

Important Patient Information

You have been referred for anal manometry and/or anal ultrasound investigations.

No special preparation is required; you may eat and drink normally before and after the tests. Try to empty your bowels before coming to the hospital and empty your bladder before the tests.

Anal manometry assesses the strength and tone of your anal sphincter muscles and rectal sensitivity and co-ordination.

Anal ultrasound is a scan that looks at the structure of the anal sphincter muscles just inside your bottom. These muscles are responsible for keeping you continent and relaxing appropriately so you can open your bowels.

You should feel no more than minor discomfort during the tests. You will receive a clinic appointment to discuss the test results and treatment options.

If you require any further information about these tests please contact the Pelvic Floor Nurse Specialist on Tel 01743 261083