



The Shrewsbury and Telford Hospital

NHS Trust

Emergency Cervical Spine CT Immobilisation Status Guidelines

- All patients should be immobilised with a minimum of blocks and tape.
- Self-presenting patients to the Emergency Department should be invited to lay flat on a trolley and blocks and tape should be applied.
- If the patient is in a collar from the ambulance crew, then this should be left in situ. If the patient is not in a collar, then a collar is not required.
- If a patient has capacity and refuses immobilisation, then immobilisation cannot be instituted.
- If a patient is agitated and will not tolerate immobilisation, then risks of immobilisation outweigh the risk of not being immobilized.