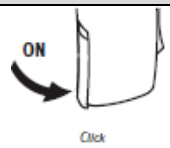
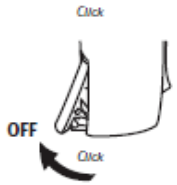
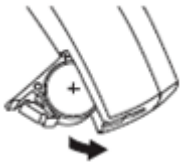
Partnering · Ambitious
Caring · Trusted

The Shrewsbury and Telford Hospital NHS Trust

Family/Friends/Carers Supporting Hearing Aid Use

Hear better, strain less, stimulate the brain with sound, keep socially active

EVERY DAY		
DAYTIME: Turn **ON** by closing the battery door		Check the hearing aid is working by switching it on, cupping your hands around the mould and aid. Listen for a whistle/buzz.
PROMOTE WEARING HEARING AIDS DAILY AS ROUTING TO ENSURE THE BRAIN IS STIMULATED BY EVERYDAY SOUNDS		Help to put the ear mould in correctly – you can gently pull the ear lobe down. Wearing the hearing aid/s should be part of a daily living routine eg after washing in the morning.
EVERY NIGHT		
NIGHT: Turn **OFF** by opening the battery door		Keep the hearing aid box in the same place at night in a visible place eg bedside table. It could have left/right hearing aid written on the box. Red dot for Right ear.
CLEAN THE EAR MOULD EVERY NIGHT	OR	Clean the ear mould with a baby wipe or clean damp cloth to stop it getting blocked with wax or dry skin and keep it working well.
EVERY WEEK		
CHANGE BATTERIES WEEKLY eg every Sunday (They can last 7 – 10 days and beep when running out)		Remove the label from the new battery and put the battery in + side up. Check each month how many batteries are left to make sure they don't run out and ring/email audiology for more or get more from your GP surgery.Online ordering too.
EVERY 6 MONTHS		
REPLACE THE TUBING		Put reminders on the calendar every 6 months. Contact Audiology to get the tubing changed

Shropshire NHS Audiology Telephone: 01743 261482 sath.audiology@nhs.net **For Information: www.sath.nhs.uk/services/audiology**

www.C2Hearonline.com: you **Tube Clips on hearing aid care and maintenance**

Patient Advice and Liaison Services: 01952 282888/01743261691. If you require this information in large print or another language please contact audiology. HA Poster Carer instructions v8