Appendix A – Return to Work form Welcome back meeting

To be completed for EVERY episode of sickness absence, including part days. For absences of up to 7 calendar days, this form will also act as the self-certification form. For absences of 7 calendar days or more, the member of staff must also provide Statement of Fitness for Work (Fit Note).

Part 1 – To be completed when the employee first reports their sickness absence

| Name: | | | | | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|-----------------------------|-------------------------------|------------------------|------------------------|
| Job Title: | | | | Ward/ | | |
| | | | | Department: | | |
| Absence reported to: | | | Time: | | Date: | |
| Reason for absence: (list : | symptoms <u>and</u> cau | ises) | | | | |
| First day of illness: | | | | First day of al | bsence: | |
| If the employee attended | l work, what | | | What shift we | What shift were they | |
| time did they leave | | | | working: | | |
| Adjustments considered | to allow the emplo | ovee to atten | d work if | | | |
| appropriate (e.g. reduced s | - | - | | | | |
| location) | 0 | , | | | | |
| Date of expected return t | o work: | | | | | |
| Agreed method and frequ | uency of contact: | | | | | |
| Early interventions to discuss during initial phone call (refer | | Occupational H | lealth | Yes / No / | | |
| immediately if required): | | | | | Declined | |
| Occupational Health (for stress absence, if work related stress, also consider completion of a stress risk assessment) | | | Fast-Track Phys | sio | Yes / No / Declined | |
| Fast-Track Physio for I (<u>http://intranet.sath.i</u> <u>asp</u>) Care First Employee A www.carefirst-lifestyle | MSK – referral form <u>hhs.uk/therapy/phy</u> ssistance programm | via link below: <u>siotherapy/Fa</u> ne (0800 17431 | <u>sttrackphysio.</u> 9) | Care First EAP (referral) | (self | Yes / No / Declined |
| Does the employee hold additional employment either inside or outside the Trust? | | YES / NO If yes, is it appropriate for the employee to undertake work in other post? Add details | | | | |
| If diarrhoea/vomiting have IPC confirmed outbreak on | | | Yes / No | | | |
| ward/department at the | time of absence? | | | | | |
| Additional Notes / Comm | ents: | | | | | |

Part 2 – To be completed when the employee returns to work

| Last day of illness: | | Return to Work Date: | | | |
|------------------------------------------------------------------------------------------------------|----------------------------|----------------------|--------------|------------------------------------------|--|
| | | | | | |
| Total number of working | days of absence for this e | pisode: (if over 7 | | | |
| calendar days fit note required) | | | | | |
| Does the employee believe the absence is the result of an injury at | | | Yes / N | Yes / No | |
| work, or work-related ac | cident or illness? | | If no, m | f no, move to summary below | |
| Datix No: | | Reported to HSE | Yes | / No | |
| | | under RIDDOR | | | |
| Is the absence the result of an accident where damages may be claimed | | | J Yes | Yes / No | |
| from a third party (e.g. road traffic accident, professional sport injury)? | | | (If ye | (If yes, please give further details and | |
| . , , , , | · • | • • • | | y pay services) | |
| Food Handlers: if the employee is classed as a Food Handlers (directly touches surfaces that food is | | | | | |

Food Handlers: if the employee is classed as a Food Handlers (directly touches surfaces that food is handled) – Please refer to IPC flowchart and complete risk assessment in completing their welcome back meeting: X:\Workforce\ManagersResources\Managing Attendance & Employee Wellbeing\Food Handler Risk Assessment and Process when D&V Symptoms

Summary of Sickness Absence in Previous 12 Months

| Dates of Absence | No. working days/shifts: | Reasons for absence: | Stage of Procedure / Pattern Identified (if applicable) |
|------------------|-----------------------------|----------------------|---------------------------------------------------------------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

To be completed if the individual has triggered a stage of the sickness absence procedure, (please refer to the wellbeing wheel and Framework for Supportive Conversations on the Managers Resources Folder or Intranet)

| Already in a | Yes / No | Stage: | Informal/Formal | Date | |
|-----------------------------------------------------------------------|----------|-----------------|-----------------|-----------------|----------|
| monitoring period? | | | | Discussion | |
| | | | | took place: | |
| Does this episode | Yes / No | Start Date of | | End Date of | |
| trigger a review? | | targets (day of | | targets: | |
| | | return): | | | |
| If attendance at work does not improve, the individual will reach the | | | | Episodes AND/OR | |
| trigger point for the next Stage once the following number of | | | | | |
| episodes is reached: | | | | | |
| | | | | • | <u> </u> |

AND/OR

| The individual will reach the trigger point for the next Stage if the | |
|-----------------------------------------------------------------------|--|
| following pattern of absence continues: | |
| | |

Next steps for supporting individual wellbeing and improving attendance

| Individual given copy of wellbeing wheel for completion prior to meeting | Yes - Date given: |
|--------------------------------------------------------------------------|----------------------------------|
| | Not applicable |
| Discussion arranged to review wellbeing wheel and action plan. | Yes - Date for meeting: |
| | Not Applicable |
| Referrals required to Occupational Health or Fast Track Physiotherapy? | Yes / No If yes, provide details |
| Is a stress risk assessment required? | |
| Individual provided with details of support agencies they may approach | Yes / No If yes, provide details |
| (e.g. Care First EAP, Disability Employment Advisory Service, Job Centre | |
| Plus, Remploy, Access to Work, Moodzone, MIND etc.) | |

If there is a likelihood that the condition will recur, require further treatment or become part of an ongoing health condition, please detail the agreed support arrangements in the wellbeing action plan and agree a date for reviewing this with the individual.

Additional Notes / Comments:

Employee Declaration

| I certify that I have been unable to work during the above period due to sickness that I am now fit for | | | |
|---------------------------------------------------------------------------------------------------------|--|-------|--|
| work and the content of this form is an accurate account of the welcome back meeting. | | | |
| Signature: | | Date: | |

Manager Confirmation

| I certify that this form represents an accurate account of the welcome back meeting. | | | | |
|--------------------------------------------------------------------------------------|--|--|--|--|
| Manager Signature: Date: | | | | |
| | | | | |
| Absence opened and closed on ESR / E-Rostering | | | | |
| | | | | |
| (tick box and date when complete) | | | | |

Please retain this form on the personal file. If new targets at Informal or Formal stage have been set, a copy MUST be given to the employee.