

Information for Patients prescribed Prucalopride (Resolor)

About Prucalopride

Prucalopride is a medication for the treatment of moderate to severe irritable bowel syndrome (IBS) associated constipation when laxatives have become ineffective. It acts on the muscle of the gut wall to restore normal bowel function, making stools easier to pass. Abdominal discomfort and bloating may take six to eight weeks to improve.

Before starting Prucalopride

Read the manufacturer's printed information leaflet from inside your pack. It will give you more information about Prucalopride and will provide you with a full list any side-effects to be aware of. Please inform your doctor if you have ever had an allergic reaction to a medicine.

If you still take other laxative medication you may need to reduce or stop this when you start taking Prucalopride.

Do not take Prucalopride if you are:

- prescribed Domperidone (anti-sickness medication)
- trying to get pregnant or are pregnant or if you are breast-feeding.
- so constipated that you think you may have a blockage. Contact your doctor for further advice

Contraceptive advice!

You may need to take additional precautions if you are taking the oral contraceptive pill. This is because you may experience diarrhoea when you start taking Prucalopride which may reduce the effectiveness of your contraceptive pill.

When to take Prucalopride

It is difficult to predict how you will respond to Prucalopride although most people will get a result within 2 to 4 hours.

It is unusual for people to experience faecal incontinence but consider starting treatment when you are at home so you can be near a toilet - just in case (such as at the weekend).

How to take Prucalopride

Swallow the tablet whole with a drink of water.

It does not need to be taken on an empty stomach

Take it at a time of day that suits you, but try to take it at around the same time of day.

The standard dose is one 2mg tablet once daily. You may prefer to take it every few days if you feel a daily dose is too strong for you. If you forget to take a dose, take it as soon as you remember. If you do not remember until the following day, skip the forgotten dose. Do not take two doses at the same time to make up for a missed dose.

You may be prescribed a lower 1mg dose if you are over 65. It can be prescribed if your kidneys don't function well but your specialist will assess this. The dose may be adjusted according to your response to the medication.

Side effects

Common side-effects include:

- Headache
- Nausea
- Diarrhoea or abdominal pain

Speak with your specialist or pharmacist if any of these continue or become troublesome. **Stop the medication and contact your specialist if you are unable to continue with it.**

What if there is no improvement?

Not everyone responds to treatment straight away so it is important that you continue taking Prucalopride for the full 4 week course.

If you do not respond to Prucalopride at first you may need to use another laxative as 'rescue' medication. Your health professional will be able to advise you further.

Medication review

We will arrange a telephone review of your progress on Prucalopride within 4 weeks. If your symptoms have improved we will ask your GP to continue to provide repeat prescriptions. You should be reassessed thereafter every 6-12 months.

Further Advice

Pelvic Floor Nurse Specialist
Royal Shrewsbury Hospital
01743 261083 (24hr answerphone)