

Generic Letter for Faecal Incontinence

You have been referred for a formal assessment and further treatment by the Pelvic Floor Service.

From your referral and assessment so far, it appears you are having problems with controlling the bowel. I have enclosed a leaflet entitled "Pelvic Floor Muscle Exercises" which I would recommend to you as it is quite likely you would find these useful.

People with problems with urgency and/or faecal incontinence also often find benefit from thickening the motion slightly with Loperamide (Imodium) and I have therefore enclosed an additional information leaflet about the use of this medication for you.

I will arrange for you to be offered an appointment in one of our specialist pelvic floor clinics as soon as possible but, while you await your assessment with us, I hope you find the information and advice contained in these leaflets of use.