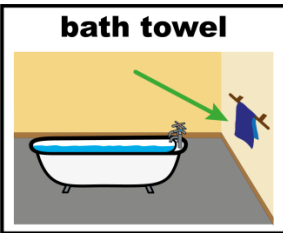
Pyjamas or nightie

socks



Underwear, socks and slippers

bath towel



Flannel and towel

**tooth brush
toothpaste**



Toothbrush and toothpaste

shaving



Shaving stuff

**sanitary towels
and tampons**



Sanitary products

soap



Soap and shampoo

5 pounds



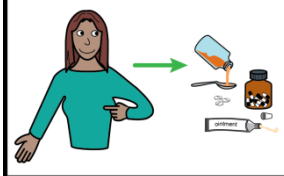
Some money for the shop

newspaper



Books, magazines

my medication



Any medicines I take

letters



My letter from the hospital

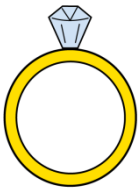
Please do not bring

money



Lots of money

diamond ring



Things you do not want to lose

alcohol

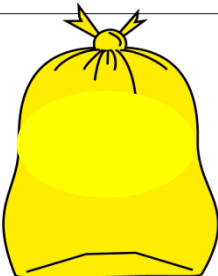


Alcohol

TV



TV or radio



Big bags or suitcases

sick



If you have diarrhoea or sickness please check with the hospital if it is safe for you to come.

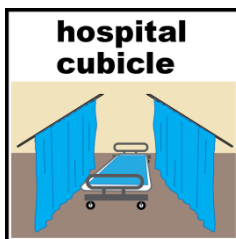
When I arrive at the hospital



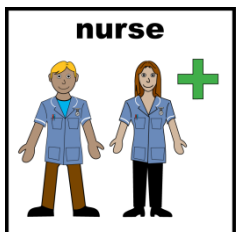
Go to reception



Show them your letter

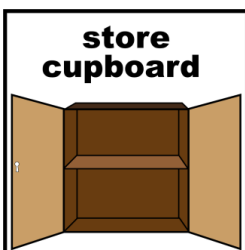


They will help you find where you need to go



You can meet the nurses

If you are scared,
nervous or in pain, tell
me and I can help you.



Unpack and put your things away



If you have a carer at home and you want them to care for you in hospital, please speak to a member of staff.



While you are in hospital

eating



You can choose meals from the menu



You can buy things from the shop

ask



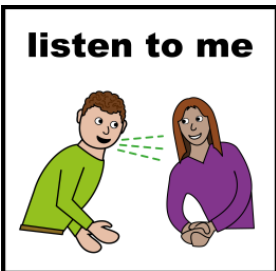
You can ask for help if I need it

friend



You can have visitors

listen to me



You can ask people to listen

What care should I expect?



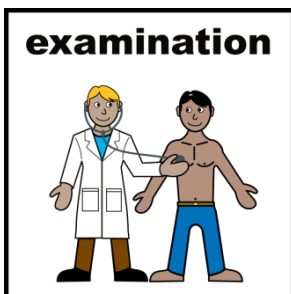
You should be in control of your care plan



You should see a doctor most days



You will be asked to agree to any tests or treatment



You will be told about the results of any tests or examinations and what this means

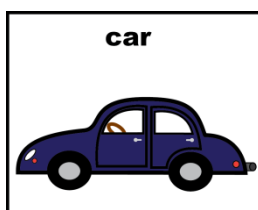
When you leave hospital



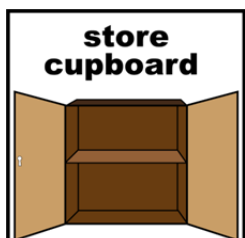
They will tell you, your carer and your family



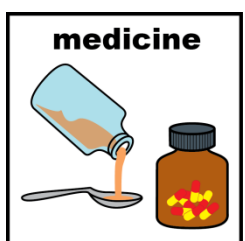
They will tell your GP



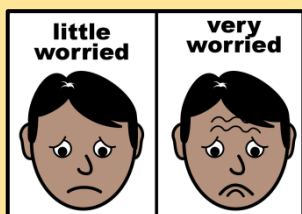
Someone will pick you up to take you home



You will pack your things



The hospital will make sure you have any tablets or medicine that you need to take



If you are worried about going home, please speak to a member of staff



Further information is available from:



Patient Advice and Liaison Service (PALS)

Royal Shrewsbury Hospital: 0800 7830057

Princess Royal Hospital: 01952 6414679

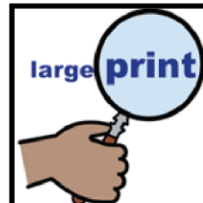


This information can be provided in other languages



The Learning Disability Team

can be contacted for support on 01743 211210



or large print.



Mencap

<https://www.mencap.org.uk/advice-and-support>



If you would like a copy of this information in a different format email sath.patientexperience@nhs.net or telephone 01743 261000 ext 3032

Website: www.sath.nhs.uk

Information produced by: Patient Experience Team

Date of Publication review: February 2020

Date for review on: February 2023



©SaTH NHS Trust

