

# This is your health

# It's OK to Ask

**It is important to understand why you are in hospital**

**If you ask questions you can be involved in your care**

Why am I  
here?

What are  
my  
options?

What  
happens  
next?

Anything  
else I want  
to know?

If you do not understand something just say!

To find out more, scan the QR code.



Please use this space to write down the things you want to ask.

[illegible]