

Managing Wellbeing Information

Employees can view and update wellbeing information using their Electronic Staff Record (ESR) Employee Self Service to declare links with the Armed Forces (family member, reservist, veteran, volunteer) or if you are a working carer.

Please continue to have conversations with your line manager about any changes to your personal circumstances.

The screenshot displays the ESR Employee Self Service interface. On the left, the 'My Personal Information' portlet shows a notification: 'You have updated or verified your details in the last 12 months. No further action is required.' Below this, the user's name is 'Mary Lawrence', and their position is 'Staff Nurse'. A red box highlights the 'My Wellbeing Information' link. At the bottom of this portlet are 'Update My Information' and 'Verify My Information' buttons.

The right-hand side shows the 'My Wellbeing Information' form. It includes a red box around the 'My Wellbeing Information' tab. The form contains several radio button options for 'Armed Forces Family Member', 'Armed Forces Reservist', 'Armed Forces Veteran', 'Cadet Armed Forces Volunteer', and 'Working Carer'. A red box highlights the 'Save' button, with a 'Cancel' button next to it.

Below the form, there is a section titled 'My Personal Information' with a blue link: [Direct Portlet Link - Personal Information](#). Below the link is a large QR code with the NHS logo and 'Electronic Staff Record' text overlaid on it.