

I have something to ask...

I've been told by my doctors that I need a kidney transplant as I have kidney failure. I could wait to receive a kidney from someone who has died, but this may take years and while I wait I will need to have dialysis to keep me alive.

Receiving a kidney from a living donor would mean I could avoid dialysis and be fit and healthy for many years.

To be a living kidney donor you need to be in general good health but can still donate if you have certain medical conditions.

You don't need to be related to me or have the same blood group - there are ways round this now.

After donation people just need to lead a healthy lifestyle and are seen yearly by the kidney team to ensure their wellbeing.



Would you consider being a living donor for me?

If you are interested you can find more information at www.donateakidney.co.uk or scan the QR code above.

If after reading this information you would like to talk to the Living Donor team, please contact:

sath.renaltransplantnurses@nhs.net

01743 261039