

## Don't spread it



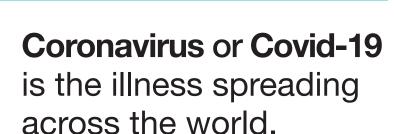
Wash your hands well



Wear a face covering



Keep your distance from people



Look out for the signs

- High temperature
- \* New cough
- \* Loss of taste or smell



If you feel unwell Stay at home Call 111 or your GP

If life is in danger call 999