

Wexner Continence Score

	Never	Rarely	Sometimes	Usually	Always
Solid	0	1	2	3	4
Liquid	0	1	2	3	4
Gas	0	1	2	3	4
Wears pad	0	1	2	3	4
Lifestyle alteration	0	1	2	3	4

Rarely <1/month
1/day

Sometimes <1/week

Usually <1/day

Always

0 = perfect 20 = complete incontinence

Irrigation Checklist

Absolute contraindications	Yes	No
Acute active inflammatory bowel disease		
Known obstructing rectal/colonic mass		
Colorectal anastomosis in last 6/12		
Severe cognitive impairment		

Comments

Relative contraindications (refer to guidelines)	Yes	No
Pregnant or planning pregnancy		
Active perianal sepsis		
Diarrhoea		
Anal fissure		
Large haemorrhoids that bleed easily		
Faecal impaction		
Past pelvic radiotherapy which has caused bowel symptoms		
Known severe diverticular disease		
Use of rectal medications for other diseases		
Congestive cardiac failure		
Anal surgery within the past 6 months		
Children under 3yrs old		

Comments

Use with care and close monitoring (refer to guidelines)	Yes	No
Spinal cord injury T6 or above - risk of autonomic dysreflexia		
Unstable metabolic conditions – renal or liver disease		
Under 18 yrs old		
Reduced physical, emotional or cognitive ability		
Anorectal conditions that cause pain or bleeding (eg 3 rd degree hds/fissure)		
Local Cautions (requiring supervised practice)		
Significant impairment in dexterity, vision or mobility		
Deficit in perianal/rectal sensation		
Previous low anterior resection		
Rectovaginal fistula		
Rectocele/rectal prolapse		
Patient preference (lacking confidence)		

Comments