

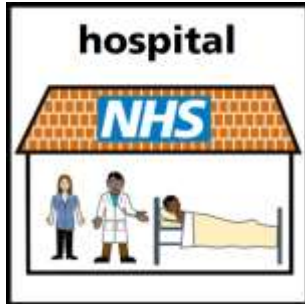
# Having oxygen in hospital

Easy Read information





This leaflet uses pictures and easy words, you can ask someone to help you read it if you want to.



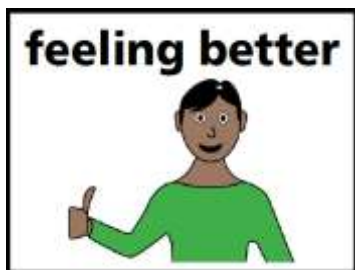
The staff may want you to have oxygen.



This would be because your body needs more oxygen.



Oxygen keeps us healthy.



Oxygen will help you to breathe easier and feel better.



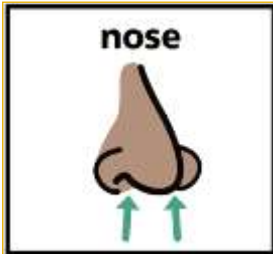
Oxygen can be given by a mask.

You can breathe normally when you have the mask on.



Oxygen can be given by cannula.

You can breath normally when you have the cannula on.



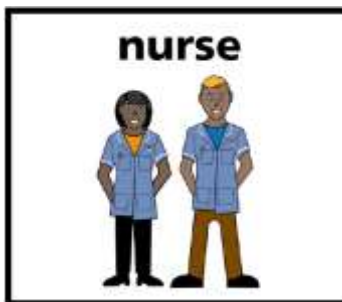
The cannula goes just inside your nose.

It does not hurt.



Oxygen will come through the mask or cannula and it might sound a bit noisy.

**If you are scared, nervous or in pain, tell me and I can help you.**



It is important that you listen to staff and wear the mask or cannula when they say to.



It would be a good idea to bring your hospital passport.

If you need a hospital passport, contact

- Community Learning Disabilities Team
- Your GP practice, or
- Hospital Acute Liaison Nurses



## Further information is available from:



**Patient Advice and Liaison Service (PALS)**  
Royal Shrewsbury Hospital: 0800 7830057  
Princess Royal Hospital: 01952 6414679



This information can be provided in other languages



**The Learning Disability Team** can be contacted for support on 01743 211210



or large print.



**Mencap**  
<https://www.mencap.org.uk/advice-and-support>



If you would like a copy of this information in a different format email [sath.patientexperience@nhs.net](mailto:sath.patientexperience@nhs.net) or telephone 01743 261000 ext 3032

Website: [www.sath.nhs.uk](http://www.sath.nhs.uk)

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